

Female Development Standards											
Bodyweight Category	Age on 31st December 2019										
	23	22	21	20	19	18	17	16	15	14	13
u40kg (Youth only)							107	102	98	94	91
u45kg	136	132	128	123	119	115	110	106	102	98	94
u49kg	145	141	137	132	127	123	118	113	109	104	100
u55kg	162	157	152	147	142	137	131	126	121	116	111
u59kg	172	167	162	156	151	145	139	134	129	123	118
u64kg	177	172	167	161	156	150	144	138	133	127	122
u71kg	187	182	176	170	164	158	152	146	140	134	129
u76kg	190	184	179	173	167	161	154	148	142	137	131
u81kg	196	190	184	178	172	166	159	153	147	141	135
+81kg (Youth only)							161	154	148	142	136
u87kg	199	193	188	181	175	169					
+87kg	213	206	200	193	186	180					
Required Annual increase in Performance	3%			3.5%			4%				

1. All minimum qualification standards are expressed in Kilograms (Kg)
2. The relevant total must be achieved during the Selection period outlined in the competition selection policy you wish to qualify for.
3. Direct any queries to the [BWL Performance manager](#)