



## **BWL x NTB Regional Open North**

**North Tyneside Barbells WLC  
Unit 1A Swales Ind Estate  
Howdon / NE28 0BE.**

### **Competition Schedule**

**Sunday 27th<sup>th</sup> July**

<b>Session</b>	<b>Weigh In / Start</b>	<b>Category</b>	<b>Session Total</b>
1	08:00 – 09:00 / <b>10:00</b>	Age Group Girls (All Ages & Weight Cats)	8
2	09:45 – 10:45 / <b>11:45</b>	Age Group Boys (All Ages & Weight Cats)	11
3	11:30 – 12:30 / <b>13:30</b>	Senior Women (All Weight Cats)	14
4	13:30 – 14:30 / <b>15:30</b>	Senior Men (All Weight Cats)	12

**DRAFT subject to change**

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