

British Women's Senior Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	64	Hannah Powell	02 March 2019	Welsh Senior Championships	Bangor, GBR
	Clean & Jerk	84	Hannah Powell	09 July 2019	Commonwealth Championships	Apia, SAM
	Total	148	Hannah Powell	09 July 2019	Commonwealth Championships	Apia, SAM
49	Snatch	70	Kelly-Jo Robson	06 April 2019	European Senior Championships	Batumi, GEO
	Clean & Jerk	87	Kelly-Jo Robson	07 June 2019	British International Open	Coventry, GBR
	Total	156	Kelly-Jo Robson	07 June 2019	British International Open	Coventry, GBR
55	Snatch	82	Fraer Morrow	07 April 2019	MSC Performance Open	Birmingham, GBR
	Clean & Jerk	102	Fraer Morrow	07 June 2019	British International Open	Coventry, GBR
	Total	182	Fraer Morrow	07 April 2019	MSC Performance Open	Birmingham, GBR
59	Snatch	84	Helen Jewell	18 May 2019	Plymouth Barbell Spring Open	Plymouth, GBR
	Clean & Jerk	105	Hannah Beaumont	05 May 2019	BWL North Open Series 1	Leeds, GBR
	Total	184	Helen Jewell	18 May 2019	Plymouth Barbell Spring Open	Plymouth, GBR
64	Snatch	101	Sarah Davies	08 June 2019	British International Open	Coventry, GBR
	Clean & Jerk	128	Zoe Smith	09 April 2019	European Senior Championships	Batumi, GEO
	Total	225	Zoe Smith	08 June 2019	British International Open	Coventry, GBR

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71	Snatch	93	Emily Muskett	10 April 2019	European Senior Championships	Batumi, GEO
	Clean & Jerk	123	Emily Muskett	10 April 2019	European Senior Championships	Batumi, GEO
	Total	216	Emily Muskett	10 April 2019	European Senior Championships	Batumi, GEO
76	Snatch	93	Tayla Howe	14 April 2019	British University & College Championships	Twickenham, GBR
	Clean & Jerk	127	Emily Muskett	11 July 2019	Commonwealth Championships	Apia, SAM
	Total	220	Emily Muskett	11 July 2019	Commonwealth Championships	Apia, SAM
81	Snatch	90	British Standard	01 October 2018		
	Clean & Jerk	109	British Standard	01 October 2018		
	Total	199	British Standard	01 October 2018		
87	Snatch	92	British Standard	01 October 2018		
	Clean & Jerk	111	British Standard	01 October 2018		
	Total	203	British Standard	01 October 2018		
87+	Snatch	115	Emily Campbell	13 April 2019	European Senior Championships	Batumi, GEO
	Clean & Jerk	145	Emily Campbell	13 April 2019	European Senior Championships	Batumi, GEO
	Total	260	Emily Campbell	13 April 2019	European Senior Championships	Batumi, GEO