



**MATTHEW
CURTAIN
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**British Weight Lifting
updates**

As the year comes to an end, the weightlifting action has been ramping up as the world's finest weightlifters take to the platform at the IWF World Championships in Bogota, Colombia.

Prior to the competition starting, as an IWF Executive Board Member & Technical Delegate for the Olympic Games 2024, I participated in the joint meeting of the IWF Committees, IWF Technical Committee, IWF Executive Board, and IWF Special Congress.

Should you wish to read more about the meetings, you can do so [here](#).

Moreover, on 10 December I delivered a lecture to the Coach & Research Committee on the mechanics of the Olympic Qualification System, Paris 2024.

Team GBR has delivered a fantastic set of performances so far at the championships, and I look forward to seeing Emily Campbell and Gordon Shaw take to the platform before the competition reaches a conclusion.

As an organisation, we have spent December reflecting on our athlete's fantastic success over the year of 2022 at international competition. Discounting the ongoing IWF World Championships, we are proud to have had 19 athletes secure medals at international events across the sports of weightlifting and para powerlifting, with multiple athletes achieving more than one medal.

I would like to sincerely thank all British Weight Lifting's members, stakeholders, and the home nations for supporting us and allowing us to be in a position to grow and develop. Special mention is also given to UK Sport, Sport England, and the National Lottery for continued funding that we are able to use for high performing athletes and sport development.

Matthew Curtain
CEO