



**Event:** European Junior & U23 Championships

**Date:** 20.10.18-27.10.18

**Location:** Zamosc (Poland)

## **1. Overview**

This selection policy has been created to provide an opportunity for talented lifters to compete who demonstrate the potential to contribute towards; 2022 Commonwealth Games or 2026 Olympic Games selection and medals at major junior and senior international championships in the future.

## **2. Eligibility**

To be considered for selection for the European Juniors & Under 23s Championships 2018, athletes must satisfy the following:

1. A citizen of the United Kingdom and hold a valid British passport
2. In case of multiple citizenship, the athlete must not have represented another country within a period of 12 months
3. A current member of British Weightlifting (BWL), not in dispute with BWL and/or its affiliated bodies or partners.
4. Compliant with the BWL Anti-Doping Controls and Procedures
5. Displays behaviours in-line with British Weightlifting's vision and values. Athletes are expected to consistently demonstrate appropriate performance related behaviours at international competitions.
6. Have achieved the relevant BWL qualification standard at a tier 2 competition (or other competition agreed with the BWL Performance manager in advance) during the qualification period between 21<sup>st</sup> April 2018 – 15<sup>th</sup> July 2018.
6. Be of eligible age
  - Junior - No younger than 15 and no older than 20 years of age on 1<sup>st</sup> January 2018
  - Under 23 - No younger than 21 and under 23 years of age on 1<sup>st</sup> January 2018
7. Have submitted a declaration of interest to compete via email to [stuart.martin@britishweightlifting.org](mailto:stuart.martin@britishweightlifting.org) before midnight 20/07/2018. This is essential to allow BWL conform to IWF Anti-doping rules.

### 3. Qualification

1. The BWL qualification standards for the European Junior Championship are:

<b>Men's Totals</b>	<b>56</b>	<b>62</b>	<b>69</b>	<b>77</b>	<b>85</b>	<b>94</b>	<b>105</b>	<b>105+</b>
	195	216	238	255	272	281	289	297
<b>Women's Totals</b>	<b>48</b>	<b>53</b>	<b>58</b>	<b>63</b>	<b>69</b>	<b>75</b>	<b>90</b>	<b>90+</b>
	144	156	167	179	186	193	204	211

2. The BWL qualification standards for the European under 23 Championship are:

<b>Men's Totals</b>	<b>56</b>	<b>62</b>	<b>69</b>	<b>77</b>	<b>85</b>	<b>94</b>	<b>105</b>	<b>105+</b>
	209	233	248	274	289	296	311	323
<b>Women's Totals</b>	<b>48</b>	<b>53</b>	<b>58</b>	<b>63</b>	<b>69</b>	<b>75</b>	<b>90</b>	<b>90+</b>
	148	161	172	184	194	203	214	222

### 4. Selection

The selection panel will convene to select athletes during the week beginning 16<sup>th</sup> July 2018. Lifters will be provisionally selected based on the eligibility criteria in section 2. Thereafter selection will only be confirmed if BWL have agreed to invest in a specific athlete.

The following criteria will be applied:

1. The maximum team size is 8 male and 8 female athletes
2. The number of lifters selected in each weight category will not exceed 2
3. If the number of athletes qualified exceeds the maximum Team Size or sufficient funding is not available to send all eligible athletes, then the following will apply to those athletes:
  - (a) Each Athlete's best performance during the selection period will be expressed as a percentage of the qualification standards (clause 3)
  - (b) Percentages will be rounded to the nearest whole number
  - (c) All Athletes will then be ranked using these percentages, the top ranked athletes will then be selected
  - (d) In the event of a tie in this ranking, the next best performance that was achieved within 6 months of 24<sup>th</sup> October 2018 at a national or international event will be considered and the athlete with the highest percentage of the qualifying standards will be selected first.
4. If funding through a home nation or BWL is not available (or agreed on) the next ranked eligible lifter following the process in point 4.3 will be provisionally selected.

5. If the number of eligible athletes is less than the Team Size the selection panel at their discretion reserves the right to select athletes who have demonstrated a performance trajectory in-line with top 5 performances at future Junior, U23 or Senior international events

## **5. Obligations**

Selected athletes will be required to:

1. Sign a BWL Team Members' Agreement, which will include a code of conduct
2. Attend agreed team camps or activities prior to the Championships as requested
3. Provide BWL with information relating to performance plans and preparation as requested
4. Adhere to specified travel dates organised by BWL
5. Wear appropriate apparel as specified by BWL at all camps, events and the Championships
6. Inform the BWL Performance Pathway Manager immediately should their preparation be interrupted in any way, including injury and illness, between point of nomination and the championships.
7. Submit training and bodyweight information as requested to the BWL Performance Pathway Manager
8. Not make any announcement to the public or the press or other media regarding their selection unless and until an official press release by BWL has taken place
9. Continually promote a positive message about the sport in Great Britain across social media platforms

## **6. Confirmation of Fitness and deselection**

Prior to the Championship, BWL retain the right to deselect an athlete who has failed to prove their form or fitness as highlighted in points 1 to 5 below or who has otherwise failed to adhere to the terms of this selection policy

1. In addition to any other provision of this Policy, all selected athletes at the request of the BWL Performance Pathway Manager will undergo medical, body composition/weight and performance assessments to ensure that they have maintained an adequate level of fitness to perform to the best of their ability at the Championships
2. Any cause for concern over injury, illness, strength or body composition/weight arising from an examination or otherwise will lead to the athlete needing to demonstrate their fitness by undergoing fitness assessments at intervals deemed appropriate by the Performance Pathway Manager

3. If an athlete displays behaviour that reflects poorly on BWL, themselves or other selected team members, the BWL Performance Pathway manager will be entitled to investigate the situation (involving key BWL staff where necessary). In the event that the actions of that athlete cannot be resolved, negatively affect other selected team members or there is a risk that there will be a negative effect on the personal or team performance at the championships, then the BWL Performance Pathway Manager may outline an appropriate course of action to resolve the situation or deselect the athlete in question.

4. Athletes are expected to repeat or exceed their qualification totals at the Championship, consequently, the Performance Pathway Manager will be entitled to specify any reasonable method requiring a selected athlete to confirm their continued health, fitness and bodyweight. This might include: participating in certain competitions, attending meetings, submit training videos, attend squad training or undergoing fitness and body composition assessments.

5. All selected athletes will be expected to attend all agreed preparation camps where they must demonstrate through their training performance and training plan that they are on track to, as a minimum, to lift equal to or in excess of their qualification total.

## **7. Selection Panel**

The selection panel will be chaired by a member of BWL's Performance Committee and comprise of BWL's Performance Pathway Manager, a member of a Home Nation & an International Arena Coach.

All conflicts of interest will be declared and in the event of a conflict, the chair of the selection panel will determine whether the conflicted individual can take part in the selection discussion. A conflicted individual will not vote on that particular selection but may participate in the general selection discussions, at the discretion of the Chair of the Panel.

## **8. Appeals**

Athletes have the right to appeal their non-selection or de-selection in accordance with the "BWL Selection Appeals Policy". A copy can be obtained by contacting the BWL main office.