

Job title	Head Coach	Reporting to	Strategy and Development Manager
Department	Performance and Development	Employee location	Flexible Own transport & clean driver's licence National and Overseas travel
Company location	Weightlifting Wales, Canolfan Brailsford, Bangor University, Ffriddoed Road, Bangor, Gwynedd LL57 2EH.	Key interface	Athletes. Weightlifting Wales performance sub-committee and colleagues, Commonwealth Games Wales, Sport Wales, Disability Sport Wales, UK Anti-Doping and British Weightlifting.
Salary Range	£30,900 per annum for 0.40 FTE (Actual £12,360 per annum)	Working hours	104 days per year
Company website	https://weightlifting.wales		

Job Description

Job Summary - To deliver key elements of the Weightlifting Wales strategy for building champions

Role and Responsibilities:

- Work with the Performance and Development team to : -
- Support the progression of athletes & coaches within the pathway,
- Prepare for Regional, Development, National squads and international events,
- Support the development of an inclusive athlete pathway, creating environments where athletes and coaches can thrive,
- Support the planning of development and performance projects which support athletes, coaches and parents,
- Create and maintain an elite performance environment,
- Embed equality and diversity across all programmes and maintain a duty of care to athletes and coaches,
- Uphold the organisational values of Weightlifting Wales and contribute to the working and welfare of the athletes in Wales,
- Support selection of athletes at performance meetings,
- Contribute to performance, development and staff meetings,
- Support volunteer coaches with mentoring at training camps and events.

- Lead coach at National training camps and at international events. Inclusive of : -
- National squads (weekend squads)
- Celtic Nations Championships
- Commonwealth Championships
- Named Para Powerlifting international or other event

- Assist at development camps and at development international competitions. Inclusive of : -
- Development squads (weekend squads)
- Home Nation Squads and UK Armed Forces Tournament or other development competition

- Lead coach at regional squads (one day squads)

- Liaise with National athletes
- Lead performance reviews with National athletes, providing support and guidance

This role is equivalent to 0.4 FTE (some weeks may require more work, other weeks will require less).

This list is not to be regarded as exclusive or exhaustive as there may be other duties and requirements associated with the post which the organisation may call upon the post holder to perform.

The post holder must ensure that equality standards are met on a daily basis and that the equality policy is adhered to.

PERSON SPECIFICATION

THE SUCCESSFUL CANDIDATE WILL HAVE EXPERIENCE, KNOWLEDGE, SKILLS AND ATTRIBUTES IN THE FOLLOWING AREAS:

KNOWLEDGE OF

- International level Weightlifting training methodology and practice
- Weightlifting coaching at elite and development levels.
- International level competition circuits
- Principles behind the long-term development of athletes.

EXPERIENCE OF

- Leading Weightlifting teams at training camps and international events
- Working both independently and as part of a performance managed team
- Managing people and driving performance improvement

SKILLS

- Ability to build trust and confidence
- Outstanding people management skills, with the ability to inspire and motivate others
- Able to deliver under pressure
- Full clean driving license, Enhanced DBS and valid Safeguarding certification

ATTRIBUTES

- A good team player, able to develop trusting working relationships with athletes, parents, professional and volunteer staff from multiple agencies.
- Willingness to learn and share new and innovative coaching ideas and skills.

DESIRABLE SKILLS, KNOWLEDGE AND EXPERIENCE

- Welsh language speaker.
- Experience of coaching Para Powerlifting
- Minimum of 3 years in coaching Weightlifting

WEIGHTLIFTING WALES IS AN EQUAL OPPORTUNITIES EMPLOYER

Weightlifting Wales is an equal opportunities employer and positively encourages applications from suitably qualified and eligible candidates regardless of age, disability, gender or gender assignment, marriage and civil partnership, sexual orientation, pregnancy and maternity, race, religion or belief.

The successful candidate will be expected to adhere to the Weightlifting Wales Code of Conduct and adopt Weightlifting Wales values surrounding safeguarding and equality. The successful candidate will be required to work some evenings and weekends and will be required to travel as part of this role.

The post holder will have access to support and training in a variety of job-related areas:

- Continued professional development opportunities.
- Support and supervision meetings.
- Maintaining safe working environments and other statutory obligations.

