

BRITISH WEIGHT LIFTING SELECTION POLICY

COMPETITION: 2019 IPC WORLD PARA-POWERLIFTING WORLD CHAMPIONSHIPS
(SENIOR AND JUNIOR CHAMPIONSHIPS)

COMPETITION DATES: 12TH JULY 2019 - 20TH JULY 2019

LOCATION: ASTANA, KAZAKHSTAN

Contents

OVERVIEW	2
1. GREAT BRITAIN ELIGIBILITY	3
1.1. WCP Athlete Eligibility Requirements.....	3
1.2. Non-WCP Athlete Eligibility Requirements	4
2. GREAT BRITAIN MINIMUM QUALIFYING TOTALS.....	4
3. GREAT BRITAIN SELECTION.....	5
3.1. Process Overview.....	5
3.3. Non-WCP Athlete Selection	6
3.4. Selection Panel.....	6
4. Time Line of Critical Events	6
5. GREAT BRITAIN CONFIRMATION OF FITNESS	7
5.1. Pre-Selection	7
5.2. Post Selection.....	8
6. GREAT BRITAIN DE-SELECTION	8
7. GREAT BRITAIN OBLIGATIONS	9
8. GREAT BRITAIN APPEALS	9
9. KEY COMPETITION DATES	9

OVERVIEW

The 2019 World Para Powerlifting (WPP) Junior and Senior World Championships will take place in Astana, Kazakhstan, between July 12th and 20th 2019.

This selection policy has been created in line with British Weight Lifting's (BWL) UK Sport funded mission of sending British Powerlifters to the 2020 Paralympic Games with the potential to win 1-2 medals.

This selection policy will support World Class Program (WCP) members in establishing their eligibility for Tokyo 2020 by satisfying the International Paralympic Committee (IPC) Paralympic Qualification Pathway outlined by IPC World Para Powerlifting. Aligned with the WPP Paralympic Qualification Pathway attending this competition is the third **mandatory competition** in which attendance at maintains eligibility for the Tokyo 2020 Paralympic Games.

This selection policy is designed to fully support members of the WCP at the time of selection.

This selection policy will support non-WCP athletes who have demonstrated the potential to qualify for the Tokyo Paralympic games by the end of the qualification period or are on track to contribute to funding targets in the next Paralympic cycle and qualify for the Paris 2024 Paralympic Games.

This selection policy will facilitate participation for both senior and junior athletes aligned with the above introductory overview and further details below.

Please be aware this policy is subject to final funding decisions for the 2019 to 2020 financial year. Any updates or changes to this policy will be published online at <http://britishweightlifting.org/>. Any queries can be sent to tom.whittaker@britishweightlifting.org.

1. GREAT BRITAIN ELIGIBILITY

1.1. WCP Athlete Eligibility Requirements

To be considered to represent Great Britain at the 2019 IPC World Para-Powerlifting World Championships, WCP members, at the time of selection, must satisfy the following for the BWL WCP to fund participation;

- 1.1.1. Be a member of the BWL WCP; In addition;
 - 1.1.1.1. Have a competition plan that has identified this event as part of their development strategy for 2019
 - 1.1.1.2. Have a current performance profile which meets agreed WCP performance objectives
 - 1.1.1.3. There must be evidence the athlete has adhered to the WCP membership obligations
- 1.1.2. Be a citizen of the United Kingdom and hold a valid British passport that expires at least 6 months after the day of departure
- 1.1.3. Be a current member of British Weight Lifting (BWL), in good standing and not in dispute with BWL and/or its affiliated bodies or partners
- 1.1.4. Compliant with BWL's Anti-Doping Controls and Procedures at BWL's discretion and direction
- 1.1.5. Athletes must satisfy IPC eligibility rules and be able to obtain or hold an IPC License for the 2019 Summer Season
- 1.1.6. Have gone through and been successful at National Classification assessment and/or International Classification assessment with either confidence in being successful at assessment or having achieved a 'confirmed' or 'review' sport status for 2019 with respect to the latter
- 1.1.7. Expressed their desire to be considered for this event prior to the 28/02/2019 via email to tom.whittaker@britishweightlifting.org
- 1.1.8. Have competed in an approved IPC World Para Powerlifting or BWL domestic competition between 01st May 2018 and 14th April 2019
- 1.1.9. Have met the BWL Minimum Qualifying Standards (MQS) in a given weight class for this competition (Section 2) * within the time period described in Section 1, point 1.1.8.

*In accordance with IPC rules and regulations, athletes may be entered into a weight class that they did not qualify in when specific entry and team size rules and regulations can apply. These rules may be utilised by BWL during the selection process at their discretion if doing so increases the likelihood of meeting UK Sport annual performance milestone targets or winning medals at the 2020 Tokyo Paralympic Games. British Weight Lifting will take into consideration athletes' preferences but will select athletes for weight classes that increase the likelihood of athletes finishing in the highest position wherever possible and/or contributes to a better overall team performance.

† BWL, at their discretion will consider reasons and evidence for not competing within the necessary time frame, having minimal performance data to consider or not satisfying other

selection criteria completely. Reasons and evidence must be submitted to Tom Whittaker by email prior to 18/03/2019.

Please be aware for some athletes the Spring Open 2019 may be the last opportunity to meet these selection policy requirements ahead of entries being submitted.

1.2. Non-WCP Athlete Eligibility Requirements

To be considered to represent Great Britain at the 2019 IPC World Para-Powerlifting World Championships, athletes not holding membership to the BWL WCP at the time of selection must satisfy the following criteria in order to be considered;

- 1.2.1. Satisfy the eligibility requirements in section 1; 1.1.2. – 1.1.9.

2. GREAT BRITAIN MINIMUM QUALIFYING TOTALS

SENIOR AND JUNIOR MEN

Weight Class	49	54	59	65	72	80	88	97	107	107+
Senior MQS (KG)	119	126	136	147	155	161	167	172	182	187
Junior MQS (KG)	90	98	106	117	125	131	137	142	152	157

SENIOR AND JUNIOR WOMEN

Weight Class	41	45	50	55	61	67	73	79	86	86+
Senior MQS (KG)	60	68	76	79	81	83	84	89	91	92
Junior MQS (KG)	45	53	61	64	66	68	69	74	76	78

3. GREAT BRITAIN SELECTION

3.1. Process Overview

- 3.1.1. The selection panel will convene to provisionally select athlete's week beginning the 18/03/2019, aligned with IPC entry rules and regulations and this selection policy
- 3.1.2. All athletes who have achieved the BWL MQS during the selection period (see section 1, point 1.1.8.) and satisfied the eligibility criteria will be considered for selection
- 3.1.3. At the time of selection, the selection panel may choose to:
 - 3.1.3.1. Provisionally select
 - 3.1.3.2. Provisionally not select and set a performance target that must be achieved at the Spring Open or;
 - 3.1.3.3. Not select for this event
- 3.1.4. Further conditions for any athlete may be set prior to departure as part of confirmation of fitness and maintenance of selection procedures.
- 3.1.5. BWL, at their discretion reserve the right to select an athlete who has not met all the necessary criteria should it support the Tokyo 2020 objective of winning 1-2 medals directly or indirectly.

3.2. WCP Athlete Selection

- 3.2.1. Athletes who are current members of the BWL WCP at the time of selection will be provisionally selected having satisfied the eligibility criteria in section 1 (1.1.)
- 3.2.2. The selection panel will consider several selection criteria, including but not limited to:
 - 3.2.2.1. Membership status on the WCP
 - 3.2.2.2. Development trajectory; potential to medal at the 2020 Tokyo Paralympic Games
 - 3.2.2.3. Development trajectory; potential to qualify for the 2020 Tokyo Paralympic Games
 - 3.2.2.4. Having a competition plan that has identified this event as part of their development strategy for 2017
 - 3.2.2.5. Injury status, history and evidence the athlete has managed their health well in the last 12 months
 - 3.2.2.6. Having a current performance profile which meets agreed WCP performance targets and program objectives
 - 3.2.2.7. Evidence the athlete has adhered to WCP membership obligations

All athletes will receive verbal confirmation. A selection agreement shall follow by email which athletes must sign and return to confirm selection and their understanding of the grounds on which selection is confirmed and continued selection is maintained (see sections 5, 6, 7).

3.3. Non-WCP Athlete Selection

- 3.3.1. Non-WCP athletes who achieve the MQS within the BWL qualification period may be provisionally selected having satisfied the relevant eligibility criteria identified in Section 1 (1.2.).
- 3.3.2. The selection panel will consider several selection criteria, including but not limited to:
 - 3.3.2.1. Development trajectory; considering the predicted performance level at the time of competition
 - 3.3.2.2. Development trajectory; considering the likelihood of winning a medal at the 2020 Tokyo Paralympic Games
 - 3.3.2.3. Development trajectory; considering the likelihood of contributing to annual funding targets in the next Paralympic cycle
 - 3.3.2.4. Age profile and injury history
 - 3.3.2.5. Time spent competing in the sport
 - 3.3.2.6. Confidence that inclusion in the team will not negatively impact the preparation and performance of other athletes and/or staff delivery
 - 3.3.2.7. Self-funding will not be permitted for this event

All athletes will receive verbal confirmation followed by a selection agreement which shall be sent by email. Non-WCP athletes must sign and return this agreement to confirm selection and their understanding of the grounds on which selection is confirmed and continued selection is maintained (section 5, 6, 7). Details regarding returning the agreement will be outlined within this selection agreement.

3.4. Selection Panel

- 3.4.1. The selection panel will be chaired by a member of the BWL High Performance Committee and include the BWL Powerlifting Performance Director and one member of the BWL High Performance Committee or WCP
- 3.4.2. All conflicts of interest will be declared and in the event of a conflict, the chair of the selection panel will determine whether the conflicted individual can take part in the selection discussion. A conflicted individual will not vote on that selection but may participate in the general selection discussion
- 3.4.3. BWL's UK Sport Performance Advisor may attend the selection meeting in a non-voting capacity

4. Time Line of Critical Events

- 4.1. Publication of selection policy on the **11th February 2019**
- 4.2. Athletes confirm intention and ambition to qualify for the World Championships by the **28th February 2019**
- 4.3. The selection panel will convene **week beginning the 18th March** to provisionally select eligible athletes based on this policy

- 4.4. BWL qualification period ends **week beginning 18th March**. For those who are set performance targets at the Spring Open qualification will end on the **14th April 2019**
- 4.5. By the **22nd March** athletes will be notified by telephone as to whether they have been provisionally selected pending any appeals. All selected athletes will receive a selection agreement outlining the conditions of their selection which will need to be returned to Tom Whittaker at tom.whittaker@britishweightlifting.org. All non-selected athletes have the right to appeal but may be provided with a performance target which would secure selection should it be achieved at the Spring Open. A selection agreement will follow should selection be granted after performance at the Spring Open. There is no scope for appeal should this performance target not be achieved at the Spring Open
- 4.6. The appeal period begins the day after athletes are informed about provisional selection decisions week beginning the 18th March. The deadline for appeal submission is **28th March**. An application can be requested from the BWL office and must be submitted with payment of £250.00 to cover administration and process costs
- 4.7. On the **29th March** provisionally selected athletes will be informed if they could be affected by any of the appeal submissions
- 4.8. The appeals panel will convene week beginning the **1st April**
- 4.9. Immediately after the appeal panel convenes, athletes who have appealed will be notified by phone as to whether they have been successful and anyone else impacted by the appeal processes will be notified regarding the outcome and its impact on their selection status. All athletes who submitted an appeal will receive a letter confirming the outcome of the appeals process
- 4.10. Any necessary selection agreements that need to be sent in the event of a successful appeal will be delivered via email
- 4.11. The **8th April** is the deadline for athletes to have signed and returned their selection agreement to Tom.Whittaker@britishweightlifting.org
- 4.12. By the **15th April** BWL will complete final entries by name and make payment to the IPC upon being invoiced thereafter
- 4.13. Departure for the 2019 World Para Powerlifting World Championships will be the 9th or 10th July (To be confirmed)
- 4.14. The team will return in 2-3 waves supported by staff (To be confirmed)

Any update to this time line of critical events will be disclosed immediately to all athletes and published on line.

5. GREAT BRITAIN CONFIRMATION OF FITNESS

5.1. Pre-Selection

- 5.1.1. Prior to selection any athlete who has satisfied eligibility requirements but has or there is any doubt surrounding their current performance potential may, where deemed appropriate by the BWL Performance Director be required to undergo physical testing to provide further information for consideration. Any performance

or medical review would be performed by a member of the BWL WCP performance team and/or a Doctor identified by the Performance Director. The performance test would be the Bench Press to IPC competition rules.

- 5.1.2. Any decision not to consider an athlete on grounds of ill health or injury having satisfied eligibility requirements will be confirmed in writing to the athlete after verbal communication by BWL.

5.2. Post Selection

- 5.2.1. At the request of BWL all selected athletes may undergo or have requested of them reasonable medical assessments or physical testing to ensure performance levels are maintained to perform appropriately and to the best of their ability at this competition.
- 5.2.2. BWL is entitled to request any reasonable method to determine a level of good health and high-performance capability, which may include but is not limited to; General Practitioner review, musculo-skeletal assessments, body weight/composition assessment, performance testing and meetings.

6. GREAT BRITAIN DE-SELECTION

- 6.1. Prior to departure, BWL retains the right to de-select any athlete under circumstances such as;
 - 6.1.1. Illness, injury or not fit to travel abroad and compete at the level they qualified at
 - 6.1.2. Non-compliance with post selection fitness testing or requests to prove/establish good health
 - 6.1.3. Any doping infringement incompatible with BWL Anti-Doping policies and procedures
 - 6.1.4. Violation of any agreed schedule of contact
 - 6.1.5. Nondisclosure of training related information that may contribute to the development of competition strategy or whether the athlete is on track to perform as agreed at the time of selection
- 6.2. If de-selection occurs the athlete will be informed verbally and in writing to explain the decision-making process. BWL will send the information via email.

7. GREAT BRITAIN OBLIGATIONS

- 7.1. All selected athletes will be required to;
 - 7.1.1. Sign a selection letter of agreement which confirms the athletes understanding of the grounds on which selection and the maintenance of selection is maintained
 - 7.1.2. Attend agreed team camps, training days or activities prior to the competition
 - 7.1.3. Adhere to specified travel dates established by BWL
 - 7.1.4. Athletes will compete in the bodyweight category chosen by BWL. Aligned with UK Sport funding milestone targets
 - 7.1.5. Wear appropriate apparel as specified by BWL at all camps, events and the competition
 - 7.1.6. Establish an agreed performance target with the BWL Performance Director for this event
 - 7.1.7. Inform the BWL Performance Director immediately should their preparation be interrupted in any way after selection
 - 7.1.8. Submit training and bodyweight information as requested by BWL
 - 7.1.9. Continually develop a social profile which reflects well on themselves and the sport domestically and internationally
- 7.2. Any changes to this time-line will be published on line and/or sent to athletes individually

8. GREAT BRITAIN APPEALS

- 8.1. Athletes have the right to appeal their non-selection in accordance with the BWL Appeals Policy. A copy can be obtained by contacting the BWL main office. Appeals may be only made on the grounds that the procedure outlined in this policy has not been adhered to
- 8.2. The notice of appeal must be accompanied by payment of £250, payable to BWL as a contribution to administrative costs associated with processing any appeal.

9. KEY COMPETITION DATES

- 9.1. Departure from the UK on 9th or 10th July 2019
- 9.2. Classification takes place on the 10th and 11th July 2019
- 9.3. 2019 Junior World Championships takes place on the 12th July 2019
- 9.4. 2019 Senior World Championships takes between the 12th and the 20th July 2019
- 9.5. Athlete will return in waves with support staff (To be confirmed)

Appendix A – Visual display of critical events timeline

