

Meet British Weight Lifting's new Sport Development Manager

# Hannah Bussey

My aim is to help more people take part in weightlifting and strength training, particularly people who haven't thought they could do it before, but who could potentially really benefit.

I know there are already lots of people providing fantastic opportunities to lift, particularly in affiliated clubs. This might be you, and if so I'm really looking forward to getting to know you, learning more about what you do and hopefully working together.

I also hope that more clubs and gyms will join us to help build our community further.

I've worked in sports development for 15 years, and have also played lots of different sports, but strength training is what I enjoy the most. I know the impact that feeling stronger can have on your life, and that's really what motivates me.

Please feel free to contact me at [Hannah.bussey@britishweightlifting.org](mailto:Hannah.bussey@britishweightlifting.org)



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