English Championships 2026

RED PLATFORM

Friday 4th December

	FIRST NAME	LAST NAME	CLUB	CAT	QUALIFICATION TOTAL
	SENIOR W49kg				
WEIGH IN: 12:30 **START: 14:30**	Madeleine	McCormack	North Tyneside Barbells	49kg	140kg
	Amber	Cruikshank	Zalva Weightlifting	49kg	139kg
	Faye	Briggs	Wythenshawe WLC	49kg	130kg
	Hannah	Kremer-Ireson	Individual	49kg	129kg
	Michelle	Lam	Ronin Barbell Club	49kg	129kg
	Megan	Armitage	Yorkshire Strength	49kg	124kg
	SENIOR W53kg				
WEIGH IN: 14:00 **START: 16:00**	Jennifer	Tong	mettle	53kg	169kg
	Elisha	Cruikshank	Zalva Weightlifting	53kg	159kg
	Abigail	Loram	Individual	53kg	157kg
	Astrid	Roberson-Leech	Individual	53kg	147kg
	Lucinda	McGartland	Individual	53kg	147kg
	Libby	Gamble	Individual	53kg	136kg
	Eva	Lavery	North Tyneside Barbells	53kg	134kg
	Sophie	Biles	Liverpool Weightlifting Club	53kg	122kg

Saturday 5th December

	FIRST NAME	LAST NAME	CLUB	CAT	QUALIFICATION TOTAL
	SENIOR W57kg				
WEIGH IN: 07:10 **START: 09:10**	Niah	Sinclair	Individual	57kg	166kg
	Eve	Lo	Individual	57kg	163kg
	Lin Ling	Xu	Individual	57kg	151kg
	Lottie	Hall	Individual	57kg	150kg
	Sally	Thompson-Taylor	Fylde Coast Weightlifting	57kg	150kg
	Ellie	Mcmanus	RAF WL	57kg	147kg
	Kate	Rattley	Kingdom Barbell Club	57kg	146kg
	Michaela	Shaw	Mem's Weightlifting Club	57kg	144kg
	Daisey	Walker-Jones	Team Manchester	57kg	142kg
	Veronica	Whelpley	ADV Weightlifting	57kg	134kg
	Dani	Henry	RAF WL	57kg	130kg
	Dionn	Hargreaves	Stockport Spartans Weight Lifting Club	57kg	127kg
	SENIOR W61kg				
WEIGH IN: 09:35 **START: 11:35**	Amelie	Pelta	Brunel Weightlifting	61kg	190kg
	Imogen	Burrows	AMG Lifting Lab	61kg	183kg
	Chloe	Blackmur	Individual	61kg	182kg
	Theodora	Mitroi	Individual	61kg	178kg
	Megan	Webley	Crazy Strength	61kg	176kg
	Annabelle	Pettit	Yorkshire Strength	61kg	161kg
	Hollie	Biggerstaff	Resilience Weightlifting	61kg	160kg
	Chelsea	Wilson	Individual	61kg	156kg
	Nathalie	Dawson	Individual	61kg	150kg
	Chloe	Winsor	RAF WL	61kg	148kg
	Hollie	Williams	North Tyneside Barbells	61kg	134kg
	Jessica	Mellor	Stockport Spartans Weight Lifting Club	61kg	132kg

	FIRST NAME	LAST NAME	CLUB	CAT	QUALIFICATION TOTAL
	SENIOR W69kg				
	Paige	Sellers	North Tyneside Barbells	69kg	188kg
	Holly	O'Shea	Individual	69kg	180kg
	Anushka	Bovill	Individual	69kg	180kg
	Phoebe	Davis	Maidstone weightlifting Club	69kg	179kg
WEIGH IN:	Paige	Mathers	North Tyneside Barbells	69kg	171kg
12:00	Maisie	Muir	Mem's Weightlifting Club	69kg	170kg
	Nicole	Kalinowska	Individual	69kg	169kg
START:	Danielle	Bagacay	Nova Performance	69kg	167kg
14:00	Harriet	Chiam	Kingdom Barbell Club	69kg	155kg
	Francesca	Paolo	Stockport Spartans Weight Lifting Club	69kg	151kg
	Maia	Lusardi	Oxford PowerSports	69kg	147kg
	Charlotte	Gough	Stockport Spartans Weight Lifting Club	69kg	147kg
	Robin	Douglas	Individual	69kg	145kg
	SENIOR W77kg				
	Angela	Wyss	Atticus Barbell Club	77kg	201kg
	Erin	Cook	ADV Weightlifting	77kg	182kg
	Xue	Lu	Individual	77kg	180kg
	Evelyna	Davies	Individual	77kg	180kg
WEIGH IN:	Anjelica	Rodgers	Individual	77kg	178kg
14:45	Rachel	Bemrose	Individual	77kg	175kg
	Heather	Barker	Colchester Weightlifting	77kg	170kg
START:	Alex	Jamieson	Individual	77kg	170kg
16:45	Grace	Thomas	Individual	77kg	168kg
	Maya	Hindmarch	Individual	77kg	166kg
	Kit	Palmer	Nova Performance	77kg	157kg
	Emily	Lack	Individual	77kg	155kg
	Caitlin	Swan	Individual	77kg	155kg
	Georgia	Bridge	Fylde Coast Weightlifting	77kg	149kg

Sunday 6th December

	FIRST NAME	LAST NAME	CLUB	CAT	QUALIFICATION TOTAL
	SENIOR W86kg				
	Deborah	Alawode	London Strength	86kg	222kg
	Lottie	Absolom	Brunel Weightlifting	86kg	220kg
WEIGH IN:	Georgia	Radley	Individual	86kg	201kg
08:20	Deanna	Daley	Individual	86kg	188kg
	Madeleine	Lyall	Essex Weightlifting Club	86kg	181kg
START:	Diani	Hall	Individual	86kg	176kg
10:20	Louise	Richards	Wythenshawe WLC	86kg	173kg
	Isabelle	Taylor	AMG Lifting Lab	86kg	163kg
	Jennifer	Lee	Individual	86kg	158kg
	SENIOR W86+kg				
	Georgia-Rose	Beahan	Individual	86+kg	189kg
WEIGH IN:	Krystal	Campbell	Mem's Weightlifting Club	86+kg	178kg
10:15	Daisy	Wakefield	Sheffield Weightlifting Club	86+kg	178kg
	Elaina	Moulds	Individual	86+kg	170kg
START:	Angelique	Wallace -Bourgoin	Guildford Weightlifting	86+kg	170kg
12:15	Beth	Calder	Resilience Weightlifting	86+kg	168kg
	Stevie	Mcnulty	Crazy Strength	86+kg	167kg

	FIRST NAME	LAST NAME	CLUB	CAT	QUALIFICATION TOTAL
	Para Men				
	Ethan	Backhurst	Individual	-72kg	105kg
	Archie	Macey	Individual	-72kg	//
KIT CHECK:	Adarsh	Harrish	Individual	-72kg	//
13:00	Oscar	Moussima	Mytholmroyd WLC	72kg+	160kg
	Alfie	Bezance	Individual	72kg+	172kg
START:	Hayden	Smith	Individual	72kg+	135kg
14:00	John Reginald	Certeza	Individual	72kg+	130kg
	Craig	Mort	Individual	72kg+	80kg
	Para Women				
KIT CHECK:	Lottie	McGuinness	Individual	-62kg	112kg
14:45	Sara	Jones	Llanelli Weightlifting Academy	-62kg	60kg
	Amelia	Hall	Individual	-62kg	48kg
START:	Cassy	Malyon	Individual	62kg+	120kg
15:45	Carine	Tchei	Individual	62kg+	100kg