



**BRITISH
WEIGHT
LIFTING**

Weightlifting Wales and British Weight Lifting collaborate to offer Virtual Welsh Open

Following the transfer of the BWL Regional Open Series into a virtual format, Weightlifting Wales and British Weight Lifting will now collaborate to deliver a virtual competition aimed at members and non-members in Wales and the wider regions.

The Virtual Welsh Open will use BWLs existing online competition system which has already hosted the Lockdown Lift Off competition.

The competition will take place between 12 October and 08 November.

Key Information

For members:

- Totals will be eligible for qualification to future national competitions
- The results from the Virtual Welsh Open will be included in the national ranking lists
- The top three ranked lifters in Senior, Masters and Youth age groups will receive medals in the post
- No limit on the number of entries to a Virtual event
- The Virtual Welsh Open remains open to lifters from all regions of the UK
- Results from the Virtual Welsh Open will not be eligible to set new records
- Entry fee for Virtual Welsh Open will be £15.00

www.britishweightlifting.org

For non-members:

- A fantastic opportunity to take part in a National competition from the comfort of your club, without the worry of competing in a traditional competition.
- Totals will be eligible for the competition and included in the results with the top three ranked lifters in Senior, Masters and Youth age groups receiving medals in the post
- A membership is not required however; -
- Totals will not be eligible for qualification to future national competitions
- The results from the Virtual Welsh Open will not be included in the national ranking lists
- Results from the Virtual Welsh Open will not be eligible to set new records
- Entry fee for Virtual Welsh Open will be £15.00

With no date set for the return to physical competition the transition into the Virtual Welsh Open will provide lifters within Wales and across the UK with the opportunity to return to competition in a safe and secure manner.

The competition will be judged by Licensed Technical Officials to ensure a high standard of officiating and integrity.

For members all lifts will be included in the BWL ranking lists to help provide a source of motivation and point of reference for performance for athletes and coaches. Totals will also be eligible for qualification to future events, notwithstanding the uncertain date for returning to physical competitions and the publication of the official National Qualification Totals for 2021.

For non-members, this is a fantastic opportunity to take part in a National competition from the comfort of your club, without the worry of competing in a traditional competition.

The Virtual Welsh Open will open on Monday 12 October September at 0900 and submissions will close on Sunday 08 November at 1700.

How to enter the Virtual Welsh Open

The Virtual Welsh Open will be run online using the same system as Lockdown Lift Off. To enter go to:

<https://britishweightlifting.us.launchpad6.com/>

To access the competition, you will need to log in to your virtual competition account, or create a new account. All Weightlifting Wales and BWL members have been sent an email with a link to create an account.

The Virtual Welsh Open has been added to the competition calendar on Sport80 and the Weightlifting Wales and BWL websites, however you still need to go the online system to enter. You cannot enter these competitions on Sport80.

For more information about competitions in Wales and the Virtual Welsh Open contact Justin Head justin.head@weightlifting.wales

For technical support entering the Welsh Virtual Open contact competitions@britishweightlifting.org or call 01132 249 402