

England Championships Records - Women

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch					
	Clean & Jerk					
	Total					
49	Snatch	66	Noorin Gulam	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	81	Noorin Gulam	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	147	Noorin Gulam	20 January 2019	England Senior Championships	Milton Keynes, GBR
55	Snatch	76	Fraer Morrow	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	92	Fraer Morrow	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	168	Fraer Morrow	19 January 2019	England Senior Championships	Milton Keynes, GBR
59	Snatch	83	Olivia Blatch	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	99	Olivia Blatch	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	182	Olivia Blatch	19 January 2019	England Senior Championships	Milton Keynes, GBR
64	Snatch	85	Helen Jewell	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	95	Helen Jewell	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	180	Helen Jewell	19 January 2019	England Senior Championships	Milton Keynes, GBR

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71	Snatch	88	Sally Bennett	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	105	Sally Bennett	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	193	Sally Bennett	20 January 2019	England Senior Championships	Milton Keynes, GBR
76	Snatch	84	Emma Collins-Jones	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	100	Emily Pursehouse	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	179	Emily Pursehouse	20 January 2019	England Senior Championships	Milton Keynes, GBR
81	Snatch	81	Kayley Cook	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	100	Charlotte Weatherall-Smith	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	172	Charlotte Weatherall-Smith	19 January 2019	England Senior Championships	Milton Keynes, GBR
87	Snatch	73	Amy Kirby-Saunders	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	101	Jessica Silva	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	173	Jessica Silva	19 January 2019	England Senior Championships	Milton Keynes, GBR
87+	Snatch	114	Emily Campbell	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	143	Emily Campbell	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	257	Emily Campbell	19 January 2019	England Senior Championships	Milton Keynes, GBR