SBD Endure Knee Sleeves

Manufactured with high grade **5mm** neoprene, designed to provide compression and support through a greater range of motion, ideal for dynamic movements.

Relied on by strength athletes around the world, these 5mm knee sleeves are ideal for weightlifting and provide support for movements with a greater range of motion than a powerlifting squat.

Endure is a limited edition collection, offering the same performance and manufactured to the same high standards as our classic product line.

- Sold as a pair.
- IPF approved and IWF compliant.
- 5mm high grade neoprene and four-way stretch fabric for a greater stretch.
- Reinforced seam construction to maximise longevity.
- Anti-microbial, anti-run inner lining.
- Abrasion resistant exterior lining.
- Patented design.
- Manufactured in Great Britain.

SIZE GUIDE

Size	Knee Joint (cm)	Knee Joint (in)
3XS	23-25.5	9-10
2XS	25.5-28	10-11
XS	28-30.5	11-12
S	30.5-33	12-13
M	33-35.5	13-14
L	35.5-38	14-15
XL	38-40.5	15-16
2XL	40.5-43	16-17
3XL	43-45.5	17-17.9
4XL	45.5-48	17.9-18.9
5XL	48-51.5	18.9-20.3

HOW TO MEASURE

Measure the circumference of your knee joint with your leg out straight, keeping your muscles relaxed. Measure around the centre of your kneecap (at the patella), and around the thickest part of your calf. If your calf is more than 4cm (1.6in) larger than your knee, then you may wish to size up to ensure a good fit. If you are new to wearing knee sleeves we recommend going with the recommended fit instead of sizing down, especially if you fall on size medium or smaller. If you are new to wearing knee sleeves we recommend going with the recommended fit instead of sizing down, especially if you fall on size medium or smaller.

CARE INSTRUCTIONS

We recommend hand washing your knee sleeves with water or a mild detergent (or a specialist neoprene/wetsuit detergent), then allow the sleeves to air dry standing up. The spin cycle of a washing machine can damage the sleeve, as the knee sleeves become quite bulky when wet and can potentially get caught up or damaged by wringing. High heat from a washing machine or a dryer will degrade the rubber in the sleeves (potentially causing shrinkage or brittleness).

