

British Weight Lifting (BWL)

LA 2028 Olympic Games - Selection Policy

Preface

The Great Britain Weightlifting Team ("the Team") for the Los Angeles (LA) 2028 Olympic Games ("the Games") will be nominated by British Weight Lifting (BWL) to the British Olympic Association (BOA) who will make the final selection. Nominations will be made in accordance with the regulations stated in the BOA-BWL Olympic Participation Agreement (OPA) and determined using the Olympic Games Selection Policy ("the Policy") as laid out below.

BWL feels strongly that any decision to send teams to international competitions in-light of the challenges around the world must be continually reviewed on a case-by-case basis. BWL will continue to review guidance shared by the British Government, UK Sport, Public Health organisations across the UK and other key stake holders to inform our understanding of the risks, challenges and restrictions across both the domestic and international landscape.

If at any stage BWL feel that the safety of athletes or staff could be at risk or insufficient information is available to inform our planning or decision making, then we reserve the right not to send a team to any international event with immediate notice.

Qualification Overview

In accordance with the IWF Qualification system found [here](#), quota places are allocated to individual athletes by name. These are determined by the highest recorded ranking points achieved by the athlete, which will be the sum of their best three (3) total results in Qualification Period 1(QP1) and their best two (2) total results in Qualification Period 2(QP2). These results must be achieved within the same bodyweight category across the IWF Olympic Qualification events below.:

Qualification Period 1

- October 2026 - IWF World Championships 2026 – Ningbo (China)
- December 2026 - IWF World Cup 1 – Doha (Qatar)
- February 2027 - IWF World Cup 2 – Tashkent (Uzbekistan)
- April 2027 - IWF World Cup 3 – Lima (Peru)
- June 2027 - European Games - Istanbul (Turkiye)
- September 2027 - IWF World Championships 2027 – Yerevan (Armenia)

Qualification Period 2

- November 2027 - IWF World Cup 4 – Caracas (Venezuela)
- January 2028 - IWF World Cup 5 – Chiang Rai (Thailand)
- February / March 2028 - EWF European Championships 2028 – tbc ()
- April 2028 - IWF World Cup – Astana (Kazakhstan)

Only 3 quota places for male athletes and 3 quota places for female athletes are available to Great Britain, unless an athlete is announced as the Best Male or Female lifter by the IWF after the final qualification event. Should more than three (3) male and/or three (3) female athletes be eligible for selection at the end of the LA 2028 qualification process, BWL will select which of these athletes will get the quota places based on this Policy.

Athletes must inform BWL by 17:00 on the 1st December 2026 of their intention to be considered for selection for the Games by completing and returning the application form in Appendix A.

Purpose

The Policy has been established to select the best athletes who can secure the highest possible placing in LA 2028 and, as such, has been based on the following premises:

- That athletes selected are those who show the greatest potential to secure the highest possible placing at the Games and have earned a quota spot during the qualification process.
- That BWL will focus efforts to qualify quota places through the ten (10) qualification events.
- All selected athletes must demonstrate appropriate fitness in the months leading up to the Games and must work with the BWL Performance Director, Head of Performance Services, Coaching staff and nominated support staff in all matters designed to assess their fitness to compete to the best of their ability.

The above considerations are not the selection criteria but are included here merely as a guide to the general principles that have been followed in formulating this Policy.

The number of quota places allocated through IWF Olympic qualifying events will dictate the number of places for the Team at the Games. There is a maximum of three (3) quota places for men, and three (3) quota places for women. If the number of British athletes who meet the selection criteria is greater than the maximum number of quota places per NOC, The Selection Panel will submit the three (3) male and/or three (3) female athletes who demonstrate the greatest potential to secure the highest possible placing (outlined later in this document). These athletes will then be nominated by BWL, the selection criteria outlined in this Policy (section 5) will be used to identify the individuals who will be nominated to the BOA. The number of athletes nominated to the BOA will be equal to the number of quota places allocated to Great Britain provided the athletes have met the required selection criteria as outlined in this Policy

BWL reserves the right to amend this Policy where reasonably necessary, including as a consequence of any amendment, clarification or decision made by the IOC, IWF, BOA, or other relevant governing body, or where circumstances arise which were not reasonably foreseeable at the date of publication. Any amendment will be made in consultation with the BOA where appropriate and will not be made retrospectively so as to unfairly disadvantage an athlete. BWL will communicate any material amendment to affected athletes as soon as reasonably practicable and publish the revised Policy on its website.

1. Eligibility

To be considered for selection under this Policy, an athlete must be eligible to represent Team GB under BOA and International Olympic Committee Rules (IOC) and other BWL requirements, including but not limited to:

- 1.1 Being a citizen of the United Kingdom and hold a valid British passport that will not expire for 6 months after the conclusion of the Games
- 1.2 Being a member of good standing of British Weight Lifting and/or its affiliated bodies and eligible to represent Great Britain in International Competitions under the rules of the International Weightlifting Federation (IWF)
- 1.3 Not being subject to any disqualification, expulsion, or suspension or other sanction imposed by: BWL; the athlete's respective National Federation; the IWF; the EWF, IOC and/or any other body competent and recognised by BWL, including under the World Anti-Doping Code.
- 1.4 Meeting the codes of conduct laid out by both British Weight Lifting and the BOA by signing the BWL 'Athlete Agreement' and the BOA 'Team Members' Agreement'.
- 1.5 Having attended an Olympic Qualification induction workshop and display appropriate behaviours at all competitions and training camps in-line with the 'BWL Athlete agreement'.
- 1.6 Having expressed their intention to participate in the selection process to qualify for LA 2028 by completing and returning the Application Form in Appendix A of this policy by 1st December 2026.
- 1.7 All athletes must remain continuously available for Anti-doping testing throughout the entire qualification period (27/07/2026 - 07/05/2028). In addition, athletes are required to provide accurate whereabouts information when requested and be registered on this as soon as the participant confirms their intention to seek nomination for no less than 3 months prior to every qualification event and the Olympic games. Any interruption in availability for testing or failure to comply with whereabouts obligations may result in ineligibility to participate in LA 2028 Olympic Games and consequences as per the applicable IWF Anti-Doping Rules.

- 1.8 Remaining compliant with the BWL and IWF Anti-Doping Controls and complete all necessary Anti-doping education required by the BOA, BWL and IWF including the WADA ADEL E-Learning course [here](#).
- 1.9 Being born on or before 31 December 2013.
- 1.10 Being awarded a quota place by name from the IWF.
- 1.11 Complying with any other IOC and/or BOA eligibility requirements from time to time including (but not limited to) in respect of anti-doping and nationality requirements.
- 1.12 Agreeing to the 'Confirmation of fitness requirements' (see clause 9 of this policy) and any other criteria set out in this Policy, and those contained in the BOA 'Team Members' Agreement.

2. Key Selection Events

The Games Qualification Period will begin on 27th July 2026 and end on the 7th May 2028.

- 2.1. In accordance with the IWF Qualification system (link [here](#)) an athlete must compete in one (1) bodyweight category five (5) times, should they wish to appear on the final IWF rankings for that weight category.

An athlete is deemed to have competed only if they weigh-in and attempt at least one lift on the competition platform in the Snatch or in the Clean & Jerk, whether successful or unsuccessful. In Total-only events, if they attempt at least one Snatch, whether successful or unsuccessful. (as per IWF Technical and competition rules & regulations – found [here](#))

- 2.2. In addition all athletes must compete in no less than three (3) events in qualification period 1 and two (2) events in qualification period 2 from the IWF Olympic qualification events below:

Qualification Period 1

- 2.2.1. October 2026 - IWF World Championships 2026 – Ningbo (China)
- 2.2.2. December 2026 - IWF World Cup 1 – Doha (Qatar)
- 2.2.3. February 2027 - IWF World Cup 2 – Tashkent (Uzbekistan)
- 2.2.4. April 2027 - IWF World Cup 3 – Lima (Peru)
- 2.2.5. June 2027 - European Games - Istanbul (Turkiye)
- 2.2.6. September 2027 - IWF World Championships 2027 – Yerevan (Armenia)

Qualification Period 2

- 2.2.7. November 2027 - IWF World Cup 4 – Caracas (Venezuela)
- 2.2.8. January 2028 - IWF World Cup 5 – Chiang Rai (Thailand)
- 2.2.9. February / March 2028 - EWF European Championships 2028 – City tbc (Country tbc)
- 2.2.10. April 2028 - IWF World Cup – Astana (Kazakhstan)

- 2.3. Athletes who do not participate in three (3) qualification events during QP1 and two (2) qualification events in QP2 will be ineligible in accordance with the IWF Qualification system (Section C.2) found [here](#)

3. Minimum Qualification standards

To be eligible for consideration the totals given below in 3.1 and 3.2 have to be achieved at one of the Olympic Qualification events outlined in 2.2. Achieving the Minimum Qualification Standard (MQS) establishes eligibility for

consideration only and does not guarantee nomination or selection to the Team. The criteria outlined in section 4.4 will determine final Team selection.

3.1. FEMALE

Weight Category (kg)	53	61	69	77	86	86+
Combined total (kg)	187	209	218	225	230	240

3.2. MALE

Weight Category (kg)	65	75	85	95	110	110+
Combined total (kg)	277	319	334	343	367	376

4. Selection Process

The following criteria will help the Selection Panel establish which athletes demonstrate the best potential to secure the highest possible placing at the Games. The Selection Panel will convene during the week beginning 15 May 2028.

4.1. Supporting information - The Selection Panel, who will be provided with access to (without limitation) the following supporting information:

- 4.1.1. A copy of the LA 2028 Olympic Qualification Ranking list (Ranking Points) – created by IWF
- 4.1.2. A copy of the LA 2028 Olympic Qualification Ranking list (Best Total) – created by BWL
- 4.1.3. A copy of the results of each LA 2028 Olympic Qualification event
- 4.1.4. A recommendation for team selection from the BWL Performance Team
- 4.1.5. An Athlete profile which includes
 - a) Best Snatch, Clean & Jerk and Total (kg) during the OQ period
 - b) UKS Performance Trajectory
 - c) A Complete competition History of BWL Sport 80, IWF and EWF events,

In applying the selection criteria set out in section 5, the Selection Panel will consider the supporting information identified above, together with any other information that it reasonably considers relevant to assessing an athlete's potential to achieve the highest possible placing at the Games.

Olympic Qualification Ranking list (Best Total) – for each weight category and gender BWL will generate a ranking based on the best total recorded in LA 2028 Olympic Qualification events, by each athlete who meets the IWF Minimum eligibility criteria (2.1 & 2.2).

4.2. Team Size Restrictions

- 4.2.1. The IWF Maximum team size for this event is three (3) male and three (3) female athletes.
- 4.2.2. In addition to the maximum team size for LA 2028 the IWF will select a Maximum of one (1) best male and one (1) best female lifter.
- 4.2.3. The IWF maximum number of lifters selected in each weight category will not exceed one (1)
- 4.2.4. The LA 2028 Olympic qualification process does not allow NOCs to nominate reserves.

4.3. Weight Category Selection - The IWF deadline for BWL / BOA to confirm the athlete's weight category is 17th May 2028 23:59 CET. In the unexpected event that an athlete is named in more than one Olympic bodyweight category, then BWL shall select the eligible bodyweight category in which the athlete will be nominated having regard to the following criteria:

- 4.3.1. The category in which the athlete demonstrates the greatest potential to secure the highest possible placing at the LA 2028 games

4.3.2. The impact an athlete's selection in any category will have on the total team size.

4.3.3. The athlete's preference

4.4. Team Selection criteria

For the avoidance of doubt, the Selection Panel shall give due consideration to all of the criteria set out below before reaching final selection decisions, however the Selection Panel, at its discretion, reserves the right to select the athletes who they believe demonstrate the greatest potential to secure the highest possible placing at the LA 2028 games using the supporting information available (highlighted above) to answer the following questions in order of importance to select a team for this event:

4.4.1. Does each athlete's profile suggest the potential to win a medal in their respective category at LA 2028?

4.4.2. Does each athlete's profile suggest the potential to finish top 5 in their respective category at LA 2028?

4.4.3. Does each athlete's profile suggest the potential to win medals at Brisbane 2032

4.4.4. Does each athlete's profile suggest the potential to finish Top 5 at Brisbane 2032

4.4.5. Does each athlete's profile suggest the potential to finish Top 8 at Brisbane 2032

If, after comparing the points above (5.4.1–5.4.5) there is not a clear team of three (3) male and three (3) female athletes then the Selection Panel, at its discretion, reserves the right to select the athletes who they believe demonstrate the greatest potential to win medals at future events in order of importance:

4.4.6. Brisbane 2032

4.4.7. Commonwealth Games 2030

4.5. BWL Selection Timeline in accordance with IWF Olympic Qualification Timeline:

- Athletes submit 'Appendix B: Weight category preference form' - no later than 17:00 on 7th May 2028
- IWF Publishes Olympic Qualification Ranking list – 11th May 2028
- IWF notifies BOA of athletes who are eligible for selection in more than one (1) weight category – 12th May 2028
- BWL Selection panel meet – Monday 15th May 2028. The BWL Selection Panel will convene to select athlete weight categories for athletes that are eligible for selection in more than 1 category.
- Athletes informed of selection decision – *no later than 13:00 on Tuesday 16th May 2028. Selection decisions will be communicated to selected athletes and non-selected athletes on the short list.*
- Appeal deadline – Athletes have until 13:00 on Friday 19th May 2028 to file an appeal their non-selection
- Appeals panel meeting – 20th May 2028. The BWL Appeals panel will convene to review athlete appeals.
- Athletes informed of Appeals decision – *no later than 13:00 on Sunday 21st May 2028.*
- BOA/BWL confirms the bodyweight categories of athletes who are eligible in more than one bodyweight category – no later than 23:59 on 22nd May 2028

5. Conditions and Obligations of Selection

Athletes representing Great Britain are expected to meet high standards of performance, preparation, and behavior. The following section outlines guidance on those expectations.

If there is evidence suggesting that an athlete is not meeting the conditions and obligations listed below the Selection Panel and BWL reserve the right to investigate or assess each situation further. If, following such

investigation, the Selection Panel concludes that an athlete has failed to meet any of the below conditions and obligations the Selection Panel at its discretion, reserves the right to:

- De-select the athlete
- Impose additional conditions of selection
- Request further assessment

Assessments of Injury, Illness, health, form or fitness will be conducted under the guidance of suitable, coaching, sport science and / or medical personnel as designated by the BWL Performance Director or their delegate (E.g. The designated team leader(s) for the event).

If BWL wishes to request an assessment before-departure for competition, then the BWL performance team will provide reasonable notice of no less than 72 hours to the athlete.

If BWL wishes to request an assessment after-departure for competition, then the BWL performance team may request an assessment as soon as is practically possible.

Should an athlete refuse to undergo a required assessment, the Selection Panel, in its sole discretion, reserves the right to de-select the athlete.

if an athlete's is de-selected after departure for this event or any associated training camps BWL will initiate their repatriation as expeditiously as is reasonably safe and practicable.

5.1. Mandatory Conditions of Selection - From the point of selection all athletes must:

- 5.1.1. Continue to meet all of the Minimum Eligibility Criteria (2.0).
- 5.1.2. Athletes are prohibited from making any announcement to the public or to the press or other media regarding nomination or selection unless and until such selection has been officially notified by the BOA to BWL and any official joint press conference by the BOA and BWL has taken place.
- 5.1.3. Adhere to travel itineraries organised by Team GB and BWL, unless otherwise agreed.
- 5.1.4. Stay in Olympic Village accommodation for no less than four (4) nights around competition.
- 5.1.5. Wear Team GB kit at all times during training and competition as requested and provided by Team GB.
- 5.1.6. Attend a performance planning meeting and agree clear performance targets for this competition within 4 weeks notification of their selection. Where an athlete fails to attend or refuses to do so the performance team, at their discretion, reserves the right to set performance objectives for the athlete.
- 5.1.7. Inform the BWL Performance Director immediately should preparation for this event become interrupted in any way

5.2. Additional Conditions of Selection - At the point of selection, the Selection Panel may impose additional conditions of selection where it reasonably considers such conditions necessary to monitor or support an athlete's preparation, health, fitness, wellbeing or readiness to compete. These additional conditions shall be limited to the following key areas:

- 5.2.1. *Capability to deliver against agreed performance targets*
- 5.2.2. *Athlete Health & Wellbeing (including Injury and Illness)*
- 5.2.3. *Engagement with the performance team and training camps & squads*
- 5.2.4. Submit training and bodyweight information here

5.3. Causes or Concerns for Injury and/or Illness – If any concern arising from an examination, observation or otherwise indicates that an athlete's Health & Wellbeing could be at risk if they compete at this event then BWL will be entitled to request an assessment of the Athlete's Health, Form or Fitness.

5.4. Causes or Concerns for Poor Preparation, form and fitness – From the point of selection all athletes must consistently demonstrate through their training and behaviour that they are on track to achieve agreed performance targets (6.1.6).

If any concern arising from an observation of training, testing, or otherwise indicates that an athlete is not on-track to achieve agreed performance targets (6.1.6), then BWL will be entitled to request an assessment of the Athlete's Form & Fitness.

5.5. Funding & Sponsorship Conditions This event is funded by BWL, UK Sport, and Team GB. The cost of sending one athlete to an international competition ranges from £1,500-4,500 depending on location and length of stay (excluding additional staff costs). BWL asks all athletes to tag and thank UK Sport, The National Lottery, and their respective Home Nation funding body (if applicable) for their support in funding their participation in any social media posts during the competition period. BWL recognise that athletes may have personal sponsors who support them in the lead-up to this competition. We recommended that athletes contact matthew.curtain@britishweightlifting.org to discuss potential conflicts with current or potential partners before signing any agreements. A serious or repeated failure to comply with sponsorship obligations contained within the BWL Athlete Agreement may be referred to the Selection Panel and may result in disciplinary action and/or deselection where considered appropriate and proportionate in the circumstances.

5.6. Causes or Concerns for Poor Behaviour - Athletes should refer to the BWL athlete codes of conduct, Athlete agreement and their programme induction pack for further guidance on the standards of behaviour expected of all athletes.

Where concerns arise regarding an athlete's behaviour or conduct, BWL may seek to address the matter informally where appropriate. This may include discussion with the athlete, education, guidance and/or agreement of appropriate remedial actions.

If an athlete's conduct:

- 5.6.1. adversely affects, or is reasonably likely to adversely affect, the performance, preparation, welfare or safety of the athlete, another athlete, support staff or the Team;
- 5.6.2. risks bringing the athlete, BWL, Team GB or the sport into disrepute;
- 5.6.3. constitutes a serious or repeated breach of the BWL Athlete Agreement, Athlete Code of Conduct, BOA Team Members' Agreement or any other applicable policy; or
- 5.6.4. otherwise gives rise to concerns regarding the athlete's suitability for selection,

BWL may investigate the matter in accordance with its Complaints and Disciplinary Procedures.

If the matter cannot be resolved appropriately, or if BWL considers that the conduct is sufficiently serious, the Selection Panel may, having regard to all relevant circumstances, impose additional conditions of selection, request further assessment or monitoring, or deselect the athlete where it considers such action to be reasonable and proportionate.

In reaching any decision under this clause, the Selection Panel shall take into account the nature and seriousness of the conduct, any mitigating circumstances, the athlete's response to concerns raised, and the impact on team preparation, welfare and performance.

5.7. Prior to the date of the Delegation Registration Meeting, and notwithstanding any other provision of this policy, BWL retain the right to deselect or not to nominate an athlete who has failed to prove their form or fitness (clauses 6.1 to 6.6) or who has otherwise failed to adhere to the terms of this selection policy

5.8. Deselection pre and post the Delegation Registration Meeting (DRM) - The DRM will take place on 26/06/2028 (or such other date as the BOA notifies BWL). That is the date that the Team is formally and finally entered with the LA 2028 Organising Committee. Prior to the date of the DRM, BWL retain the right to deselect (in consultation with the BOA) an athlete in accordance with this selection policy. After the DRM has been completed, deselection and selection of a replacement athlete is only allowed in accordance with the IOC's Late Athlete Replacement Policy (or any revised or amended IOC policy dealing with athlete replacement).

5.8.1. The Team's Chief Medical Officer can require an athlete to undergo a medical examination to determine his/her fitness to participate. The Team's Chief Medical Officer or another doctor delegated by him/her will carry out this examination. If the athlete fails the medical examination he/she will be withdrawn from the Team.

5.8.2. If the athlete passes the medical examination carried out in accordance with the above but BWL and/or the BOA still have concerns over whether or not the athlete is able to compete to a level

which would ordinarily have been expected of the athlete due to the underlying injury or illness, the Chef de Mission (in consultation with BWL) can require the athlete to undergo a set of pre-determined sport specific performance tests. The tests will be the Snatch and Clean & Jerk. The tests will be conducted under the guidance of the Performance Director and an independent BOA representative. If the athlete fails the test (which can be undertaken on more than one occasion), he/she will be withdrawn from the Team on medical grounds.

6. The Selection Panel

6.1. The Panel shall consist of the following members:

6.1.1. Chair of the BWL Performance Committee (Chairperson)

6.1.2. BWL Performance Director

6.1.3. 1 BWL Performance Coach

6.1.4. 1 Member of the BWL Performance Committee

Each member of the Selection Panel has 1 vote. Individuals can abstain from voting; in the event of a tie the Chair will get the casting vote. Other members of BWL may be in attendance to supply background information and technical or medical information but in a non-voting capacity.

A written summary of the notes from this meeting will be recorded.

6.2. The BOA Sport Engagement Manager, BWL's UK Sport Advisor, a member of the British Elite Athletes Association, and relevant BWL Sport Science & Medical Staff will also be in attendance in an observer, non-voting capacity to ensure that the provisions of this policy are properly adhered to.

6.3. Any member of the Selection Panel that has a conflict of interest, including, but not limited to, an athlete, or a coach will declare a conflict of interest, remove him/herself and not seek to influence others regarding the discussions and voting

6.4. Athlete nomination by BWL to the BOA will be conditional on satisfying the eligibility criteria as defined in clause "1. Eligibility" above and demonstrating continued form and fitness.

6.5. Regardless of any other provision of this Policy, no athlete will be nominated to the BOA if at the time of nomination, they are injured or unfit, unless they can satisfy the Selection Panel that they will be able to compete in the Olympic Games to the best of their ability, and BWL in these circumstances will be entitled to impose conditions upon their selection.

7. Appeals

7.1. Athletes have the right to appeal their non-selection in accordance with the "BWL Appeals Policy". A copy of the BWL Appeals Policy can be obtained [here](#). Appeals may only be made on the grounds that the procedure outlined in this Policy has not been adhered to. Any appeal must be submitted within the timeframe specified in the BWL Selection Appeals Policy or otherwise notified by BWL.

7.2. If an athlete wishes to appeal the Selection Panel's decision, they can request access to the summary of selection meeting notes in relation to their selection. BWL will not take further action to remove an athlete's eligibility to compete until a decision on any appeal has been reached.

7.3. **BWL reserves the right to select another eligible athlete to replace a de-selected athlete** until the final verification of entries meeting, subject to the conclusion of any appeal process.

7.4. The appeals panel will normally comprise:

- a) A legal representative (who shall be a qualified lawyer) (Chair)
- b) One additional independent BWL Board member
- c) One additional independent BWL Board member

At the request of the chair, other members of the BWL performance team may be in attendance to supply background information.

All conflicts of interest will be declared. A conflicted individual will not vote on that selection or be permitted to contribute to discussions unless their views are specifically requested by the Chair of the Panel. In the event of a tied vote, the Chair will cast the deciding vote.

- 7.5.** Any appeals to de-selection prior to DRM must be made in accordance with the BWL appeals policy. Any appeal post DRM shall be dealt with in conjunction with the BOA and shall be heard under a fast-track appeals process conducted by Sports Resolutions UK

8. Confidentiality

All information relating to the selection process, including Selection Panel discussions, athlete performance information, medical or fitness information and provisional selection decisions, will be treated as confidential and disclosed only to those individuals or organisations who reasonably require the information for the purposes of selection, nomination, appeals, team management or compliance with relevant organisations.

9. Data Protection

BWL will collect, use, store and share personal data relating to athletes where reasonably necessary to administer the qualification, selection, nomination, appeals and Games preparation processes. This may include personal data, including health and medical information. Personal data will be processed in accordance with applicable data protection legislation and [BWL's Privacy Policy](#) and may, where necessary, be shared with the BOA, medical and performance personnel and other relevant organisations involved in the selection or participation process.

APPENDIX A - Application of interest form – LA 2028 Olympic Games (Weightlifting)

This form should be used to declare interest for athletes that wish to participate in the qualification process to represent Great Britain & Northern Ireland at the LA 2028 Olympic Games.

Athlete's Full Name: _____

Please accept my application for consideration for selection to the British Team for the LA 2028 Olympic Games

I acknowledge that I have read, understood, and agree to follow the British Weight Lifting Selection policy and process for the LA 2028 Olympic Games

I agree that as a condition of my participation in the Games, I will be obliged to enter into the following agreements prior to my nomination to the BOA

- The British Olympic Association Team Members' Agreement
- The British Weight Lifting Team Members' Agreement

ATHLETE STATEMENTS

1. I wish to be considered for selection to Team GB for the LA 2028 Olympic Games in the weightlifting competition, agree to adhere to the BWL selection policy and agree to facilitate the various procedures laid out in that policy and to provide such assistance and information as BWL shall reasonably require in connection with the selection process laid out
2. I agree to cooperate (to the extent necessary) with the BWL and / or BOA sport science & medical staff in the event I am expected to undertake any Medical & fitness assessments required in accordance with this selection policy. I agree to the communication and sharing of essential information regarding my physical and mental health and fitness to evaluate my ability compete in-line with agreed performance targets for LA 2028 Olympic games.
3. I consent to the collection, use and disclosure of relevant medical, health and performance information to those individuals involved in the selection, nomination, appeals and Games preparation processes for the sole purpose of assessing my eligibility, selection, fitness and participation in the LA 2028 Olympic Games.
4. I agree to work cooperatively with any staff that BWL designate to support the Team and undertake to ensure that that any parties associated with me (including my personal coach) cooperate likewise.
5. My normal contact details for further correspondence are given below. I undertake to notify British Weight Lifting's Performance Director immediately should these details change

Address	
Telephone Number	
Email Address	
Signature	
Parent / Guardian Signature (if under 18 years old)	
Date	<i>Date / month / Year</i>

Please return this form to performance.admin@bwl.sport by no later than 17:00 on 1st December 2026

APPENDIX B - Athlete Weight Category Preference form

This Form should be used to declare the preferred weight category for athletes that are eligible in more than one Olympic category at the end of the qualification period for the LA 2028 Olympic Games no later than 17:00 on 7th May 2028

Athlete's Full Name: _____

Please accept this form as confirmation of the categories I would like to be considered for selection in (in order of priority) to represent the British Team at the LA 2028 Olympic Games

I acknowledge that I have read, understood, and agree to follow the British Weight Lifting Selection policy and process for the LA 2028 Olympic Games

My FIRST choice of bodyweight category to be considered for selection in is the: _____

My SECOND choice of bodyweight category to be considered for selection in is the: _____

Athlete's Signature _____

Date _____ (Day / Month / Year)

Please return this form to performance.admin@bwl.sport by no later than 17:00 on 7th May 2028

APPENDIX C - Basic timeline and critical dates (Subject to change by BWL / BOA / IWF)

All timelines are subject to change depending on the IWF's execution of necessary processes to create rankings and confirm allocations which BOA / BWL require to conduct selection processes outlined within this document. BWL and the BOA will make every effort to ensure that changes are communicated in a timely manner to long list athletes. All selection decisions will be subject to ratification by the BOA, and athlete appeals hearings. The BOA and BWL wish to inform athletes that the minimum amount of time for athletes to voice an appeal is 24 hours, due to tight timelines provided by the IWF we ask that athletes react swiftly to any communication from BWL / BOA paying close attention to deadlines outlined.

1. Inform BWL of Intention to attempt qualification and to gain selection – no later than 17:00 on 1 December 2026. Athletes seeking nomination must confirm their intention and agreement to this Policy by completing 'Appendix A – Application of interest' and returning it to Beverley.Kettlety@bwl.sport
2. Short list – BWL will communicate with the BOA after every milestone competition to remove athletes who become ineligible from the 'Long list' in accordance with this policy.
3. Athletes submit 'Appendix B: Weight category preference form' - no later than 17:00 on 7 May 2028
4. IWF Publishes Olympic Qualification Ranking list – 11 May 2028
5. IWF notifies BOA of athletes who are eligible for selection in more than one (1) weight category – 12 May 2028
6. BWL Selection Panel meet – 15 May 2028. The BWL Selection Panel will convene to select athlete weight categories for athletes that are eligible for selection in more than 1 category.
7. Athletes informed of selection decision – *no later than 13:00 on 16 May 2028. Selection decisions will be communicated to selected athletes and non-selected athletes on the short list.*
8. Appeal deadline – Athletes have until 13:00 on 19 May 2028 to file an appeal their non-selection
9. Appeals panel meeting – 20th May 2028. The BWL Appeals panel will convene to review athlete appeals.
10. Athletes informed of Appeals decision – *no later than 13:00 on 21 May 2028.*
11. BOA/BWL confirms the bodyweight categories of athletes who are eligible in more than one bodyweight category – no later than 23:59 on 22 May 2028
12. NOC / IWF Quota Allocation Process – the BOA / BWL will complete the process of nomination as outlined in section G of the OQR Policy (link [here](#)). The BOA will continue to communicate with the IWF as necessary to confirm up to 3 athletes per gender that are selected to represent Team GB in accordance with the BWL Selection Panel's decision – this process will take place between 23 May 2028 and 8 June 2028.
13. Sports Entries Deadline – 26 June 2028
14. LA 2028 Games time period – 14 -30 July 2028

APPENDIX D - LA 2028 Olympic Games Eligibility Requirements

This Addendum to Olympic Selection was Issued to all long-list athletes prior to the 2026 World Championships

This Addendum supplements the future Olympic Selection Policy concerning the eligibility of athletes for selection for the LA 2028 Olympic Games.

The LA 2028 Qualification Period will begin on 27th July 2026 and end on the 7th May 2028.

In accordance with the IWF Qualification system ([link here](#)) an athlete must compete in one (1) bodyweight category five (5) times, should they wish to appear on the final IWF rankings for that weight category.

An athlete is deemed to have competed only if they weigh-in and attempt at least one lift on the competition platform in the Snatch or in the Clean & Jerk, whether successful or unsuccessful. In Total-only events, if they attempt at least one Snatch, whether successful or unsuccessful. (as per IWF Technical and competition rules & regulations – found [here](#))

All athletes must compete in no less than three (3) events in qualification period 1 and two (2) events in qualification period 2 from the IWF Olympic qualification events listed below:

Qualification Period 1

October 2026 - IWF World Championships 2026 – Ningbo (China)

December 2026 - IWF World Cup 1 – Doha (Qatar)

February 2027 - IWF World Cup 2 – Tashkent (Uzbekistan)

April 2027 - IWF World Cup 3 – Lima (Peru)

June 2027 - European Games - Istanbul (Turkiye)

September 2027 - IWF World Championships 2027 – Yerevan (Armenia)

Qualification Period 2

November 2027 - IWF World Cup 4 – Caracas (Venezuela)

January 2028 - IWF World Cup 5 – Chiang Rai (Thailand)

February / March 2028 - EWF European Championships 2028 – City tbc (Country tbc)

April 2028 - IWF World Cup – Astana (Kazakhstan)

Athletes who do not participate in three (3) qualification events during Qualification period 1 and two (2) qualification events in Qualification period 2 will be ineligible in accordance with the IWF Qualification system (Section C.2) found [here](#)

IWF Anti-Doping Rules & Regulations

All athletes must remain continuously available for anti -doping testing throughout the entire Qualification Period. In addition, athletes are required to provide accurate whereabouts information full the full period of 27th July 2026 – 30th July 2028. Any interruption in availability for testing or failure to comply with whereabouts obligations may result in ineligibility to participate in the Los Angeles 2028 Olympic Games and consequences as per the applicable IWF Anti -Doping Rules.