



**BRITISH
WEIGHT
LIFTING**

Myrddin John MBE

General Secretary of the Wales Weightlifting Federation

Attended 11 Commonwealth Games

Attended 11 Olympic Games

Commonwealth Games Council Chief (1982 – 2005)

IWF Vice President & CWF Vice President



Myrddin John was General Secretary of Weightlifting Wales from 1966 to 2013.

As an athlete he competed as a weightlifter at the 1958 British Empire and Commonwealth Games.

In his Welsh role he served as a coach, manager and chef de mission, attending 11 Commonwealth and 11 Olympic Games in various capacities before retiring.

He was the Commonwealth Games Council Chief 1982-2005 and had also served as IWF Vice President & CWF Vice President.

He was awarded an MBE by the Queen in 1983 for his services to sport.