



Event: EWF European Youths and European U15 Championships

Date: 10th August – 18th August 2022

Location: Raszyn, Poland

Covid-19 and other international threats to athlete safety

Due to the on-going challenges caused by Covid-19 and other challenges in the world landscape, the 2022 international weightlifting competition calendar remains very uncertain.

BWL feels strongly that any decision to send teams to international competitions in-light of the challenges around the world must be continually reviewed on a case by case basis. BWL will continue to review guidance shared by the British Government, UK Sport, Public Health organisations across the UK and other key stake holders to inform our understanding of the risks, challenges and restrictions across both the domestic and international landscape.

We appreciate this is a difficult and uncertain time for all of Britain's leading Weightlifters, but we ask you to respect that the health and safety of all athletes, support staff and their families will remain our main priority for any decisions made on the selection of GBR international competition teams while the challenges around Covid-19 and other challenges in the world landscape continue.

If at any stage BWL feel that the safety of athletes or staff could be at risk or insufficient information is available to inform our planning or decision making, then we reserve the right not to send a team to European Youths & U15 Championship with immediate notice.

All athletes who are provisionally selected will be asked to undergo a virtual 1-1 with the BWL talent manager to explore (1) the risks of Covid-19, (2) the opportunity to 'opt in or 'opt out' based on the information they hear during their 1-1. In the case of under 18s a Parent/Guardian must be present.

1. Overview

This selection policy has been created to provide an opportunity for GB lifters to compete at the EWF European Youth & Under 15 Championships providing they demonstrate the potential to contribute towards:

- Medals at Victoria 2026, Los Angeles 2028 and the 2032 Olympic Games
- Medals at Major senior international events in the future.

2. Minimum Eligibility Criteria

To be considered for selection for the EWF Youth & Under 15 Championships, athletes must satisfy the following criteria:

- 2.1 A citizen of the United Kingdom and hold a valid British passport prior to initial entry deadline
- 2.2 In the case of multiple citizenship, the athlete must not have represented another country within a period of 12 months
- 2.3 Athlete must have submitted a [declaration of interest to compete via the form](#) before 23:59, 09/06/2022
- 2.4 A current member of British Weight Lifting (BWL),

- 2.5 Athlete must not be in dispute with BWL, affiliated bodies or stakeholders.
- 2.6 Compliant with the BWL and IWF Anti-Doping Controls and Procedures.
- 2.7 Display behaviours in-line with BWL's vision and values and consistently demonstrate appropriate performance related behaviours at international competitions.
- 2.8 Be of eligible age
- Youth – 16-17 years of age on 31st December 2022
 - Under 15 - 13-15 years of age on 31st December 2022
- 2.9 Have achieved the relevant BWL qualification standard at an IWF/EWF/BWL (Tier 1, Tier 2, Tier 3) competition during the qualification period between 01/01/2022 – 26/06/2022
- 2.10 Athlete must be listed on the BWL Rankings, formulated from registered BWL competitions and logged on the Sport80 - BARS system
- 2.11 Athletes must have submitted completed ADAMS online before 23:59, 09/06/2022. Whereabouts must cover the full period of 10/06/2022–20/08/2022 to satisfy IWF regulations

Any queries about changes to the 'Minimum Eligibility Criteria' for this competition should be sent to BWL Home Nation Pathway Lead kristian.mcphee@britishweightlifting.org

3. Qualification standards

BWL will select a team which supports the development of athletes with current or future international medal winning potential;

3.1 **Minimum Qualification standard** - lifted during the qualification period (2.9)

The athlete must have lifted the relevant Commonwealth pathway standard for their age and gender,

- Men's Commonwealth pathway standard found [here](#)
- Women's Commonwealth Pathway standard found [here](#)

An athletes "Age" Is defined as their age on 31st December 2022

- *e.g. a Male athlete who is 17 on 01/December 2022 must have lifted the Men's Olympic pathway standard for a 17 year old in order to qualify for any competition in 2022*

BWL Athlete Dashboard

The selection panel will be provided with key information about each athlete to support voting members to make informed, objective decisions. The Dashboard includes the following information on each athlete;

- 3.1.1 *BWL Performance funnels*
- 3.1.2 *Analysis of BWL Sport80 competition results*

The advice and experience of BWL International Arena coaches and the BWL performance team will also be considered throughout the selection process.

4. Selection Process

The selection panel will convene to select athletes during the week beginning 27/06/2022 (subject to change by BWL). The selection process will be conducted by a BWL selection panel. The Selection process will take place in 3 phases outlined below.

Selection Phase 1 (Selection based on developing athletes with potential)

- 4.1 Athletes who have achieved the Olympic Pathway standards ([male/female](#)), will be automatically selected
- 4.2 If the athlete has achieved the minimum qualification standard (3.1), the BWL selection panel must determine if the athlete is on trajectory to medal at international championship events in future considering the following;
 - 4.2.1 *The lifter's Annual Progress Rate should be $\geq 104\%$ (see appendix 1)*
 - 4.2.2 *The lifter's Average number of successful lifts made in competition should be $\geq 4/6$ lifts (see appendix 2)*
 - 4.2.3 *International performance trends*
 - 4.2.4 *Performance related behaviours*

Selection Phase 2 (Final selection of the team)

- 4.3 The IWF/EIF maximum team size for this event is ten (10) male and ten (10) female athletes
- 4.4 The number of lifters selected in each weight category will not exceed two (2)
- 4.5 If the number of athletes per category selected using the criteria in (4.1) and (4.2) is greater than the maximum number of athletes per weight category (4.4), the selection panel at their discretion reserves the right to select the athletes who have demonstrated the greatest potential to medal at Victoria 2026 and/or LA 2028.
- 4.6 If the number of athletes identified using the criteria in (4.1) and (4.2) is greater than the maximum Team Size (4.3), the selection panel at their discretion reserves the right to select athletes who have demonstrated the greatest potential to medal at Victoria 2026 and/or LA 2028.
- 4.7 If the number of athletes identified using the criteria in (4.1) and (4.2) is less than the maximum Team Size (4.3), the selection panel at their discretion reserves the right to select athletes who have demonstrated the greatest potential to medal at Victoria 2026 and/or LA 2028.
- 4.8 The selection panel at their discretion reserves the right to set additional conditions of selection for any/all athlete's where reasonable doubt exists around;
 - 4.8.1 *Capability to deliver against performance targets*
 - 4.8.2 *Athlete Health & Fitness*
 - 4.8.3 *Performance trajectory*
- 4.9 Athletes must consistently display performance related behaviours, which provide the selection panel with confidence that they have the capability to achieve performance objectives.

The selection panel at their discretion reserves the right to deselect an athlete at this stage if reasonable doubts exist about any athlete's behaviour, which they feel could negatively impact;

 - 4.9.1 The performance of the athlete,
 - 4.9.2 The performance of the team as a whole
 - 4.9.3 The reputation of BWL.
 - 4.9.4 The health and safety of the athletes, support staff or their family members

6. Obligations

Selected athletes will be required to:

- 6.1 Sign a BWL Team Members' Agreement, which will include a code of conduct
- 6.2 Attend agreed team camps or activities prior to the Championships as reasonably requested
- 6.3 Work with the BWL performance team to agree a competition strategy which aligns to performance targets at this competition.

- 6.4 Adhere to specified travel dates organised by BWL
- 6.5 Wear appropriate apparel as specified by BWL at all camps, events and the Championships
- 6.6 Inform BWL immediately should your preparation or strategy be interrupted in any way, including injury and illness, between point of nomination and the championships.
- 6.7 Submit training and bodyweight information as requested by BWL
- 6.8 Keep their selection confidential until an official press release by BWL has taken place
- 6.9 Continually promote a positive message about the sport in Great Britain across all social media platforms

7. Confirmation of Fitness and deselection

Each selected athlete must consistently display performance related behaviours, which provide the BWL Performance team with confidence that they are capable of achieving key performance targets.

The BWL performance team at their discretion reserve the right to deselect any athlete who has otherwise failed to adhere to the terms of this selection policy; who has failed to prove their form or fitness as highlighted below;

- 7.1 Any cause for concern over injury, illness, strength or body composition/weight arising from an examination or otherwise will lead to the athlete needing to demonstrate their fitness by undergoing fitness assessments at intervals deemed appropriate by BWL
- 7.2 If an athlete displays behaviour that reflects poorly on BWL, themselves or other selected team members, BWL is entitled to investigate the situation fully. In the event that the actions of the athlete cannot be resolved, negatively affect other selected team members or there is a risk that there will be a negative effect on performance of other individuals or the team at the championships, then BWL may outline an appropriate course of action to resolve the situation or deselect the athlete in question.
- 7.3 Athletes are expected to achieve key performance targets at the championships, BWL will be entitled to specify any reasonable method requiring a selected athlete to confirm their continued health, fitness or body composition/weight.

8. Selection Panel

The selection panel will be chaired by a member of BWL's Performance Advisory Group and will comprise of

- 8.1 Chair of the Performance Advisory Group (Chair)
- 8.2 BWL Performance Coach (Youth age-group)
- 8.3 BWL Performance Coach (Any age-group)

Other members of BWL may be in attendance in a non-voting capacity to supply background information and technical or medical information.

All conflicts of interest will be declared. A conflicted individual will not vote on that particular selection but may participate in the general selection discussions, at the discretion of the Chair of the Panel.

In the event of a tied vote the Chair of the Performance Committee will cast the deciding vote.

9. Appeals

Athletes have the right to appeal their non-selection or de-selection in accordance with the "BWL Selection Appeals Policy". A copy can be obtained by contacting the BWL main office. Deadline for submitting appeals is 12:00, 01/07/2022 (subject to change by BWL).

Appendix 1 - Annual Progress Rate

Youth athletes must demonstrate a minimum annual progress rate $\geq 4\%$ across the 12 months prior to the selection deadline

To qualify for international competition athletes are expected to demonstrate progress rates which give the selection panel confidence that their performance trajectory is aligned to success at Olympic, Commonwealth, World and European Senior level. Progress rates will be calculated from the best performance recorded at an IWF/EWF/BWL licensed competition 12-15 months prior to the qualification deadline for the international competition which the athlete is being considered for.

Annual Progress Rate is calculated using the formula;

$$\left(\frac{\text{Best competition performance during Selection Period}}{\text{Best competition performance during 12–15 months prior to the selection deadline}} \right) \times 100 = \text{Progress rate (\%)}$$

Appendix 2 – Average Number of successful lifts made in competition

The BWL Performance program expects athletes to demonstrate an average of $\geq 4/6$ successful lifts in the competition environment.

	Snatch 1	Snatch 2	Snatch 3	Jerk 1	Jerk 2	Jerk 3	AVG Success Ratio
Total count	408	408	408	408	408	408	
Good lifts	332	294	224	353	294	185	4.12 / 6 lifts
No Lifts	76	114	184	55	114	223	
Success ratio	81%	72%	55%	87%	72%	45%	68.71%

Data from World & Olympic Medallists 2009-2019

Athletes should demonstrate the ability to consistently deliver $>4/6$ lifts in domestic and international competitions with maximal loads (to the rules). In doing so lifters enable arena coaches to take advantage of field of play tactics to maximise athlete ranking.

Athletes should be capable of delivering maximal and near maximal performances a minimum of 4 times per year In-line with new Olympic and Commonwealth Qualification procedures. Success ratio in senior athletes is calculated from each athlete's 4 best competition performances across the 12-months prior to the selection deadline for each competition.

Average number of successful lifts in competition is calculated from the 4 best competition performances in the twelve (12) months prior to the selection deadline. using the following formula;

$$\left(\frac{\text{TOTAL Number of successful attempts in 4 Best competition performances}}{\text{TOTAL Number of attempts in 4 Best competition performances}} \right) \times 6 = \text{Average Success Ratio (/6)}$$