

British Age Group Championships 5 October 2019

Red Platform		Blue Platform	
Weigh in: 0700 Start: 0900 Finish: 1020	Group 1 – Men 49-55kg	Weigh in: 0700 Start: 0900 Finish: 1105	Group 1 – Women 45-55kg
Weigh in: 0800 Start: 1030 Finish: 1140	Group 2 – Men 61kg	Weigh in: 0800 Start: 1115 Finish: 1330	Group 2 – Women 59kg
Weigh in: 0900 Start: 1150 Finish: 1340	Group 3 – Men 67kg	Weigh in: 0900 Start: 1340 Finish: 1530	Group 3 – Women 64kg
Weigh in: 1000 Start: 1350 Finish: 1540	Group 4 – Men 81kg	Weigh in: 1000 Start: 1540 Finish: 1645	Group 4 – Men 73kg
Weigh in: 1100 Start: 1550 Finish: 1750	Group 5 – Men 89kg	Weigh in: 1100 Start: 1755 Finish: 1850	Group 5 – Women 71kg
Weigh in: 1200 Start: 1800 Finish: 2025	Group 6 – Men 96-109+	Weigh in: 1200 Start: 1900 Finish: 2030	Group 6 – Women 76-87+kg

*All finish and start times are subject to change on the day of the competition subject to the competition running speed.