



ENGLAND
WEIGHT
LIFTING

ENGLAND CHAMPIONSHIPS 2022

29.10.2022-30.10.2022

DERBY ARENA

START BOOK

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022**

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**ENGLAND CHAMPIONSHIPS 2022
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TIMETABLE

| | SEX | CATEGORY | GROUP | DATE | TIME | COMPETITOR |
|----|-----|----------|-------|-------|-------|------------|
| 1 | M | 61 | A | 29.10 | 09:00 | 1 |
| | | 67 | A | | | 11 |
| 3 | W | 45 | A | 29.10 | 10:55 | 1 |
| | | 49 | A | | | 5 |
| | | 55 | A | | | 6 |
| 6 | W | 64 | B | 29.10 | 11:25 | 9 |
| 7 | M | 73 | A | 29.10 | 12:55 | 9 |
| 8 | M | 81 | B | 29.10 | 13:50 | 12 |
| 9 | W | 59 | A | 29.10 | 14:25 | 6 |
| 10 | M | 81 | A | 29.10 | 15:55 | 7 |
| 11 | M | 89 | B | 29.10 | 16:50 | 10 |
| 12 | W | 64 | A | 29.10 | 17:25 | 7 |
| 13 | W | 71 | B | 29.10 | 18:30 | 10 |
| 14 | M | 89 | A | 29.10 | 18:55 | 6 |
| 15 | W | 71 | A | 30.10 | 10:15 | 8 |
| 16 | M | 96 | A | 30.10 | 11:55 | 8 |
| 17 | W | 76 | A | 30.10 | 13:30 | 8 |
| 18 | M | 102 | A | 30.10 | 14:55 | 6 |
| 19 | W | 81 | A | 30.10 | 16:05 | 10 |
| | | 87 | A | | | 1 |
| | | +87 | A | | | 4 |
| 22 | M | 109 | A | 30.10 | 18:15 | 7 |
| | | +109 | A | | | 3 |

**ENGLAND CHAMPIONSHIPS 2022
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TECHNICAL OFFICIALS

Aaron Holt
Aaron Lindsey
Alison Day
Bev Pattison
Dyana Altenor
Ed Halstead
Elicia Agar
Euan Meston
Harj Cheema
Holly Baker
Jennifer Maysmor-Gee
Jennifer MM-Gee
Josh Mosavi
Mary Hancock
Nicole Bernard
Sophie Cartwright

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WOMEN'S STATISTICS

| | GROUP | 45 | 49 | 55 | 59 | 64 | 71 | 76 | 81 | 87 | +87 | TOTAL |
|----|--------------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|--------------|
| 1 | Altrincham WLC | | | | | 1 | 1 | | | | | 2 |
| 2 | Atlas WL Centre | | 1 | 1 | | | | | | | | 2 |
| 3 | Bangor Uni WLC | | | | | | 1 | | | | | 1 |
| 4 | Blackheath WLC | | | | | | | | 1 | | | 1 |
| 5 | Brunel Uni WL | | | | | 1 | | 1 | | | | 2 |
| 6 | Central London WLC | | | | | | | | 1 | | | 1 |
| 7 | Colchester WL | | | | | | 1 | | | | | 1 |
| 8 | Crossfit Southampton WLC | | | | | | | | 1 | | | 1 |
| 9 | Elite Power | | | | | | | 1 | | | | 1 |
| 10 | Europa WLC | | | | | | 1 | | | | | 1 |
| 11 | Fylde Coast WLC | | | | 1 | | | | | | | 1 |
| 12 | Hallam Barbell | | | | 1 | | | | | | | 1 |
| 13 | Hampshire Barbell Club | | | | | | 1 | | 1 | | | 2 |
| 14 | LOWA | | | | | | 1 | | 1 | | 1 | 3 |
| 15 | London Strength | | | | | | | | 1 | | | 1 |
| 16 | Loughborough Uni Power | | 1 | | | | 1 | | | | | 2 |
| 17 | Mems WL | | 1 | | 1 | | 1 | | 1 | | | 4 |
| 18 | Middlesex Uni WLC | | | | | | | | | | 1 | 1 |
| 19 | Orwell WLC | | | | | 1 | | | | | | 1 |
| 20 | Oxford Powersports | | | | 1 | | | | | | | 1 |
| 21 | Pride Performance | | | | | 1 | 1 | 1 | | | | 3 |
| 22 | Psych WLC | | 1 | | | | | | | | | 1 |
| 23 | RAF WLC | | | | | 1 | 2 | | | | | 3 |
| 24 | Resilience WL | | | | | | | | 1 | | | 1 |
| 25 | Ronin Barbell Club | | | | 1 | 2 | 2 | | | 1 | 1 | 7 |
| 26 | Stone Towers WLC | 1 | | | | | | | | | | 1 |
| 27 | Strong for Life | | | | | | 1 | | | | | 1 |
| 28 | Team Cavanagh | | | | | | | 1 | | | | 1 |
| 29 | Team Manchester | | | | | 1 | | | | | | 1 |
| 30 | Triple X WLC | | | | | 1 | | | | | | 1 |
| 31 | Unattached | | | 5 | | 6 | 3 | 2 | 1 | | 1 | 18 |
| 32 | Wisdom 4 WL | | | | | | | 1 | | | | 1 |
| 33 | Woking WLC | | | | 1 | | | | 1 | | | 2 |
| 34 | Wythenshawe WLC | | 1 | | | 1 | | 1 | | | | 3 |
| 35 | Yprkshire Strength | | | | | | 1 | | | | | 1 |
| | TOTAL | 1 | 5 | 6 | 6 | 16 | 18 | 8 | 10 | 1 | 4 | 75 |

**ENGLAND CHAMPIONSHIPS 2022
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MEN'S STATISTICS

| | GROUP | 55 | 61 | 67 | 73 | 81 | 89 | 96 | 102 | 109 | +109 | TOTAL |
|----|--------------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|------------|-------------|--------------|
| 1 | Adlington Barbell Club | | | | | | | | | | 1 | 1 |
| 2 | Altrincham WLC | | | | | | 1 | | | | | 1 |
| 3 | Atlas WL Centre | | | 1 | 1 | | | 1 | | | | 3 |
| 4 | Bounce Gym WL | | | | | 1 | | | | 2 | | 3 |
| 5 | Brunel Uni WL | | | | | 2 | | 1 | 1 | | | 4 |
| 6 | CORE WLC | | | | | | 1 | | | | | 1 |
| 7 | Colchester WL | | | 1 | | | 1 | | | | | 2 |
| 8 | Crossfit Southampton WLC | | | | | | | | | 1 | | 1 |
| 9 | Crystal Palace WLC | | | | | 1 | | | | | | 1 |
| 10 | Europa WLC | | | | | 1 | | | | | | 1 |
| 11 | Guildford WL | | | | | | | | | 1 | | 1 |
| 12 | Hampshire Barbell Club | | | | 1 | | | | 1 | | | 2 |
| 13 | LOWA | | | | 1 | | 2 | | | 1 | | 4 |
| 14 | Loughborough Uni Power | | | | 1 | | 2 | 1 | | | | 4 |
| 15 | Maidstone WLC | | | 1 | | 1 | | | 1 | | 1 | 4 |
| 16 | Mems WL | | | | | | 1 | | | 1 | | 2 |
| 17 | Middlesex Uni WLC | | | 1 | | | | 1 | | | | 2 |
| 18 | North Tyneside Barbells | | | 1 | | | | | | | | 1 |
| 19 | Orwell WLC | | | | 1 | | | | | | | 1 |
| 20 | Oxford Powersports | | | | | | 1 | 1 | | | | 2 |
| 21 | Pride Performance | | | | | 1 | | | | | 1 | 2 |
| 22 | Psych WLC | | | | | 1 | 1 | | | | | 2 |
| 23 | Ronin Barbell Club | | | 3 | | 5 | | 1 | 1 | | | 10 |
| 24 | St Birinus WL | | | 1 | | | | | | | | 1 |
| 25 | TSN Strength | | | | | 1 | | | | | | 1 |
| 26 | Unattached | | 1 | 1 | 4 | 5 | 6 | 2 | 2 | 1 | | 22 |
| 27 | Wisdom 4 WL | | | 1 | | | | | | | | 1 |
| | TOTAL | | 1 | 11 | 9 | 19 | 16 | 8 | 6 | 7 | 3 | 80 |

**ENGLAND CHAMPIONSHIPS 2022
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COMBINED STATISTICS

| | GROUP | WOMEN | MEN | TOTAL |
|----|--------------------------|--------------|------------|--------------|
| 1 | Adlington Barbell Club | | 1 | 1 |
| 2 | Altrincham WLC | 2 | 1 | 3 |
| 3 | Atlas WL Centre | 2 | 3 | 5 |
| 4 | Bangor Uni WLC | 1 | | 1 |
| 5 | Blackheath WLC | 1 | | 1 |
| 6 | Bounce Gym WL | | 3 | 3 |
| 7 | Brunel Uni WL | 2 | 4 | 6 |
| 8 | CORE WLC | | 1 | 1 |
| 9 | Central London WLC | 1 | | 1 |
| 10 | Colchester WL | 1 | 2 | 3 |
| 11 | Crossfit Southampton WLC | 1 | 1 | 2 |
| 12 | Crystal Palace WLC | | 1 | 1 |
| 13 | Elite Power | 1 | | 1 |
| 14 | Europa WLC | 1 | 1 | 2 |
| 15 | Fylde Coast WLC | 1 | | 1 |
| 16 | Guildford WL | | 1 | 1 |
| 17 | Hallam Barbell | 1 | | 1 |
| 18 | Hampshire Barbell Club | 2 | 2 | 4 |
| 19 | LOWA | 3 | 4 | 7 |
| 20 | London Strength | 1 | | 1 |
| 21 | Loughborough Uni Power | 2 | 4 | 6 |
| 22 | Maidstone WLC | | 4 | 4 |
| 23 | Mems WL | 4 | 2 | 6 |
| 24 | Middlesex Uni WLC | 1 | 2 | 3 |
| 25 | North Tyneside Barbells | | 1 | 1 |
| 26 | Orwell WLC | 1 | 1 | 2 |
| 27 | Oxford Powersports | 1 | 2 | 3 |
| 28 | Pride Performance | 3 | 2 | 5 |
| 29 | Psych WLC | 1 | 2 | 3 |
| 30 | RAF WLC | 3 | | 3 |
| 31 | Resilience WL | 1 | | 1 |
| 32 | Ronin Barbell Club | 7 | 10 | 17 |
| 33 | St Birinus WL | | 1 | 1 |
| 34 | Stone Towers WLC | 1 | | 1 |
| 35 | Strong for Life | 1 | | 1 |
| 36 | TSN Strength | | 1 | 1 |
| 37 | Team Cavanagh | 1 | | 1 |
| 38 | Team Manchester | 1 | | 1 |
| 39 | Triple X WLC | 1 | | 1 |
| 40 | Unattached | 18 | 22 | 40 |
| 41 | Wisdom 4 WL | 1 | 1 | 2 |
| 42 | Woking WLC | 2 | | 2 |
| 43 | Wythenshawe WLC | 3 | | 3 |
| 44 | Yprkshire Strength | 1 | | 1 |
| | TOTAL | 75 | 80 | 155 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022**

START LIST Men 61kg A, 67kg A

Competition start: 29.10.2022 09:00

Weigh-in start: 07:00

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|----|-----|------------------|-------------------------|----------|-------|
| 1 | 123 | POGMORE Daniel | Unattached | 61 | 196 |
| 2 | 2 | FENNEY Joe | Wisdom 4 WL | 67 | 230 |
| 3 | 7 | LIU Kin | Ronin Barbell Club | 67 | 236 |
| 4 | 10 | HASNATH Abdul | Ronin Barbell Club | 67 | 205 |
| 5 | 12 | JI Yegeun | Unattached | 67 | 210 |
| 6 | 22 | ARCHER Theo | North Tyneside Barbells | 67 | 200 |
| 7 | 33 | KEARTON Andrew | Colchester WL | 67 | 192 |
| 8 | 39 | EE Silver | Maidstone WLC | 67 | 225 |
| 9 | 42 | STILES Kieran | Middlesex Uni WLC | 67 | 220 |
| 10 | 53 | LOWTHER Ryan | Ronin Barbell Club | 67 | 211 |
| 11 | 87 | SIRAJ Haroon | Atlas WL Centre | 67 | 257 |
| 12 | 106 | LAWTON Sebastian | St Birinus WL | 67 | 205 |

**ENGLAND CHAMPIONSHIPS 2022
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START LIST Women 45kg A, 49kg A, 55kg A

Competition start: 29.10.2022 10:55

Weigh-in start: 08:55

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|----|------------|---------------------|------------------------|-----------------|--------------|
| 1 | 135 | REDFERN Alex | Stone Towers WLC | 45 | 126 |
| 2 | 15 | AHMAN Nurul | Loughborough Uni Power | 49 | 115 |
| 3 | 55 | WALKER Naomi | Psych WLC | 49 | 120 |
| 4 | 103 | DANE Clare | Mems WL | 49 | 116 |
| 5 | 149 | WONG Tammy | Atlas WL Centre | 49 | 138 |
| 6 | 154 | BRIGGS Faye | Wythenshawe WLC | 49 | 114 |
| 7 | 11 | BARRETT Lucy | Unattached | 55 | 136 |
| 8 | 25 | STEELE Kayleigh-Ann | Unattached | 55 | 162 |
| 9 | 27 | LEE-ISTED Jane | Atlas WL Centre | 55 | 163 |
| 10 | 32 | GULAM Noorin | Unattached | 55 | 161 |
| 11 | 81 | PEREGRINE Gemma | Unattached | 55 | 139 |
| 12 | 139 | MORROW Fraer | Unattached | 55 | 198 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022**

START LIST Women 64kg B

Competition start: 29.10.2022 11:25

Weigh-in start: 09:25

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|------------|--------------------|-------------------|-----------------|--------------|
| 1 | 9 | GREEN Katie | Triple X WLC | 64 | 146 |
| 2 | 34 | MULLEM Clarissa | Unattached | 64 | 147 |
| 3 | 75 | SPY Lucy | RAF WLC | 64 | 153 |
| 4 | 77 | BALL Jenni | Orwell WLC | 64 | 145 |
| 5 | 108 | GOUGH Imogen | Team Manchester | 64 | 146 |
| 6 | 116 | MURDOCH Jodie | Wythenshawe WLC | 64 | 152 |
| 7 | 126 | MAYS Chloe | Unattached | 64 | 138 |
| 8 | 128 | FORGACOVA Michaela | Brunel Uni WL | 64 | 142 |
| 9 | 143 | BATEY Grace | Pride Performance | 64 | 145 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022****START LIST Men 73kg A**

Competition start: 29.10.2022 12:55

Weigh-in start: 10:55

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|-----|-------------------|------------------------|----------|-------|
| 1 | 29 | CASCO Jed | Unattached | 73 | 220 |
| 2 | 43 | FREEBURY Chris | Atlas WL Centre | 73 | 248 |
| 3 | 61 | DAVIES Russell | Hampshire Barbell Club | 73 | 211 |
| 4 | 74 | CHIN Jonathan | Unattached | 73 | 287 |
| 5 | 78 | FINNIGAN Jacob | Orwell WLC | 73 | 270 |
| 6 | 88 | LAM Ji Fang Ethan | Loughborough Uni Power | 73 | 221 |
| 7 | 121 | EGAN Jack | Unattached | 73 | 225 |
| 8 | 134 | GLENN Micheal | LOWA | 73 | 223 |
| 9 | 144 | NORTON Harvey | Unattached | 73 | 221 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022****START LIST Men 81kg B**

Competition start: 29.10.2022 13:50

Weigh-in start: 11:50

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|----|-----|----------------------|--------------------|----------|-------|
| 1 | 5 | STEVENS Perry | Crystal Palace WLC | 81 | 226 |
| 2 | 17 | HEENAN Samuel | Unattached | 81 | 238 |
| 3 | 31 | SPENCER Ryan | Pride Performance | 81 | 236 |
| 4 | 49 | AUSTIN Ben | Unattached | 81 | 236 |
| 5 | 52 | MESTON Euan | Ronin Barbell Club | 81 | 240 |
| 6 | 60 | TAN Marcus | Ronin Barbell Club | 81 | 236 |
| 7 | 104 | THOMPSON Luke | Unattached | 81 | 230 |
| 8 | 130 | GALLOWAY Will | Bounce Gym WL | 81 | 226 |
| 9 | 137 | RUSOWSKI Maksymilian | Ronin Barbell Club | 81 | 240 |
| 10 | 138 | HARGRAVE James | Brunel Uni WL | 81 | 240 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022****START LIST Women 59kg A**

Competition start: 29.10.2022 14:25

Weigh-in start: 12:25

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|-----|-------------------|--------------------|----------|-------|
| 1 | 1 | KALINOWSKA Nicole | Oxford Powersports | 59 | 133 |
| 2 | 24 | LIM Julia | Ronin Barbell Club | 59 | 136 |
| 3 | 90 | THOMPSON Sally | Fylde Coast WLC | 59 | 152 |
| 4 | 101 | NG Elizabeth | Woking WLC | 59 | 134 |
| 5 | 119 | TONG Jenny | Hallam Barbell | 59 | 189 |
| 6 | 132 | TRAPANI Gilda | Mems WL | 59 | 137 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022****START LIST Men 81kg A**

Competition start: 29.10.2022 15:55

Weigh-in start: 13:55

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|-----|-----------------|--------------------|----------|-------|
| 1 | 20 | CANAVAN Nick | Unattached | 81 | 242 |
| 2 | 37 | HINES Alistair | Ronin Barbell Club | 81 | 226 |
| 3 | 65 | BIRCH Aiden | Unattached | 81 | 268 |
| 4 | 68 | MEARS Omarie | TSN Strength | 81 | 258 |
| 5 | 92 | SWEETMAN Ryan | Ronin Barbell Club | 81 | 270 |
| 6 | 105 | MCPHEE Kristian | Brunel Uni WL | 81 | 260 |
| 7 | 110 | MASON Mitchell | Maidstone WLC | 81 | 235 |
| 8 | 140 | COWEN Joseph | Psych WLC | 81 | 284 |
| 9 | 151 | OLIVER Jack | Europa WLC | 81 | 287 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022**

START LIST Men 89kg B

Competition start: 29.10.2022 16:50

Weigh-in start: 14:50

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|----|-----|-------------------|------------------------|----------|-------|
| 1 | 21 | CALWAY Samuel | Oxford Powersports | 89 | 246 |
| 2 | 26 | OWENS Joshua | Psych WLC | 89 | 237 |
| 3 | 51 | JORDAN Alex | Unattached | 89 | 235 |
| 4 | 64 | WEBB Micheal | Loughborough Uni Power | 89 | 248 |
| 5 | 82 | HUDSON Alex | Altrincham WLC | 89 | 250 |
| 6 | 117 | BENSON Jake | Unattached | 89 | 237 |
| 7 | 120 | WILMOT Oliver | CORE WLC | 89 | 235 |
| 8 | 122 | ASGHARI Saeed | Mems WL | 89 | 236 |
| 9 | 147 | FINCH Sam | Unattached | 89 | 255 |
| 10 | 148 | BIGGINS Sebastian | Colchester WL | 89 | 250 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022****START LIST Women 64kg A**

Competition start: 29.10.2022 17:25

Weigh-in start: 15:25

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|-----|------------------|--------------------|----------|-------|
| 1 | 63 | BURCHELL Hannah | Unattached | 64 | 166 |
| 2 | 66 | STEVENS Abby | Altrincham WLC | 64 | 172 |
| 3 | 84 | JACKSON Georgina | Ronin Barbell Club | 64 | 171 |
| 4 | 93 | MOTTRAM Natalie | Unattached | 64 | 171 |
| 5 | 129 | BLACKMUR Chloe | Unattached | 64 | 166 |
| 6 | 141 | GRIFFITHS Josie | Unattached | 64 | 160 |
| 7 | 150 | PENDLE Emma | Ronin Barbell Club | 64 | 163 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022**

START LIST Women 71kg B

Competition start: 29.10.2022 18:30

Weigh-in start: 16:30

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|----|-----|-------------------|--------------------|----------|-------|
| 1 | 50 | HENRY Riana | LOWA | 71 | 144 |
| 2 | 56 | MOTRTON Holly | Pride Performance | 71 | 145 |
| 3 | 76 | NATHAN Rachael | Unattached | 71 | 149 |
| 4 | 80 | SWAYNE Monica | Ronin Barbell Club | 71 | 153 |
| 5 | 83 | HARRISON Sophie | Bangor Uni WLC | 71 | 144 |
| 6 | 102 | DORMAN Isabel | Unattached | 71 | 156 |
| 7 | 113 | NESBITT Rebecca | RAF WLC | 71 | 157 |
| 8 | 114 | THOMAS Grace | Europa WLC | 71 | 144 |
| 9 | 118 | STEVENSON Olivia | Strong for Life | 71 | 137 |
| 10 | 146 | GUERNEY Alesandra | Yprkshire Strength | 71 | 150 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022****START LIST Men 89kg A**

Competition start: 29.10.2022 18:55

Weigh-in start: 16:55

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|-----|---------------------|------------------------|----------|-------|
| 1 | 3 | CHEA Chi | Unattached | 89 | 275 |
| 2 | 23 | CATALDI Stefano | LOWA | 89 | 300 |
| 3 | 69 | STEWART-NERONA Emil | Unattached | 89 | 270 |
| 4 | 86 | MORA ROMERO Ramiro | LOWA | 89 | 300 |
| 5 | 98 | BRACHER Oliver | Unattached | 89 | 270 |
| 6 | 131 | RUSS Christopher | Loughborough Uni Power | 89 | 285 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022****START LIST Women 71kg A**

Competition start: 30.10.2022 10:15

Weigh-in start: 08:15

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|-----|-----------------|------------------------|----------|-------|
| 1 | 36 | BARTON Erin | Mems WL | 71 | 206 |
| 2 | 45 | HERON Lou | Hampshire Barbell Club | 71 | 159 |
| 3 | 72 | TROWBRIDGE Rae | Unattached | 71 | 161 |
| 4 | 95 | PARKER Laura | Colchester WL | 71 | 172 |
| 5 | 107 | BOVILL Anushka | Loughborough Uni Power | 71 | 162 |
| 6 | 115 | POTTER Jennifer | Altrincham WLC | 71 | 176 |
| 7 | 133 | ELLIOT Madeline | RAF WLC | 71 | 170 |
| 8 | 152 | OSGOOD Natasha | Ronin Barbell Club | 71 | 170 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022****START LIST Men 96kg A**

Competition start: 30.10.2022 11:55

Weigh-in start: 09:55

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|------------|----------------------|------------------------|-----------------|--------------|
| 1 | 30 | RICHARDSON Thomas | Ronin Barbell Club | 96 | 275 |
| 2 | 47 | BESTMAN Stephen | Brunel Uni WL | 96 | 301 |
| 3 | 67 | AVETISYAN Edmon | Unattached | 96 | 320 |
| 4 | 70 | OWEN Edward | Unattached | 96 | 268 |
| 5 | 71 | SMALE Edward | Loughborough Uni Power | 96 | 310 |
| 6 | 89 | WARD Christopher | Oxford Powersports | 96 | 246 |
| 7 | 124 | SMITH Jonathan | Atlas WL Centre | 96 | 263 |
| 8 | 153 | TCHATCHET II Cyrille | Middlesex Uni WLC | 96 | 342 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022**

START LIST Women 76kg A

Competition start: 30.10.2022 13:30

Weigh-in start: 11:30

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|-----|------------------|-------------------|----------|-------|
| 1 | 8 | CURTIS Heather | Unattached | 76 | 187 |
| 2 | 28 | DALEY Deanna | Elite Power | 76 | 180 |
| 3 | 40 | DAVIES Sarah | Wisdom 4 WL | 76 | 229 |
| 4 | 41 | BROWN Isabella | Brunel Uni WL | 76 | 198 |
| 5 | 96 | FLANNERY Heather | Pride Performance | 76 | 152 |
| 6 | 109 | BOTT Arabella | Unattached | 76 | 148 |
| 7 | 125 | MAWSON Eleanor | Team Cavanagh | 76 | 157 |
| 8 | 142 | RICHARDS Louise | Wythenshawe WLC | 76 | 168 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022****START LIST Men 102kg A**

Competition start: 30.10.2022 14:55

Weigh-in start: 12:55

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|---|------------|-----------------|------------------------|-----------------|--------------|
| 1 | 4 | NEWMAN James | Ronin Barbell Club | 102 | 264 |
| 2 | 6 | BES Krzysztof | Hampshire Barbell Club | 102 | 251 |
| 3 | 58 | HEALY Janthan | Brunel Uni WL | 102 | 270 |
| 4 | 100 | HARNELL Ben | Unattached | 102 | 265 |
| 5 | 112 | CAMPBELL Conner | Unattached | 102 | 254 |
| 6 | 155 | MURRAY Eron | Maidstone WLC | 102 | 251 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022**

START LIST Women 81kg A, 87kg A, +87kg A

Competition start: 30.10.2022 16:05

Weigh-in start: 14:05

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|----|-----|--------------------|--------------------------|----------|-------|
| 1 | 13 | WILTSHIRE Sarah | Woking WLC | 81 | 198 |
| 2 | 14 | WYSS Angela | LOWA | 81 | 169 |
| 3 | 18 | MCCREADY Emma | Resilience WL | 81 | 200 |
| 4 | 48 | CAVE Alexandra | Central London WLC | 81 | 186 |
| 5 | 59 | ALAWODE Deborah | London Strength | 81 | 211 |
| 6 | 79 | FEKLISTOVA Katrina | Mems WL | 81 | 208 |
| 7 | 91 | PODSTAWKA Laura | Unattached | 81 | 186 |
| 8 | 94 | JOHNSON Amy | Crossfit Southampton WLC | 81 | 181 |
| 9 | 111 | MORITZ Georgina | Hampshire Barbell Club | 81 | 151 |
| 10 | 127 | STIDDARD Nicola | Blackheath WLC | 81 | 183 |
| 11 | 44 | THOMPSON Connie | Ronin Barbell Club | 87 | 165 |
| 12 | 19 | CAMPBELL Krystal | Ronin Barbell Club | +87 | 174 |
| 13 | 57 | CLARKE Leah | Unattached | +87 | 220 |
| 14 | 97 | DA`SILVA Jessica | Middlesex Uni WLC | +87 | 212 |
| 15 | 99 | TONGE-BOBIA Rushan | LOWA | +87 | 165 |

**ENGLAND CHAMPIONSHIPS 2022
DERBY - ENG 29.10.2022 - 30.10.2022**

START LIST Men 109kg A, +109kg A

Competition start: 30.10.2022 18:15

Weigh-in start: 16:15

| | LOT | NAME | GROUP | CATEGORY | ENTRY |
|----|-----|---------------------|--------------------------|----------|-------|
| 1 | 16 | HARDING-PRIOR David | LOWA | 109 | 305 |
| 2 | 35 | CONROY Daniel | Unattached | 109 | 283 |
| 3 | 46 | PRENTICE Simon | Bounce Gym WL | 109 | 275 |
| 4 | 62 | MILLSON Benedict | Mems WL | 109 | 290 |
| 5 | 73 | YANG Kun Mo | Bounce Gym WL | 109 | 257 |
| 6 | 85 | WOODASON Henry | Guildford WL | 109 | 260 |
| 7 | 136 | KILVINGTON-NEW Jack | Crossfit Southampton WLC | 109 | 265 |
| 8 | 38 | VINE Jordan | Maidstone WLC | +109 | 301 |
| 9 | 54 | SMITH David | Pride Performance | +109 | 280 |
| 10 | 145 | MIDDLETON Mackenzie | Adlington Barbell Club | +109 | 342 |