

Male Commonwealth Pathway Standards											
Bodyweight Category	Age on 31st December 2019										
	23	22	21	20	19	18	17	16	15	14	13
u49kg (Youth only)							169	162	156	149	143
u55kg	214	207	201	194	187	181	173	166	160	153	147
u61kg	245	237	230	222	214	207	199	191	183	176	169
u67kg	259	252	244	235	227	219	210	202	194	186	179
u73kg	269	261	253	245	236	228	219	210	201	193	186
u81kg	285	276	268	259	250	241	231	222	213	205	196
u89kg	298	289	280	270	261	252	242	232	223	214	205
u96kg	303	294	285	275	266	256	246	236	227	218	209
u102kg	306	297	288	278	268	259	248	238	229	220	211
+102kg (Youth only)							259	249	239	229	220
u109kg	312	303	294	283	274	264					
+109kg	327	317	308	297	286	276					
Required Annual increase in Performance	3%		3.5%			4%					

1. All minimum qualification standards are expressed in Kilograms (Kg)
2. The relevant total must be achieved during the Selection period outlined in the competition selection policy you wish to qualify for.
3. Direct any queries to the [BWL Performance manager](#)