## BRITISH WEIGHT **MEN'S 56kg PERFORMANCE FUNNEL** Typical age of Olympians: 22 to 28 years old LIFTING Medal Zone Top 8 Zone 290 280 270 **10tal (kg)** 260 250 250 240 230 220 -7 -6 -5 -2 Olympic -8 -4 -3 -1 Games

Years from Olympics