

## **England Weightlifting Championships**

## **Leisure Centre Schedule**

Saturday 19 January		Sunday 20 January	
Weigh in: 0700	Group 1 – Women's Seniors	Weigh in: 0700	Group 7 – Men's Age
Start: 0900	64kg B Group	Start: 0900	Group 2
Finish: 1020	9 Lifters	Finish: 1115	15 Lifters
Weigh in: 0800	Group 2 – Women's Seniors	Weigh in: 0800	Group 8 – Women's Age
Start: 1030	71kg B Group	Start: 1125	Group 1 (55-59kg)
Finish: 1140	8 Lifters	Finish: 1235	8 Lifters
Weigh in: 0800	Group 3 – All Development	Weigh in: 0900	Group 9 – Men's Age
Start: 1150	Age Groups – Boys and Girls	Start: 1245	Group 1
Finish: 1310	11 Lifters	Finish: 1415	10 Lifters
Weigh in: 0900	Group 4 – Women's Masters	Weigh in: 1000	Group 10 Women's Age
Start: 1320	Age Groups 3-10	Start: 1425	Group 1 (64 – 87+kg)
Finish: 1510	12 Lifters	Finish: 1640	15 Lifters
Weigh in: 1000 Start: 1520 Finish: 1735	Group 5 – Men's Age Groups 3-10 15 Lifters		
Weigh in: 1100 Start: 1745 Finish: 1935	Group 6 – Women's Age Group 2 12 Lifters		

<sup>\*</sup>All finish and start times are subject to change on the day of the event subject to the competition running speed.