

Male Development Standards											
Bodyweight Category	Age on 31st December 2019										
	23	22	21	20	19	18	17	16	15	14	13
u49kg (Youth only)							162	156	149	143	138
u55kg	205	199	193	186	180	173	166	160	153	147	141
u61kg	235	228	221	213	206	199	191	183	176	169	162
u67kg	249	241	234	226	218	210	202	194	186	179	172
u73kg	259	251	243	235	227	219	210	201	193	186	178
u81kg	273	265	257	248	240	231	222	213	205	196	189
u89kg	286	277	269	259	250	242	232	223	214	205	197
u96kg	291	282	274	264	255	246	236	227	218	209	201
u102kg	294	285	276	267	257	248	238	229	220	211	202
+102kg (Youth only)							239	229	220	211	203
u109kg	300	291	282	272	263	253					
+109kg	314	304	295	285	275	265					
Required Annual increase in Performance		3%			3.5%			4%			

1. All minimum qualification standards are expressed in Kilograms (Kg)
2. The relevant total must be achieved during the Selection period outlined in the competition selection policy you wish to qualify for.
3. Direct any queries to the [BWL Performance manager](#)