

# Seniors

## Category M55

Rank	Name	Total	Club
1	Benjamin Hickling	173	EPL WLC

## Category M61

Rank	Name	Total	Club
1	Kieran Stiles	213	Unattached
2	Luca Michael	208	Oaklands Weightlifters
3	Daniel Pogmore	191	Unattached
4	Yegeun Ji	183	Loughborough University Powerlifting and Weightlifting Club
5	Liam Moralee	180	The Norfolk Barbell Club

## Category M67

Rank	Name	Total	Club
1	Haroon Siraj	257	Unattached
2	Jaswant Shergill	258	MSC Performance
3	Skip Callard	236	Europa WLC
4	Scoop Callard	235	Europa WLC
5	Elliott Brown	216	BU Weightlifting
6	Jack Hutchinson	209	Unattached
7	David Oakes	207	Team Manchester

## Category M73

Rank	Name	Total	Club
1	Jonathan Chin	271	Bristol Barbell Club
2	Christopher Freebury	254	Atlas Weightlifting Centre
3	Allan King	250	Triple X Weightlifting Club
4	George Rudge	250	Unattached
5	Jacob Finnigan	246	Essex Weightlifting Club
6	Cedric Leduc	240	Unattached
7	Jordan Mockett	238	Unattached
8	Skip Callard	236	Europa WLC
9	Joe Fenney	235	Wisdom 4 Weightlifting

## Category M81

Rank	Name	Total	Club
1	Chris Murray	304	Locker 27
2	Haydn Crook	273	Adlington Barbell Club
3	Michael Hunnisett	270	Oaklands Weightlifters
4	Christopher Russ	267	Oxford PowerSports
5	Joseph Cowen	265	Unattached
6	Kevin Tao	263	Crystal Palace Weightlifting Club
7	Jamal Isaac-Shah	261	Crystal Palace Weightlifting Club
8	Izaak Wilson	255	Stars for the Future
9	Stefano Cataldi	253	Merton Weightlifting Club
10	Michael Pennington	252	DSW Fitness UK
11	Kristian McPhee	250	Brunel University Weightlifting

**Category M89**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Jack Dobson		305 Unattached
2	Khrystopher Speed		300 London Olympic Weightlifting Academy
3	Murtaza Nadeem		288 Hallam Barbell
4	Aaron Bolton		282 Fit Performance
5	Greg Stumbles		280 Unattached
6	Edward Smale		274 Loughborough University Powerlifting and Weightlifting
7	Alexander Blair		270 Unattached
8	Omarie Mears		267 Hackney Weight Lifting Club
9	Oliver Dobson		266 MST fitness Ltd
10	William Burchette		263 St Birinus Weightlifting Club
11	Luke Stopford		262 Weightlifting 101

**Category M96**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Cyrille Tchatchet		340 Middlesex University Weightlifting
2	Liem Bui-Le		290 Mem's Weightlifting
3	Joe Blacker		274 Warley Weightlifting Club
4	Jesse Gilham		270 Middlesex University Weightlifting
5	Stephen Bestman		265 Stars for the Future

**Category M102**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Omar Keshta		311 Brunel University Weightlifting
2	David Harding-Prior		290 London Olympic Weightlifting Academy

**Category M109**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Christopher Parnaby		277 Locker 27
2	Owen Boxall		350 Europa WLC
3	Christopher Palser-Thorne		313 Unattached
4	Henry Woodason		277 Guildford Weightlifting
5	Andrew Cairns		277 Essex Weightlifting Club
6	Simon Prentice		277 Locker 27

**Category M109+**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Jordan Vine		292 Europa WLC

**Category W45**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Kristine Santos		112 Oldbury Academy Olympic Weightlifting Club

**Category W49**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Noorin Gulam		154 BU Weightlifting
2	Kelly-Jo Robson		156 Atlas Weightlifting Centre
3	Natalie Cashmore		132 Summit Strength
4	Emma Suckling		123 Ethos Weight Lifting
5	Kristine Santos		113 Oldbury Academy Olympic Weightlifting Club

#### **Category W55**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Fraer Morrow		182 Loughborough University Powerlifting and Weightlifting
2	Amy Williams		173 Wisdom 4 Weightlifting
3	Jane Lee-Isted		154 Unattached
4	Leonora Brajshori		144 Loughborough University Powerlifting and Weightlifting
5	Stephanie Best		143 Weightlifting 101
6	Sophie Bellamy		138 Brunel University Weightlifting
7	Taliyah Homewood		137 Europa WLC
8	Lucy Barrett		135 P10 Weightlifting
9	Gemma Peregrine		133 TSN Strength
10	Sheryll Pak		131 Aylesbury Weightlifting Club
11	Kathryn Smith		131 Atlas Weightlifting Centre
12	Emma Savage		130 Leeds City Weightlifting Team

#### **Category W59**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Olivia Blatch		183 Europa WLC
2	Helen Jewell		185 Unattached
3	Jess Gordon Brown		178 Brunel University Weightlifting
4	Jennifer Tong		177 Hallam Barbell
5	Rosemary McDonald		160 Cube Weightlifting Academy
6	Lesley Brown		158 Crystal Palace Weightlifting Club
7	Chloe Mays		154 Atlas Weightlifting Centre
8	Rachel Hill		154 EPL WLC
9	Emma Pendle		151 Warwickshire Weightlifting Club
10	Sian Peters		147 Wisdom 4 Weightlifting

#### **Category W64**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Laura Hollobon		171 Decennia Weightlifting
2	Janie Garratt		170 Unattached
3	Jessica Tea		170 Oxford PowerSports
4	Charlotte Spence		165 Unattached
5	Heather Burt		163 Europa WLC
6	Jade Wilson		160 Unattached
7	Nadja Auerbach		158 London Olympic Weightlifting Academy
8	Lou Herron		158 Fareham Barbell Club
9	Lesley Brown		158 Crystal Palace Weightlifting Club
10	Madeleine Harris		157 Aylesbury Weightlifting Club

#### **Category W71**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Sarah Davies		224 Europa WLC
2	Deborah Alawode		183 Stars for the Future
3	Amy Salt		179 Wythenshawe WLC
4	Kelly Charniga		176 Crystal Palace Weightlifting Club
5	Laura Parker		174 Essex Weightlifting Club
6	Louise Webster		162 Unattached
7	Isabella Brown		162 Brunel University Weightlifting
8	Amanda Stephens		158 TR4 Crossfit

#### **Category W76**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Emily Pursehouse		179 Woking Weightlifting Club
2	Rayen Cupid		197 Crystal Palace Weightlifting Club
3	Sarah Wiltshire		181 Woking Weightlifting Club
4	Chloe Cassar		180 Crystal Palace Weightlifting Club
5	Jasmine Isoyama		175 Wisdom 4 Weightlifting
6	Nicola Stiddard		169 London Olympic Weightlifting Academy
7	Ellis Brotherton		166 Unattached
8	Deanna Daley		158 Oxford PowerSports
9	Alexandra Cave		155 Central London Weightlifting Club
10	Yiyin Chen		153 BU Weightlifting
11	Laura Helyar		151 Oxford PowerSports
12	Rosie Pearson		150 MST fitness Ltd

#### **Category W81**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Charlotte Weatherall-Smith		178 Atlas Weightlifting Centre
2	Rayen Cupid		196 Crystal Palace Weightlifting Club
3	Emma Collins-Jones		190 Oaklands Weightlifters
4	Yiyin Chen		183 BU Weightlifting
5	Amy Johnson		179 Unattached
6	Jessica Silva		173 London Olympic Weightlifting Academy
7	Chloe Whyllie		173 Unattached
8	Kayley Cook		169 Oxford PowerSports
9	Samantha Williams		168 Crystal Palace Weightlifting Club
10	Florence Lester		159 Unattached
11	Kasia Symons		158 Unattached
12	Charlotte Dinsdale		157 North Tyneside Barbells
13	Natalie Marsh		156 Unattached

#### **Category W87**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Lauren Miller		182 Unattached

#### **Category W87+**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
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1 Leah Clarke  
2 Pia Kemppi

196 Unattached  
161 Oaklands Weightlifters

# Masters

## Men's Age Group

8

NAME	BW	CLUB	TOTAL
ANDRZEJ SKRYPIJ	73	CRYSTAL PALACE WLC	97

## Men's Age Group

7

NAME	BW	CLUB	TOTAL
THOMAS MEAKIN	89	UNATTACHED	102

## Men's Age Group

6

NAME	BW	CLUB	TOTAL
NICHOLAS HAWKER	73	UNATTACHED	128

## Men's Age Group

5

NAME	BW	CLUB	TOTAL
MALCOLM NUTTALL	89	NORTH TYNESIDE BARBELL	143
DAVID CLIFTON	89	HEATHROW WLC	156

## Men's Age Group

4

NAME	BW	CLUB	TOTAL
KEAT SEE	73	UNATTACHED	191
JAMES STURTRIDGE	81	ELITE BODYWORKS	160
BRIAN CLIFTON	89	WYTHENSHAWE WLC	235
JESSE HARMON	89	READING WEIGHTLIFTING CLUB	140

## Men's Age Group

3

NAME	BW	CLUB	TOTAL
JON TOWELL	89	PRIDE PERFORMANCE	199
BRIAH ANDREWS	89	UNATTACHED	202
ANTHONY ARTHUR	96	WYTHENSHAWE WLC	230
PHIL SPENCER	96	LOWA	160
NEIL SHERLOCK	102	LOCKER 27	190
STUART THURGOOD	109	UNATTACHED	175

## Men's Age Group

2

NAME	BW	CLUB	TOTAL
MARK MARTIN-DYE	73	ELITE BODYWORKS	151
GRANT LANGDON	73	UNATTACHED	170
AARON HOLT	81	UNATTACHED	196
SIMON RABY	81	OXFORD POWERSPORTS	158



BETH MASSEY		55 LOWA	109
JOANNE GILHAM		64 LAKESIDE WL	80
PAULA PHILLIPS		64 UNATTACHED	108
VICTORIA WILLIAMS		71 UNATTACHED	111
MARIE ROOS		71 P10 WLC	100
CATHERINE WRIGHT		71 UNATTACHED	99
TANIA SUNLEY		71 READING WLC	112
ZOE BERRY	87+	NORTH TYNESIDE BARBELLS	106

**Women's Age Group 2**

NAME	BW	CLUB	TOTAL
DAWN PARNELL		55 MYTHOLMROYD WLC	79
SARAH ECCLES		59 BODYDESIGN FIT WLC	105
LINN MAYHEW		59 UNATTACHED	129
AMY CLARK		59 WHITEHORSE WL	103
CLAIR FIDDAMAN		64 ESSEX WLC	124
TANIA SUNLEY		71 READING WLC	112
LYNDSEY OLIVER		76 ETHOS WL	107
VICTORIA DE VAL	87+	UNATTACHED	106
SAMANTHA TOWELL	87+	BODYDESIGN FIT WLC	92

**Women's Age Group 1**

NAME	BW	CLUB	TOTAL
SARAH GREEN		49 BODYDESIGN FIT WLC	76
GEMMA PEREGRINE		55 UNATTACHED	133
JULIE CHEUNG		55 MYTHOLMROYD WLC	115
HAYLENE RYAN-CAUSEF		55 LOWA	125
VICTORIA HURLEY		55 MEM`S WL	112
KATHRYN SMITH		59 ATLAS WL CENTRE	140
REBECCA CHESLETT		59 MYTHOLMROYD WLC	131
PUI KWAN YU		59 UNATTACHED	108
SILVIA SZABO		59 MEM`S WL	138
CAROLINE MARKS		64 VOLENTIA WL	125
NATASHA CASSONE		64 MIDDLESEX UNI WLC	131
CLAIRE ROSEMAN		64 ELITE BODYWORKS	95
DANIELLE NORVILLE		64 MIDDLESEX UNI WLC	130
JENNI BALL		64 ESSEX WLC	132
EVELYN MAK		64 P10 WL	124
BUKOLA KOMOLAFE		64 P10 WL	132
GILDA TRAPANI		64 MEM`S WL	130
FRANCESCA WEBB		71 MILTON KEYNES POWERSPORTS	99
ELIZABETH HAVERS		71 LAKESIDE WLC	118
RACHEL HUNT		71 UNATTACHED	122
ALISON DAY		76 BOUNCE GYM WL	88
HOLLY COONEY		76 OXFORD POWERSPORTS	151
KATYA SA		81 UNATTACHED	124
JENN FRANCIS	87+	DECENNIA WL	113

# Development

<b>LOT NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL AGE GROUP</b>
5 ISAAC BLUFF	40	ATLAS WL CENTRE	20 U10
1 ARCHIE OLIVER	40	ETHOS WL	22 U10
2 YUVRAJ HAYER	40	WARLEY WLC	55 U10
3 ALEXANDER COYLE	45	NORTH TYNESIDE BARBELLS	25 U10
4 JARNAIL SINGH	45	STARS FOR THE FUTURE	58 U12
24 EDWARD SKINNER	49	PEGASUS WEIGHTLIFTING	74 U12
6 OLIVER TEPPER	55	FEATHERSTONE WLC	30 U10
7 LEWIS RALPH	55	NORTH TYNESIDE BARBELLS	70 U12
8 MACKALLAN WHITELEY	55	FEATHERSTONE WLC	50 U12

<b>LOT NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL AGE GROUP</b>
9 MAISIE HODKIN	30	ATLAS WL CENTRE	10 U10
22 OPHELIA HARRISON	40	PEGASUS WEIGHTLIFTING	U10
21 TABITHA HARDY	45	HALLAM BARBELL	0 U12
10 AMAN KAUR	35	STARS FOR THE FUTURE	37 U10
11 ELIZABETH WARWICK-SNOW	35	NORTH TYNESIDE BARBELLS	18 U10
12 RUBY COYLE	35	NORTH TYNESIDE BARBELLS	22 U10
13 BALJIT KAUR	35	STARS FOR THE FUTURE	55 U12
14 ASHA HARRIS	35	ETHOS WL	25 U12
15 AMBER HAWKINS	40	ATLAS WL CENTRE	10 U12
16 FRANCES FOX	40	ATLAS WL CENTRE	10 U12
17 AVA DIVINE	40	STONE TOWERS WLC	40 U12
25 SOPHIE TUCKER	40	PEGASUS WEIGHTLIFTING	42 U12
18 LILY-ROSE TEPPER	45	FEATHERSTONE WLC	30 U10
19 ANNABELLE PETTIT	45	HALLAM BARBELL	54 U12
20 CHLOE HUTCHINSON	49	FEATHERSTONE WLC	37 U10
23 ELSIE MCINTYRE	59	PEGASUS WEIGHTLIFTING	10 U12

# Para Powerlifting

## Category M-72

Rank	Name	Total	Club
1	NATHANIEL WILDING	180	SUFFOLK SPARTANS
2	MARK SWAN	154	UNATTACHED
3	ALI JAWAD	147	UNATTACHED
4	ADAM ALDERMAN	138	SUFFOLK SPARTANS
5	FRANCIS COWEN	113	UNATTACHED
6	THOMAS SMITH	91	UNATTACHED
7	SEAN CLARE		UNATTACHED
8	SAFRON GORDON		STOCKPORT SPARTANS WEIGHT LIFTING CLUB

## Category M72+

Rank	Name	Total	Club
1	CALLAM LEE	110	PORTSMOUTH POWERBASE
2	GARETH GOLIGHTLY		NORTH TYNESIDE BARBELLS

## Category W-61

Rank	Name	Total	Club
1	OLIVIA BROOME	97	LOUGHBOROUGH UNIVERSITY POWERLIFTING AND WEIGHTLIFTING CLUB
2	ZOE NEWSON	85	SUFFOLK SPARTANS
3	KIM DEAN	68	UNATTACHED
4	REBECCA BEDFORD	65	UNATTACHED
5	LOTTIE MCGUINNESS	40	LOUGHBOROUGH UNIVERSITY POWERLIFTING AND WEIGHTLIFTING CLUB

## Category W61+

Rank	Name	Total	Club
1	RACHEL LECK	60	JERSEY WEIGHTLIFTING
2	CAROLINE BUCKLE	55	HALLAM BARBELL
3	GEMMA KEMBLE-STEPHENSON	53	UNATTACHED
4	LAUREN SANDERS		UNATTACHED