



Event: European Senior Championships 2020

Date: 04-12 April 2020

Location: Moscow (Russia) – *Tokyo 2020 Gold qualification event*

1. Overview

This selection policy has been created to provide an opportunity for GB lifters to compete at the IWF World Junior Championships providing they demonstrate the potential to contribute towards:

- 2020 Olympic Games selection
- Medals at major senior international championships in the future.

2. Minimum Eligibility Criteria

To be considered for selection for the European Senior Championships 2020, athletes must satisfy the following criteria:

- 2.1 A citizen of the United Kingdom and hold a valid British passport prior to initial entry deadline
- 2.2 In the case of multiple citizenship, the athlete must not have represented another country within a period of 12 months
- 2.3 Athlete must have submitted a declaration of interest to compete via email to stuart.martin@britishweightlifting.org before 23:59, 02/02/2020
- 2.4 A current member of British Weight Lifting (BWL),
- 2.5 Athlete must not be in dispute with BWL, affiliated bodies or stakeholders.
- 2.6 Compliant with the BWL and IWF Anti-Doping Controls and Procedures.
- 2.7 Display behaviours in-line with BWL's vision and values and consistently demonstrate appropriate performance related behaviours at international competitions.
- 2.8 Have achieved the relevant BWL qualification standard at an IWF/EWF/BWL (Tier 1 and 2) competition during the qualification period between 03/02/2019 – 02/02/2020
 - 2.8.1 Extenuating circumstances for the inclusion of non-IWF/EWF/BWL (Tier 1 and 2) competitions can be considered at the Discretion of the BWL Performance Pathway manager but must be requested a minimum of 4 weeks in advance of the proposed competition
- 2.9 Athlete must be listed on the BWL Rankings, formulated from registered BWL competitions and logged on the Sport80 - BARS system

3. Qualification standards

BWL will select a team which allows athletes the best opportunity to qualify for the Tokyo 2020 Olympics;

3.1 Automatic Selection standard - lifted during the qualification period (2.8)

Men's	55	61	67	73	81	89	96	102	109	109+
Totals	237	259	277	293	315	329	339	347	361	381
Women's	45	49	55	59	64	71	76	81	87	87+
Totals	156	167	187	203	209	216	220	224	228	245

3.2 Minimum Qualification standard - lifted during the qualification period (2.8)

Men's	55	61	67	73	81	89	96	102	109	109+
Totals	224	245	267	282	303	316	326	338	346	365
Women's	45	49	55	59	64	71	76	81	87	87+
Totals	140	150	167	182	188	196	202	206	212	218

BWL Athlete Dashboard

The selection panel will be provided with key information about each athlete to support voting members to make informed, objective decisions. The Dashboard includes the following information on each athlete;

3.2.1 *BWL Performance funnels*

3.2.2 *Analysis of BWL Sport80 competition results*

The advice and experience of BWL International Arena coaches and the BWL performance team will also be considered throughout the selection process.

4. Selection Process

The selection panel will convene to select athletes during the week beginning 03/02/2020 (subject to change by BWL). The selection process will be conducted by a BWL selection panel. The Selection process will take place in 2 phases outlined below.

Selection Phase 1 (Automatic Selection)

4.1 If the athlete has achieved the automatic selection criteria (3.1) and funding is available through the UK Sport Aspiration fund to support the athlete, then the athlete is automatically selected

Selection Phase 2 (Selection based on developing athletes with potential)

4.2 If the athlete has achieved the minimum qualification standard (3.2), the BWL selection panel must determine if the athlete is on trajectory to medal at Birmingham 2022 considering the following;

4.2.1 *Performance Trajectories*

4.2.2 *Decision making in competition (see appendix 1)*

4.2.3 *International performance trends*

Selection Phase 3 (Final selection of the team)

4.3 The IWF/EWF maximum team size for this event is ten (10) male and ten (10) female athletes

4.4 The number of lifters selected in each weight category will not exceed one (1)

4.5 If the number of athletes per category selected using the criteria in (4.1) and (4.2) is greater than the maximum number of athletes per weight category (4.4), the selection panel at their discretion reserves the right to select the athletes who have demonstrated the greatest potential to medal at Tokyo 2020 and/or Birmingham 2022.

4.6 If the number of athletes identified using the criteria in (4.1) and (4.2) is greater than the maximum Team Size (4.3), the selection panel at their discretion reserves the right to select athletes who have demonstrated the greatest potential to medal at Tokyo 2020 and/or Birmingham 2022.

4.7 If the number of athletes identified using the criteria in (4.1) and (4.2) is less than the maximum Team Size (4.3), the selection panel at their discretion reserves the right to select athletes who have demonstrated the greatest potential to medal at Tokyo 2020 and/or Birmingham 2022.

4.8 The selection panel at their discretion reserves the right to set additional conditions of selection for any/all athlete's in any of the following key areas.

4.8.1 *Capability to deliver against performance targets*

4.8.2 *Athlete Health & Fitness*

4.8.3 *Performance trajectory*

4.8.4 *Decision making in competition (see appendix 1)*

4.9 An athlete must consistently display performance related behaviours, which provide the selection panel with confidence that the athlete will not negatively affect the performance of other selected athletes or the team as a whole.

5. Self-funding

If BWL/UKS funding is not available to fund an athlete's participation the selection panel at their discretion reserves the right to offer an athlete the opportunity to self-fund, considering the following;

5.1 The athlete has confirmed an ability to self-fund, by emailing stuart.martin@britishweightlifting.org before 23:59, 02.02.2020 to declare their ability to self-fund.

5.2 The athlete has demonstrated willingness to adhere fully to BWL travel and accommodation arrangements at previous international competitions.

If the selection panel decides it is appropriate to offer an athlete the opportunity to self-fund, the athlete must;

5.3 The athlete must have paid the full agreed amount of financial costs to BWL before the 21/02/2020 (subject to change by BWL). A breakdown of approximate costs will be provided at point of selection, costs are expected to be around £2000 per person

5.4 The deadline for refunds on flights will be communicated with athletes at point of purchase. BWL work with ATPI travel to ensure we use safe, efficient and cost-effective travel routes. Flexible flights are purchased where possible to account for emergency changes but in cases where cost is critical, flights may be non-transferrable and/or non-refundable.

5.5 Accommodation/Accreditation. Refunds after the EWF deadline for final entries will be determined by the EWF or Host Federation.

5.6 BWL provides travel insurance for all individuals through our insurers (RSA). In the event you cannot attend a competition and would like to investigate a claim you must be able to evidence

relevant extenuating circumstances that align to the policy. In the event you wish to make a claim please contact Sue.Ward@britishweightlifting.org.

5.7 Athletes selected with aspiration funding must remain on trajectory to qualify for Tokyo 2020. If a UK Sport review concludes that an athlete is no longer on trajectory and removes their aspiration funding, the athlete will be given the option to self-fund or withdraw from competition.

5.8 In the event that an athlete who has agreed self-funding fails to make payment prior to the payment deadline (5.3), BWL retains the right to deselect the athlete with immediate action.

Athletes are advised to sign-off fundraising ideas with Ashley.Metcalf@britishweightlifting.org to avoid any potential conflicts or embarrassment with current or potential partners.

6. Obligations

Selected athletes will be required to:

6.1 Sign a BWL Team Members' Agreement, which will include a code of conduct

6.2 Attend agreed team camps or activities prior to the Championships as reasonably requested

6.3 Work with the BWL performance team to agree a competition strategy which aligns to performance targets at this competition.

6.4 Adhere to specified travel dates organised by BWL

6.5 Wear appropriate apparel as specified by BWL at all camps, events and the Championships

6.6 Inform BWL immediately should your preparation or strategy be interrupted in any way, including injury and illness, between point of nomination and the championships.

6.7 Submit training and bodyweight information as requested by BWL

6.8 Keep their selection confidential until an official press release by BWL has taken place

6.9 Continually promote a positive message about the sport in Great Britain across all social media platforms

7. Confirmation of Fitness and deselection

Each selected athlete must consistently display performance related behaviours, which provide the BWL Performance team with confidence that they are capable of achieving key performance targets.

The BWL performance team at their discretion reserve the right to deselect any athlete who has otherwise failed to adhere to the terms of this selection policy; who has failed to prove their form or fitness as highlighted below;

7.1 Any cause for concern over injury, illness, strength or body composition/weight arising from an examination or otherwise will lead to the athlete needing to demonstrate their fitness by undergoing fitness assessments at intervals deemed appropriate by BWL

7.2 If an athlete displays behaviour that reflects poorly on BWL, themselves or other selected team members, BWL is entitled to investigate the situation fully. In the event that the actions of the athlete cannot be resolved, negatively affect other selected team members or there is a risk that there will be a negative effect on performance of other individuals or the team at the championships, then BWL may outline an appropriate course of action to resolve the situation or deselect the athlete in question.

7.3 Athletes are expected to achieve key performance targets at the championships, BWL will be entitled to specify any reasonable method requiring a selected athlete to confirm their continued health, fitness or body composition/weight.

8. Selection Panel

The selection panel will be chaired by a member of BWL's Performance Advisory Group and will comprise of

8.1 Chair of the Performance Advisory Group (Chair)

8.2 BWL International Arena Coach

8.3 BWL International Arena Coach

8.4 BAC representative (independent) – in non-voting capacity

Other members of BWL may be in attendance in a non-voting capacity to supply background information and technical or medical information.

All conflicts of interest will be declared. A conflicted individual will not vote on that particular selection but may participate in the general selection discussions, at the discretion of the Chair of the Panel.

In the event of a tied vote the Chair of the Performance Committee will cast the deciding vote.

9. Appeals

Athletes have the right to appeal their non-selection or de-selection in accordance with the "BWL Selection Appeals Policy". A copy can be obtained by contacting the BWL main office. Deadline for submitting appeals is 13:00, 10/02/2020 (subject to change by BWL).

Appendix

1. Decision Making in international competition - Athletes must be able to consistently and reliably execute maximal lifts in the competition environment

The BWL Performance Program expects an athlete to demonstrate an average number of good lifts

	Snatch 1	Snatch 2	Snatch 3	Jerk 1	Jerk 2	Jerk 3	AVG Success Ratio
Total count	408	408	408	408	408	408	
Good lifts	332	294	224	353	294	185	4.12 / 6 lifts
No Lifts	76	114	184	55	114	223	
Success ratio	81%	72%	55%	87%	72%	45%	68.71%

Data from World & Olympic Medallists 2009-2019

Athletes who demonstrate the ability to consistently deliver >4/6 lifts in domestic and international competitions with maximal loads (to the rules). In doing so lifters enable arena coaches to take advantage of field of play tactics to maximise athlete ranking.

In-line with new Olympic and Commonwealth Qualification procedures athletes must be capable of delivering maximal and near maximal performances a minimum of 4 times per year. Success ratio in senior athletes is therefore calculated from each athlete's 4 best competition performances across the 12-months prior to the selection deadline for each competition.