English Championships 2026

Version: 3 Updated: 20/11/2026

Red Platform Schedule - 4 December 2026

TIMINGS	CATEGORY	ATHLETES
Weigh in: 12:30 Start: 14:30 Finish: 15:40	**WOMEN'S 49kg**	6
Weigh in: 14:00 Start: 16:00 Finish: 17:25	**WOMEN'S 53kg**	8

Red Platform Schedule - 5 December 2026

TIMINGS	CATEGORY	ATHLETES
Weigh in: 07:10 Start: 09:10 Finish: 11:15	**WOMEN'S 57kg**	12
Weigh in: 09:35 Start: 11:35 Finish: 13:40	**WOMEN'S 61kg**	12
Weigh in: 12:00 Start: 14:00 Finish: 16:15	**WOMEN'S 69kg**	13
Weigh in: 14:45 Start: 16:45 Finish: 19:10	**WOMEN'S 77kg**	14

Red Platform Schedule - 6 December 2026

TIMINGS	CATEGORY	ATHLETES
Weigh in: 08:20 Start: 10:20 Finish: 11:55	**WOMEN'S 86kg**	9
Weigh in: 10:15 Start: 12:15 Finish: 13:30	**WOMEN'S 86+kg**	7
Kit Check: 13:00 Start: 14:00 Finish: 15:30	**PARA MEN**	8
Kit Check: 14:45 Start: 15:45 Finish: 16:45	**PARA WOMEN**	5

All start and finish times are subject to change on the day of the competition subject to the running speed.