



**Event:** EWF European Junior & Under 23 Championships 2020

**Date:** 10-20 September 2020

**Location:** Rovaniemi (Finland)

## 1. Overview

This selection policy has been created to provide an opportunity for GB lifters to compete at the IWF World Junior Championships providing they demonstrate the potential to contribute towards:

- Birmingham 2022 and Paris 2024 qualification
- Medals at Major senior international events in the future.

## 2. Minimum Eligibility Criteria

To be considered for selection for the European Senior Championships 2020, athletes must satisfy the following criteria:

- 2.1 A citizen of the United Kingdom and hold a valid British passport prior to initial entry deadline
- 2.2 In the case of multiple citizenship, the athlete must not have represented another country within a period of 12 months
- 2.3 Athlete must have submitted a declaration of interest to compete via email to [stuart.martin@britishweightlifting.org](mailto:stuart.martin@britishweightlifting.org) before 12:00, 09/06/2020
- 2.4 A current member of British Weight Lifting (BWL),
- 2.5 Athlete must not be in dispute with BWL, affiliated bodies or stakeholders.
- 2.6 Compliant with the BWL and IWF Anti-Doping Controls and Procedures.
- 2.7 Display behaviours in-line with BWL's vision and values and consistently demonstrate appropriate performance related behaviours at international competitions.
- 2.8 Be of eligible age
  - Junior – 15-20 years of age on 31<sup>st</sup> December 2020
  - Under 23 – 21-23 years of age on 31<sup>st</sup> December 2020
- 2.9 Have achieved the relevant BWL qualification standard at an IWF/EWF/BWL (Tier 1 or Tier 2) competition during the qualification period between 20/03/2020 – 29/06/2020
  - 2.9.1 Extenuating circumstances for the inclusion of non-IWF/EWF/BWL (Tier 1 or Tier 2) competitions can be considered at the Discretion of the BWL Performance Pathway manager but must be requested a minimum of 4 weeks in advance of the proposed competition the athlete wishes to compete in.
- 2.10 Athlete must be listed on the BWL Rankings, formulated from registered BWL competitions and logged on the Sport80 - BARS system
- 2.11 Athletes must have submitted completed ADAMS online before 12:00, 09/06/2020. Whereabouts must cover the full period of 10/06/2020–20/09/2020 to satisfy IWF regulations



### 3. Qualification standards

BWL will select a team which supports the development of athletes with current or future international medal winning potential;

#### 3.1 Automatic Selection standard - lifted during the qualification period (2.9)

##### Women's Standard

Age-group	W45	W49	W55	W59	W64	W71	W76	W81	W87	W87+
Junior	137	146	163	177	177	191	196	200	206	213
Under 23	151	161	180	195	194	210	216	220	226	235

##### Men's Standard

Age-Group	M55	M61	M67	M73	M81	M89	M96	M102	M109	M109+
Junior	219	239	260	275	295	308	317	330	337	356
Under 23	241	263	287	303	325	340	350	363	372	392

#### 3.2 Minimum Qualification standard - lifted during the qualification period (2.9)

Women's Commonwealth Pathway Standard for their age – see [here](#)

Men's Commonwealth Pathway Standard for their age – see [here](#)

#### An athletes "Age" Is defined as their age on 31<sup>st</sup> December 2020

- e.g. an athlete who is 15 on 01/December 2020 must lift the standard for a 15 year old to qualify for any competition in 2020

#### BWL Athlete Dashboard

The selection panel will be provided with key information about each athlete to support voting members to make informed, objective decisions. The Dashboard includes the following information on each athlete;

3.2.1 BWL Performance funnels

3.2.2 Analysis of BWL Sport80 competition results

The advice and experience of BWL International Arena coaches and the BWL performance team will also be considered throughout the selection process.

### 4. Selection Process

The selection panel will convene to select athletes during the week beginning 29/06/2020 (subject to change by BWL). The selection process will be conducted by a BWL selection panel. The Selection process will take place in 3 phases outlined below.

#### Selection Phase 1 (Automatic Selection)

4.1 If the athlete has achieved the automatic selection criteria (3.1) and funding is available through the UK Sport Aspiration fund to support the athlete, then the athlete is automatically selected

#### Selection Phase 2 (Selection based on developing athletes with potential)

4.2 If the athlete has achieved the minimum qualification standard (3.2), the BWL selection panel must determine if the athlete is on trajectory to medal at international championship events in future considering the following;

4.2.1 The lifter's Annual Progress Rate should be  $\geq 104\%$  (see appendix 1)

- 4.2.2 *The lifter's Average number of successful lifts made in competition should be  $\geq 4/6$  lifts (see appendix 2)*
- 4.2.3 *International performance trends*

### **Selection Phase 3 (Final selection of the team)**

- 4.3 The IWF/EIF maximum team size for this event is ten (10) male and ten (10) female athletes
- 4.4 The number of lifters selected in each weight category will not exceed two (2)
- 4.5 If the number of athletes per category selected using the criteria in (4.1) and (4.2) is greater than the maximum number of athletes per weight category (4.4), the selection panel at their discretion reserves the right to select the athletes who have demonstrated the greatest potential to medal at Paris 2020 and/or Birmingham 2022.
- 4.6 If the number of athletes identified using the criteria in (4.1) and (4.2) is greater than the maximum Team Size (4.3), the selection panel at their discretion reserves the right to select athletes who have demonstrated the greatest potential to medal at Tokyo 2020 and/or Birmingham 2022.
- 4.7 If the number of athletes identified using the criteria in (4.1) and (4.2) is less than the maximum Team Size (4.3), the selection panel at their discretion reserves the right to select athletes who have demonstrated the greatest potential to medal at Tokyo 2020 and/or Birmingham 2022.
- 4.8 The selection panel at their discretion reserves the right to set additional conditions of selection for any/all athlete's where reasonable doubt exists around;
  - 4.8.1 *Capability to deliver against performance targets*
  - 4.8.2 *Athlete Health & Fitness*
  - 4.8.3 *Performance trajectory*
- 4.9 Athletes must consistently display performance related behaviours, which provide the selection panel with confidence that they have the capability to achieve performance objectives.

The selection panel at their discretion reserves the right to deselect an athlete at this stage if reasonable doubts exist about any athlete's behaviour, which they feel could negatively impact;

  - 4.9.1 The performance of the athlete,
  - 4.9.2 The performance of the team as a whole
  - 4.9.3 The reputation of BWL.

## **5. Self-funding**

If BWL funding is not available to fund an athlete's participation the selection panel at their discretion reserves the right to offer an athlete the opportunity to self-fund, considering the following;

- 5.1 The athlete or home nation has confirmed an ability to self-fund, by emailing [stuart.martin@britishweightlifting.org](mailto:stuart.martin@britishweightlifting.org) before 12:00, 09/06/2020 to declare their ability to self-fund.
- 5.2 The athlete has demonstrated willingness to adhere fully to BWL travel and accommodation arrangements at previous international competitions.

If the selection panel decides it is appropriate to offer an athlete the opportunity to self-fund, the athlete must;

- 5.3 The athlete must have paid the full agreed amount of financial costs to BWL before 12:00, 17/07/2020 (subject to change by BWL). A breakdown of approximate costs will be provided at point of selection, costs are expected to be around £2000 per person
- 5.4 The deadline for refunds on flights will be communicated with athletes at point of purchase. BWL work with ATP1 travel to ensure we use safe, efficient and cost-effective travel routes. Flexible flights are purchased where possible to account for emergency changes but in cases where cost is critical, flights may be non-transferrable and/or non-refundable.

- 5.5 Accommodation/Accreditation. Refunds after the EWF deadline for final entries will be determined by the EWF or Host Federation.
- 5.6 BWL provides travel insurance for all individuals through our insurers (RSA). In the event you cannot attend a competition and would like to investigate a claim you must be able to evidence relevant extenuating circumstances that align to the policy. In the event you wish to make a claim please contact [Sue.Ward@britishweightlifting.org](mailto:Sue.Ward@britishweightlifting.org).
- 5.7 Athletes selected with aspiration funding must remain on trajectory to qualify for Tokyo 2020. If a UK Sport review concludes that an athlete is no longer on trajectory and removes their aspiration funding, the athlete will be given the option to self-fund or withdraw from competition.
- 5.8 In the event that an athlete who has agreed self-funding fails to make payment prior to the payment deadline (5.3), BWL retains the right to deselect the athlete with immediate action.

Athletes are advised to sign-off fundraising ideas with [Ashley.Metcalf@britishweightlifting.org](mailto:Ashley.Metcalf@britishweightlifting.org) to avoid any potential conflicts or embarrassment with current or potential partners.

## **6. Obligations**

Selected athletes will be required to:

- 6.1 Sign a BWL Team Members' Agreement, which will include a code of conduct
- 6.2 Attend agreed team camps or activities prior to the Championships as reasonably requested
- 6.3 Work with the BWL performance team to agree a competition strategy which aligns to performance targets at this competition.
- 6.4 Adhere to specified travel dates organised by BWL
- 6.5 Wear appropriate apparel as specified by BWL at all camps, events and the Championships
- 6.6 Inform BWL immediately should your preparation or strategy be interrupted in any way, including injury and illness, between point of nomination and the championships.
- 6.7 Submit training and bodyweight information as requested by BWL
- 6.8 Keep their selection confidential until an official press release by BWL has taken place
- 6.9 Continually promote a positive message about the sport in Great Britain across all social media platforms

## **7. Confirmation of Fitness and deselection**

Each selected athlete must consistently display performance related behaviours, which provide the BWL Performance team with confidence that they are capable of achieving key performance targets.

The BWL performance team at their discretion reserve the right to deselect any athlete who has otherwise failed to adhere to the terms of this selection policy; who has failed to prove their form or fitness as highlighted below;

- 7.1 Any cause for concern over injury, illness, strength or body composition/weight arising from an examination or otherwise will lead to the athlete needing to demonstrate their fitness by undergoing fitness assessments at intervals deemed appropriate by BWL
- 7.2 If an athlete displays behaviour that reflects poorly on BWL, themselves or other selected team members, BWL is entitled to investigate the situation fully. In the event that the actions of the athlete cannot be resolved, negatively affect other selected team members or there is a risk that there will be a negative effect on performance of other individuals or the team at the championships, then BWL may outline an appropriate course of action to resolve the situation or deselect the athlete in question.
- 7.3 Athletes are expected to achieve key performance targets at the championships, BWL will be entitled to specify any reasonable method requiring a selected athlete to confirm their continued health, fitness or body composition/weight.

## **8. Selection Panel**

The selection panel will be chaired by a member of BWL's Performance Advisory Group and will comprise of

8.1 Chair of the Performance Advisory Group (Chair)

8.2 BWL International Arena Coach

8.3 BWL International Arena Coach

Other members of BWL may be in attendance in a non-voting capacity to supply background information and technical or medical information.

All conflicts of interest will be declared. A conflicted individual will not vote on that particular selection but may participate in the general selection discussions, at the discretion of the Chair of the Panel.

In the event of a tied vote the Chair of the Performance Committee will cast the deciding vote.

## **9. Appeals**

Athletes have the right to appeal their non-selection or de-selection in accordance with the "BWL Selection Appeals Policy". A copy can be obtained by contacting the BWL main office. Deadline for submitting appeals is 13:00, 08/07/2020 (subject to change by BWL).

## Appendix 1 - Annual Progress Rate

*Junior athletes must demonstrate annual progress of 104% across the 12 months prior to the selection deadline*

To qualify for international competition athletes are expected to demonstrate progress rates which give the selection panel confidence that their performance trajectory is aligned to success at Olympic, Commonwealth, World and European Senior level. Progress rates will be calculated from the best performance recorded at an IWF/EWF/BWL licensed competition 12-15 months prior to the qualification deadline for the international competition which the athlete is being considered for.

**Annual Progress Rate is calculated using the formula;**

$$\left( \frac{\text{Best competition performance during Selection Period}}{\text{Best competition performance during 12–15 months prior to the selection deadline}} \right) \times 100 = \text{Progress rate (\%)}$$

## Appendix 2 – Average Number of successful lifts made in competition

*The BWL Performance program expects athletes to demonstrate an average of >=4/6 successful lifts in the competition environment.*

	Snatch 1	Snatch 2	Snatch 3	Jerk 1	Jerk 2	Jerk 3	AVG Success Ratio
Total count	408	408	408	408	408	408	
Good lifts	332	294	224	353	294	185	<b>4.12 / 6 lifts</b>
No Lifts	76	114	184	55	114	223	
Success ratio	81%	72%	55%	87%	72%	45%	<b>68.71%</b>

*Data from World & Olympic Medallists 2009-2019*

Athletes should demonstrate the ability to consistently deliver >4/6 lifts in domestic and international competitions with maximal loads (to the rules). In doing so lifters enable arena coaches to take advantage of field of play tactics to maximise athlete ranking.

Athletes should be capable of delivering maximal and near maximal performances a minimum of 4 times per year In-line with new Olympic and Commonwealth Qualification procedures. Success ratio in senior athletes is calculated from each athlete's 4 best competition performances across the 12-months prior to the selection deadline for each competition.

**Average number of successful lifts in competition is calculated from the 4 best competition performances in the twelve (12) months prior to the selection deadline. using the following formula;**

$$\left( \frac{\text{TOTAL Number of successful attempts in 4 Best competition performances}}{\text{TOTAL Number of attempts in 4 Best competition performances}} \right) \times 6 = \text{Average Success Ratio (/6)}$$