English Championships 2026

Version: 3 Updated: 20/11/2026

Blue Platform Schedule - 4 December 2026

TIMINGS	CATEGORY	ATHLETES
Weigh in: 12:00 Start: 14:00 Finish: 15:55	**MEN'S 60 - 65kg**	11
Weigh in: 14:15 Start: 16:15 Finish: 18:20	**MEN'S 70 - 75kg**	12

Blue Platform Schedule - 5 December 2026

TIMINGS	CATEGORY	ATHLETES
Weigh in: 07:00 Start: 09:00 Finish: 11:25	**MEN'S 85kg**	14
Weigh in: 09:45 Start: 11:45 Finish: 14:20	**MEN'S 95kg**	15
Weigh in: 12:40 Start: 14:40 Finish: 16:55	**MEN'S 110kg**	13
Weigh in: 15:15 Start: 17:15 Finish: 19:00	**MEN'S 110+kg**	10

Blue Platform Schedule - 6 December 2026

TIMINGS	CATEGORY	ATHLETES
Weigh in: 08:00 Start: 10:00 Finish: 12:05	**MASTERS WOMEN 35-39 57KG-69KG**	12
Weigh in: 10:35 Start: 12:35 Finish: 14:20	**MASTERS MEN 35-39 70KG-85KG**	10
Weigh in: 12:40 Start: 14:40 Finish: 15:35	**MASTERS WOMEN 35-39 77KG-86+KG**	5
Weigh in: 14:00 Start: 16:00 Finish: 17:15	**Talent Session**	7

All start and finish times are subject to change on the day of the competition subject to the running speed.