

## Olivia Broome



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**Gym / Club:** Loughborough University

**DOB** 13.06.2001

**Hometown** Chorley

**Category** Women's up to 50kg

### **How did you originally get involved in the sport?**

My sister was actually the one who got me involved, she did some volunteering for the #discoveryourgold talent ID with UK Sport, and one night she came home and told me and my parents about it and suggested that I try it. My mum then took me down to Loughborough university for the day and that's where it all started.

### **What do you enjoy most about Para Powerlifting?**



I enjoy the gym atmosphere and the team we have a lot of laughs in training but we also motivate each other in our lifting. I also enjoy seeing myself getting stronger each week.

**What is the best competition you have competed in so far and why?**

My best competition to me is the World Cup in Georgia in May 2021, where I broke a British record and a junior world record

**What are your long-term sporting goals?**

To win a medal at the world championships and the Paralympic Games.

**What is your main motivation?**

Getting stronger is big motivation for me, I like pushing my body to see how strong I can get. Also going to a Paralympic Games is something that I've wanted to achieve since I was younger.

**What music / artists do you like listening to?**

I listen to a lot of classic rock and alternative, I grew up with bands such as AC/DC, led zeppelin, red hot chilli peppers being played in the car or around the house so that influenced what I listen too now.

**Which sports teams or athletes do you follow / support outside of Para Powerlifting?**

I always tend to watch any Paralympic sport, and other major championships. Being raised in a household of rugby, cricket, and F1 fans has influenced the sports I tend to watch, particularly during the rugby internationals.

**What are is your TV show / film?**

I'm currently spending a lot of my time watching Schitt's Creek on Netflix

I'm also a huge marvel fan, so I'm also watching their new series and movies when they come out.

**What is your favourite food?**

I'll always say pizza is my favourite food, it's a staple after any competition for me.

**What is your favourite animal?**

I'm a massive dog person, I think that comes from having one for most of my life. I keep saying that once I finish university and have a place of my own the next step is getting a dog.

**What are your favourite hobbies and interests?**

I play a lot of video games, and I draw quite a bit and I've just picked up reading again

**If you could describe yourself in three words, what would they be?**



BRITISH  
WEIGHT  
LIFTING

Focused, funny, and feisty

### Career Highlights

-  European Junior Champion (2018)
-  Gold Eger World Cup (2019)
-  Silver Tbilisi World Cup (2021)
-  Silver Manchester World Cup (2021)
-  Bronze Paralympic Games (2021)
-  Bronze Manchester World Cup (2020)
-  World Junior Record Holder