



FINAL\_v6  
24.03.2021

### Manchester 2021 Para Powerlifting World Cup

Thursday 25 March 2021																			
Day 1		Gender	Category	Number of Ceremonies	Total Athletes	Group	Equipment Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event						Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish
1	1	FEMALE	Up to 41kg & 45kg	2	7	A	09:00	09:25	09:05	09:35	10:10	10:30	10:55	11:00	11:45	11:50	12:00	12:00	12:30
				S	2 Victory Ceremonies: up to 41kg (G,S,B), up to 45kg (G,S,B)														
2	2	FEMALE	Up to 50kg	2	5	A	10:55	11:25	11:00	11:35	12:10	12:30	12:55	13:00	13:35	13:40	13:50	13:50	14:10
				J,S	2 Victory Ceremonies: up to Jr 50kg (G) by Minus 1, up to 50kg (G,S,B)														
3	3	FEMALE	Up to 55kg	2	4	A	12:55	13:05	13:00	13:15	13:50	14:10	14:35	14:40	15:15	15:20	15:30	15:30	15:50
				J,S	2 Victory Ceremonies: up to Jr 55kg by MQS (41kg) (G), Senior up to 55kg (G,S,B)														
4	4	MALE	Up to 49kg	2	6	A	14:25	14:45	14:30	14:55	15:30	15:50	16:15	16:20	17:00	17:05	17:25	17:25	17:45
				J,S	2 Victory Ceremonies: Junior 49kg (G) by MQS (61kg), Senior up to 49kg (G,S,B)														
5	5	MALE	Up to 54kg	2	6	A	16:20	16:40	16:25	16:50	17:25	17:45	18:10	18:15	18:55	19:00	19:10	Deep Clean	
				J,S	2 Victory Ceremony: Junior 54kg (G) by minus 1 Rule, Senior up to 54kg (G,S,B)														

Friday 26 March 2021																			
Day 2		Gender	Category	Number of Ceremonies	Total Athletes	Groups	Equipment Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event						Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish
4	6	MALE	Up to 59kg	2	5	B	07:50	08:25	07:55	08:35	09:10	09:30	09:55	10:00	10:35			10:35	10:55
				J, S	2 Victory Ceremonies: up to 59kg Jr (G) by MQS (74kg); up to 59kgSr (G,S,B)														
5	7	FEMALE	Up to 61kg	1	7	B	11:05	11:30	11:10	11:40	12:15	12:35	13:00	13:05	13:50	13:55	14:00	14:00	14:20
				S	1 Victory Ceremonies: up to 61kg (G,S,B)														
6	8	FEMALE	Up to 67kg	2	8	A	12:50	13:15	12:55	13:25	14:00	14:20	14:45	14:50	15:45	15:50	15:55	15:55	16:15
				J,S	2 Victory Ceremonies: up to 67kg Jr (G) by Minus 1 Rule, up to 67kg (G,S,B)														
9	9	MALE	Up to 65 kg	2	5	A	14:55	15:10	15:00	15:20	15:55	16:15	16:40	16:45	17:20	17:25	17:35	17:35	17:55
				J,S	2 Victory Ceremonies: up to 65kg Jr (G) by MQS (81kg) and up to 65kg (G,S,B)														
10	10	MALE	Up to 72kg	2	9	A	16:20	16:50	16:25	17:00	17:35	17:55	18:20	18:25	19:25	19:30	19:40	Deep Clean	
				J,S	2 Victory Ceremonies: up to 72kg Jr (G) MQS (72kg), up to 72kg (G,S,B)														

Saturday 27 March 2021																			
Day 3		Gender	Category	Number of Ceremonies	Total Athletes	Groups	Equipment Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event						Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish
7	11	MALE	Up to 80kg	1	8	A	09:00	09:25	09:05	09:35	10:10	10:30	10:55	11:00	11:55	12:00	12:05	12:05	12:25
				S	1 Victory Ceremony: up to 80kg (G,S,B)														
8	12	FEMALE	Up to 73 & 79kg	2	8	B	11:00	11:25	11:05	11:35	12:10	12:30	12:55	13:00	13:55	14:00	14:10	14:10	14:30
				S	2 Victory Ceremonies: up to 73kg (G,S,B) and up to 79kg (G,S,B)														
9	13	MALE	Up to 88 & 97kg	2	4	A	13:15	13:25	13:20	13:35	14:10	14:30	14:55	15:00	15:35	15:40	15:50	Deep Clean	
				S	2 Victory Ceremonies: up to 88kg (G,S,B) and up to 97kg (G,S,B)														

Sunday 28 March 2021																			
Day 4		Gender	Category	Number of Ceremonies	Total Athletes	Groups	Equipment Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event						Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish
10	11	MALE	Up to 107kg	1	5	B	08:10	08:25	08:15	08:35	09:10	09:30	09:55	10:00	10:35	10:40	10:45	10:45	11:05
				S	1 Victory Ceremony: up to 107kg (G,S,B)														
11	12	FEMALE	Up to 86 & Over 86kg	1	7	A	09:35	10:00	09:40	10:10	10:45	11:05	11:30	11:35	12:20	12:25	12:30	12:35	12:55
				S	1 Victory Ceremony: Over 107kg (G,S,B)														
11	12	FEMALE	Up to 86 & Over 86kg	2	8	A	11:25	11:50	11:30	12:00	12:35	12:55	13:20	13:25	14:05	14:10	14:15	14:25	14:45
				S	2 Victory Ceremonies: up to 86kg (G, S,B) and over 86kg (G,S,B)														

MIXED TEAM EVENT																		
Day 4		Category	Number of Teams	Groups	Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Blackout cleaning				
Session	Event				Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish	Start
Knock out	Mixed Team Event		4	A	13:00	13:25	13:05	13:35	14:10	14:30	14:45	15:00	15:25					
Session	Gender	Category	Number of Teams	Group Division	Athletes Presentation		Competition		Start	Finish	Start	Finish						
Third Place	Mixed Team Event		2	B	15:30		15:45		16:00	16:15								
Final	Mixed Team Event		2	A	16:20		16:35											
1 Medal Ceremony Mixed Teams (G,S,B) @ 16:40																		
TEAM THROPHY @ 17:00 (Team 1st Place)																		
														Deep Clean				