

England Weightlifting Grand Prix	
Auditorium Schedule	
Saturday 02 November	
Weigh-in: 0700 Start time: 0900 Finish time: 1004	Group 1 – Men's Senior 55, 61kg 6 Lifters
Weigh-in: 0800 Start time: 1016 Finish time: 1111	Group 2 – Women's Senior 45, 49kg 5 Lifters
Weigh-in: 0900 Start time: 1123 Finish time: 1225	Group 3 – Men's Senior 67kg 7 Lifters
Weigh-in: 1000 Start time: 1237 Finish time: 1405	Group 4 – Women's Senior 55kg 12 Lifters
Weigh-in: 1100 Start time: 1417 Finish time: 1538	Group 5 – Men's Senior 73kg 9 Lifters
Weigh-in: 1200 Start time: 1550 Finish time: 1720	Group 6 – Women's Senior 59kg 10 Lifters
Weigh-in: 1300 Start time: 1732 Finish time: 1911	Group 7 – Men's Senior 81kg 11 Lifters
Weigh-in: 1400 Start time: 1923 Finish time: 2053	Group 8 – Women's Senior 64kg 10 Lifters

*All finish and start times are subject to change on the day of the event subject to the competition running speed.

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Auditorium Schedule	
Sunday 03 November	
Weigh-in: 0700 Start time: 0900 Finish time: 1039	Group 9 – Men's Senior 89kg 11 Lifters
Weigh-in: 0800 Start time: 1051 Finish time: 1203	Group 10 – Women's Senior 71kg 8 Lifters
Weigh-in: 0900 Start time: 1215 Finish time: 1318	Group 11 – Men's Senior 96, 102kg 7 Lifters
Weigh-in: 1000 Start time: 1330 Finish time: 1518	Group 12 – Women's Senior 76kg 12 Lifters
Weigh-in: 1100 Start time: 1530 Finish time: 1633	Group 13 – Men's Senior 109, +109kg 7 Lifters
Weigh-in: 1200 Start time: 1645 Finish time: 1842	Group 14 – Women's Senior 81kg, 87, +87kg 13 Lifters

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