



**BRITISH
WEIGHT
LIFTING**

Nicholas Slater

2 x Paralympic Silver Medallist

Paralympic Bronze Medallist

World Medallist



Nicholas Slater is a three times Paralympic Medallist & multiple European Champion

He won silver at Seoul 1988 and Barcelona 1992 Olympics.

In 1995, he won gold in the European Championships to supplement the British titles already won and several World Paralympic medals. One year later he finished fourth at Atlanta 1996.

Slater set a new world record at the 1999 European Championships held in Budapest in the 100kg class by lifting an incredible 235 kilograms.

In his final Olympic appearance Slater won a bronze medal at Sydney 2000.