English Championships 2026

BLUE PLATFORM

Friday 4th December

	FIRST NAME	LAST NAME	CLUB	AGE	CAT	QUALIFICATION TOTAL
	SENIOR M60kg & 65kg					
	Seth	Casidsid	S56 Weightlifting		60kg	211kg
	Boracay	Arnold	Individual		60kg	195kg
	Daniel	Pogmore	Individual		60kg	178kg
WEIGH IN:	Oliver	Pickles	Yorkshire Strength		60kg	174kg
12:00	Yegeun	Ji	Resilience Weightlifting		65kg	220kg
	Kieran	Stiles	Individual		65kg	220kg
START:	Taylor	Maguire	Individual		65kg	199kg
14:00	Noah	Castro	Maidstone weightlifting Club		65kg	198kg
	Corey	Swaine	Individual		65kg	195kg
	Harris	Ward	Individual		65kg	195kg
	Stuart	Moore	Maidstone weightlifting Club		65kg	190kg
	SENIOR M70kg & 75kg					
	Jaswant	Shergill	Individual		70kg	240kg
	Sebastian	Lawton	Individual		70kg	239kg
	Antonio	Capavanni	Stockport Spartans Weight Lifting Club		70kg	235kg
WEIGH IN:	Laith	Alisawi	Individual		70kg	205kg
14:15	Theo	Archer	North Tyneside Barbells		75kg	272kg
	Finlay	Brooks	AMG Lifting Lab		75kg	264kg
START:	Kin	Liu	Ronin Barbell Club		75kg	244kg
16:15	Samuel	Evans	Nova Performance		75kg	235kg
	Max	Southworth	APG Weightlifting		75kg	230kg
	Ryan	Mountjoy	Individual		75kg	220kg
	Toby	Want	Individual		75kg	212kg
	Cameron	Neale	Individual		75kg	210kg

Saturday 5th December

	FIRST NAME	LAST NAME	CLUB	AGE	CAT	QUALIFICATION TOTAL
	SENIOR M85kg					
	Tom	Ingram	Individual		85kg	287kg
	Emil	Stewart-Nerona	Individual		85kg	275kg
	Spiros	Fokas	North Tyneside Barbells		85kg	270kg
	Liam	Durkin	North Tyneside Barbells		85kg	266kg
	Jamal	Isaac-Shah	Mem's Weightlifting Club		85kg	260kg
WEIGH IN:	Matthew	Dwornik	Individual		85kg	253kg
07:00	Ryan	Spencer	AMG Lifting Lab		85kg	251kg
	Harry	Hewitt Smith	Resilience Weightlifting		85kg	247kg
START:	Johnny	Adams	Mem's Weightlifting Club		85kg	240kg
09:00	Tiago	Costa	Nova Performance		85kg	240kg
	Scott	Humphryes	London Strength		85kg	235kg
	Axl	Raguindin	Resilience Weightlifting		85kg	228kg
	Harry	Boswell	Individual		85kg	220kg
	Stan	Evans	London Strength		85kg	214kg

	FIRST NAME	LAST NAME	CLUB	AGE	CAT	QUALIFICATION TOTAL
	SENIOR M95kg					
WEIGH IN: 09:45 **START: 11:45**	Myren	Madden	Individual		95kg	321kg
	Lukas	Lakin	Individual		95kg	293kg
	Khrystopher	Speed	Ronin Barbell Club		95kg	292kg
	Guy	Kitchen	North Tyneside Barbells		95kg	291kg
	Ygor	Alvarez Azevedo	Individual		95kg	285kg
	Jonathan	Healy	London Strength		95kg	280kg
	Conor	Lynch	ADV Weightlifting		95kg	277kg
	Michael	Cutler	RAF WL		95kg	277kg
	Samu	Kulcsar	Mem's Weightlifting Club		95kg	275kg
	Jake	Benson	Individual		95kg	274kg
	Joe	Flach	Nova Performance		95kg	270kg
	Gergo	Kocsis	Individual		95kg	265kg
	Rupert	Yeung	Queen Mary University of London Barbell Club		95kg	256kg
	Sam	Ray	Individual		95kg	250kg
	Edward	Smale	Atlas Weightlifting		95kg	245kg
	SENIOR M110kg					
WEIGH IN: 12:40 **START: 14:40**	Charlie	Stone	Stone Strength Weightlifting		110kg	298kg
	Mateusz	Kasina	Individual		110kg	295kg
	Joseph	White	Individual		110kg	290kg
	George	Weston	Adlington Barbell Club		110kg	290kg
	Dylan	Arthur	Wythenshawe WLC		110kg	290kg
	Lee	Furminger	Individual		110kg	286kg
	Oliver	Pope	Good Lift		110kg	280kg
	Tiago	Barroso da Costa Cardoso Monteiro	AMG Lifting Lab		110kg	277kg
	Jaime	Abad	Bounce Gym Weightlifting		110kg	266kg
	Oscar	Searle	Individual		110kg	266kg
	Robert	Farrington	Individual		110kg	265kg
	Oliver	Fernihough	Individual		110kg	265kg
	Jordan-Sonny	Archer-Murphy	Individual		110kg	248kg
	SENIOR M110+kg					
WEIGH IN: 15:15 **START: 17:15**	Andrew	Griffiths	AMG Lifting Lab		110+kg	358kg
	Jasper	Hilton	Individual		110+kg	350kg
	Benedict	Millson	Mem's Weightlifting Club		110+kg	300kg
	Louis	Weston	Individual		110+kg	298kg
	Matt	Brooks	Brunel Weightlifting		110+kg	289kg
	James	Daley	Mem's Weightlifting Club		110+kg	272kg
	Krzysztof	Bes	Individual		110+kg	271kg
	Cameron	Norton-Lyons	Berkshire Weightlifting		110+kg	260kg
	Daniel	Avery	Square One Weightlifting Club		110+kg	260kg
	Lewis	Povey	Hampshire Barbell Club		110+kg	259kg

Sunday 6th December

	FIRST NAME	LAST NAME	CLUB	AGE	CAT	QUALIFICATION TOTAL
	Masters Women 35-39 57kg-69kg					
WEIGH IN: 08:00 **START: 10:00**	Rebecca	Ewers	Individual	35-39	57kg	124kg
	Zoe	Shaughnessy	Yorkshire Strength	35-39	57kg	109kg
	Natalie	Harrison	Fylde Coast Weightlifting	35-39	57kg	132kg
	Lucia	Sarmiento	ADV Weightlifting	35-39	61kg	108kg
	Louise	Feeney	Individual	35-39	61kg	137kg
	Julia	Lim	Sleven Weightlifting	35-39	61kg	125kg
	Sophie	Robinson	Individual	35-39	69kg	111kg
	Emma	Hankin	Nova Performance	35-39	69kg	120kg
	Hannah	Griffiths	Sussex Weightlifting	35-39	69kg	135kg
	Maria del Mar	Galmes Artigues	Individual	35-39	69kg	169kg
	Naomi	Hamilton	Individual	35-39	69kg	114kg
	Helen	Cooper	APG Weightlifting	35-39	69kg	124kg
	Masters Men 35-39 70kg-85kg					
WEIGH IN: 10:35 **START: 12:35**	Pedro	Malva	Individual	35-39	70kg	187kg
	Federico	Mondelli	S56 Weightlifting	35-39	70kg	175kg
	Neil	Thomas	Individual	35-39	75kg	190kg
	Christian	Glinister	Wirral Weightlifting Club	35-39	75kg	182kg
	Joshua	Summersgill	Individual	35-39	85kg	256kg
	Scott	Mills	Stockport Spartans Weight Lifting Club	35-39	85kg	221kg
	James	Sherlock	Ensemble Weightlifting Club	35-39	85kg	220kg
	Mark Hou Cheng	Liu	Individual	35-39	85kg	213kg
	Ryan	Davies	Individual	35-39	85kg	209kg
	Anthony	Chen	S56 Weightlifting	35-39	85kg	196kg
	Masters Women 35-39 77kg-86+kg					
WEIGH IN: 12:40 **START: 14:40**	Mollie	Wagstaff	Performance Weightlifting	35-39	77kg	142kg
	Natalie	Hamling	Resilience Weightlifting	35-39	86kg	145kg
	Rosalind	Jelfs	Individual	35-39	86kg	145kg
	Emma	Mcgovern	APG Weightlifting	35-39	86kg	119kg
	Laura	Cook	Individual	35-39	86+kg	151kg
	Talent Session					
WEIGH IN: 14:00 **START: 16:00**	Jasmine	Philpott	Kaizen Strength		45kg	100kg
	Isobelle	Webster	Lift Right		69+kg	146kg
	Isabelle	Jones	Individual		77kg	//
	Amari	Walters	Individual		75kg	170kg
	Isaac	Bluff	Atlas Weightlifting Centre		85kg	249kg
	Oscar	Smith	Atlas Weightlifting Centre		95kg	254kg
	Kian	McGar	Adlington Barbell Club		110+kg	186kg