

# British Men's Senior Records



Category	Record	Holder	Date	Event	Location
-49kg	141kg	Adam Alderman	19-01-2013	UK Open	Folkestone, GBR
-54kg	163kg	Ali Jawad	23-05-2013	European Championships	Alexin, RUS
-59kg	194kg	Ali Jawad	02-08-2014	Commonwealth Games	Glasgow, GBR
-65kg	195kg	Ali Jawad	28-05-2015	British Championships	Coventry, GBR
-72kg	192kg	Micky Yule	25-02-2016	IPC World Cup	Kuala Lumpur, MAS
-80kg	195kg	Micky Yule	16-07-2017	British Championships	Coventry, GBR
-88kg	165kg	Brett Leahy	08-04-2017	Para Spring Open	Tidworth, GBR
-97kg	172kg	Chris Rattenbury	07-06-2014	British Open	Stoke Mandeville, GBR
-107kg	190kg	Paul Efayena	19-01-2013	British Open	Folkestone, GBR
+107	196kg	Paul Efayena	15-02-2014	UK Open	Folkestone, GBR