

# British Men's U23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
<b>55</b>	Snatch	93	Benjamin Hickling	30 July 2022	Commonwealth Games	Birmingham, GBR
	Clean & Jerk	119	Benjamin Hickling	30 July 2022	Commonwealth Games	Birmingham, GBR
	Total	222	Benjamin Hickling	30 July 2022	Commonwealth Games	Birmingham, GBR
<b>61</b>	Snatch	100	Benjamin Hickling	5 August 2023	British Championships	Manchester, GBR
	Clean & Jerk	121	Kieran Stiles	13 April 2019	British University & College Championships	Twickenham, GBR
	Total	223	Benjamin Hickling	5 August 2023	British Championships	Manchester, GBR
<b>67</b>	Snatch	118	Michael Farmer	13 April 2019	British University & College Championships	Twickenham, GBR
	Clean & Jerk	146	Michael Farmer	11 July 2019	Commonwealth Championships	Apia, SAM
	Total	261	Michael Farmer	11 July 2019	Commonwealth Championships	Apia, SAM
<b>73</b>	Snatch	134	Michael Farmer	11 December 2021	Welsh Championships 2021	Bangor, GBR
	Clean & Jerk	163	Michael Farmer	11 December 2021	Welsh Championships 2021	Bangor GBR
	Total	297	Michael Farmer	11 December 2021	Welsh Championships 2021	Bangor GBR
<b>81</b>	Snatch	143	Chris Murray	26 June 2021	British Championships	Twickenham, GBR
	Clean & Jerk	175	Chris Murray	24 April 2022	Commonwealth Games Trials	Brunel U GBR
	Total	315	Chris Murray	24 April 2022	Commonwealth Games Trials	Brunel U GBR

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<b>89</b>	Snatch	142	Stefano Cataldi	29 Oct 2022	England Championships	Derby, GBR
	Clean & Jerk	180	Stefano Cataldi	29 Oct 2022	England Championships	Derby, GBR
	Total	322	Stefano Cataldi	29 Oct 2022	England Championships	Derby, GBR
<b>96</b>	Snatch	135	Stephen Bestman	30 Oct 2022	England Championships	Leeds, GBR
	Clean & Jerk	181	Myren Madden	10 December 2023	England Championships	Birmingham, GBR
	Total	307	Stephen Bestman	30 Oct 2022	England Championships	Leeds, GBR
<b>102</b>	Snatch	143	Omar Keshta	03 October 2021	European U23 Championships	Rovaniemi, FIN
	Clean & Jerk	186	Omar Keshta	03 October 2021	European U23 Championships	Rovaniemi, FIN
	Total	329	Omar Keshta	03 October 2021	European U23 Championships	Rovaniemi, FIN
<b>109</b>	Snatch	147	Jordan Sakkas	26 June 2021	British Championships	Twickenham, GBR
	Clean & Jerk	189	Jordan Sakkas	30 January 2022	British Championships	Derby Arena GBR
	Total	334	Jordan Sakkas	30 January 2022	British Championships	Derby Arena GBR
<b>109+</b>	Snatch	151	Mackenzie Middleton	27 October 2019	European U23 Championships	Bucharest, ROU
	Clean & Jerk	186	Mackenzie Middleton	27 October 2019	European U23 Championships	Bucharest, ROU
	Total	337	Mackenzie Middleton	27 October 2019	European U23 Championships	Bucharest, ROU