

Personal Funding

British Weight Lifting is supported financially by Sport England and UK Sport. Funding is provided to help British Weight Lifting deliver sporting outcomes in Olympic Weight Lifting and Para-Powerlifting across the United Kingdom.

To find out more about how British Weight Lifting is working to enhance participation and performance in Olympic Weight Lifting and Para-Powerlifting [contact our team](#).

Sport England



Sport England funding is designed to help people and communities across the country create sporting habits for life. This is done by investing in key partners to deliver specific objectives and outcomes. British Weight Lifting is tasked with encouraging more people to take part, and participate regularly in Olympic Weight Lifting and Para-Powerlifting, as well as creating opportunities for people to

excel at their chosen sport.

For more information, visit the Sport England [website](#)

UK Sport



UK Sport is the leading body for high performance sport in the UK. It invests funds in Britain's best Olympic and Paralympic sports and athletes to maximise their chances for success on the world stage.

Funding from UK Sport allows British Weight Lifting to help our most talented athletes achieve their potential. This includes providing world class coaching, sports science and medicine, international training and competition and access to appropriate training facilities.

For more information, visit the UK Sport [website](#)

County Sports Partnerships



County Sports Partnerships are based in the different Counties of England. These organisations are used to help sports apply for funding to Sport England programs such as Sportivate, Satellite Club funding and Coaching Bursaries to name a few.

For further details: <http://www.cspnetwork.org/>



Sports Coach UK also have a great up to date database of funding options for coaches in the various regions of the UK. Below we'll be going through the main 'Coaching Bursary' but we always advise coaches to look at SportsCoachUK's documents to find the unique funding options for their areas. The link below will take you to the funding page.

<http://www.sportscoachuk.org/resource/funding-opportunities-coaching-guide>

Coaching Bursaries

Coaching Bursaries can be found through many different avenues, however we will explain two of the most common avenues.

County Sports Partnerships (CSPs)

The CSP is your local link into Sport England/local authority funded coaching grants to help sports coaches become qualified. The structure that is in place for these grants is strict. The application must come through your BWL Regional Office for approval before going to the CSP. Once done the CSP will either approve/deny the application and sent on to Sport England.



Criteria

Once approved there are certain aspects to the application form that must be completed before you are assigned the grant. Generally most CSPs require that you give 6 hours of volunteer coaching at a club and have it signed off online. This will allow for the grant amount to be deposited into the club bank account, it will NOT be put into an individual's account. Grants range from 50% – 75% of the total course cost.

Sponsorise.Me



Sponsorise.Me is a Crowdfunding source for weight lifting clubs to access. Crowdfunding is the ability to leverage your community to raise funds. You've probably seen, or even supported, crowdfunding projects for things like music, clothes or cool gadgets.

Now Sponsorise.me is bringing this popular model to the world of sports, helping athletes and team to finance things like equipment, training or travel in exchange for unique rewards.

Sports Aid



Since 1997, SportsAid has focused on giving awards to athletes from around 50 able-bodied and 25 disability sports. These athletes compete in national squads and the SportsAid Awards, generally worth between £500 and £1,000, help with costs such as travel, training, accommodation, competition fees and equipment.

BWL nominations 2016-17:

This selection policy has been created in line with British Weight Lifting's (BWL) aims of providing opportunities for talented lifters who demonstrate the necessary characteristics and potential to contribute towards future Olympic and Paralympic Games selection and medal at major age group and senior international championships. The policy is to focus Sports Aid awards towards those lifters who it is likely will shortly face increased costs due to developing through BWL talent pathway, as there are increasing /competition demands/costs at this challenging period. Most SportsAid recipients will only receive a grant for one year but there is some flexibility to select lifters on an on-going basis where we receive sufficient places from Sports Aid which we will use to endeavour to support the most successful youth to u23 weightlifters and Para Powerlifting performance foundations.

Level of support

Grant values are approximately £500 each, but some may be slightly less or occasionally enhanced by local partnerships or additional SportsAid support.

Length of Award: Annual

Description

BWL uses its discretion to make nominations and in doing so applies the following selection rationale for SportsAid awards:

- To target the funding at the top ranked elite young weightlifters and para performance foundations lifters, who are part of BWL area or national Talent Pathway Programmes.
- Support those lifters who have displayed the necessary commitment and engagement to attend training squads, internationals and demonstrated the desire to win medals at international competitions
- Target those lifters who based on progress and performance trajectory have the greatest potential to win future Commonwealth, Olympic and Paralympic medals.

Eligibility

- A citizen of the United Kingdom and hold a valid British passport

- In case of multiple citizenship, the athlete must not have represented another country within a period of 12 months
- A current member of BWL, not in dispute with BWL and / or its affiliated bodies or partners
- Compliant with the BWL Anti-doping Controls and Procedures
- Weightlifting – Aged 13-23 years, Powerlifting – Aged 15+

Nomination Process

Nominations are made by BWL at the end of November annually. All successful athletes will be contacted by SportsAid informing them of their nominations. Athletes are not able to apply directly to SportsAid for a SportsAid award. All nominations are made centrally by BWL.

What you need to do now:

Nothing – nominations are made centrally and you will be contacted directly if you are successful in receiving a nomination.

Weight Lifting Foundation (WLF)



BWL recognises the WLF as the official recognised Charity for Weight Lifting designed to help assist Weight Lifting clubs to buy capital equipment, assist clubs to travel to competitions, and recognise the achievements of young lifters by rewarding outstanding performances. The Foundation also supports the promotion and financing of youth competitions and donates and lends essential equipment to Clubs.

Funds for Weightlifting

The WLF offers a financial award of £25 to any young Olympic Weightlifter (under 19 on 1st January of the year of the performance) who makes a personal best in an international IWF/EIF approved competition, or a British Record in a National BWL championship. The application form can be found at britishweightlifting.org/downloads/WLF-Application-For-PB.PDF. It gives full details of how and to whom to apply.

The WLF also gives grants to BWL registered clubs which have clear plans to develop under 19 (defined as above) Olympic Weightlifters. Typical claims have been for junior barbells, weightlifting shoes and travel sums awarded have varied from £30 to well over £12000 for exceptional projects. Such claims are limited to one in a calendar year. The application form can be found at britishweightlifting.org/downloads/WLF-Application-For-Funding.pdf which gives all the details of how and to whom applications must be made.

Funds for IPC Powerlifting

The WLSF has a key role in helping and developing the next generation of IPC powerlifters. The WLF offers grants to those clubs and individuals which are in membership of BWL to

develop the sport of IPC powerlifting. The grants can be for a variety of things related to the sport. The application form and whom to apply to can be found at britishweightlifting.org/downloads/WLF-Application-For-Funding.pdf.

The WLSF offers a financial award of £25 to any IPC powerlifter in membership of BWL who makes a personal best in an international IPC competition, or a British Record in a National BWL championship. The application form can be found at britishweightlifting.org/downloads/WLF-Application-For-PB.PDF.

It gives full details of how and to whom to apply.

The work of the WLF

The WLF in 2015 has funded in part the BWL performance team and in particular those talented young athletes on the way up. To read about their success go to the following [link](#).

It produces 3 newsletter bulletins every year. If you want to receive a copy of the newsletter click here.

For the latest copy of the WLF newsletter please [click here](#)