

ENGLAND CHAMPIONSHIPS 2022 Schedule SATURDAY 29 OCTOBER 2022 Red Platform		
Weigh in: 07.00 Start: 09.00 Finish: 10.45	SENIOR M61 – 67kg	12 Lifters
Weigh in: 08.55 Start: 10.55 Finish: 12.45	SENIOR W45, 49, 55kg	12 Lifters
Weigh in: 10.55 Start: 12.55 Finish: 14.15	SENIOR M73kg	9 Lifters
Weigh in: 12.25 Start: 14.25 Finish: 15.45	SENIOR W59kg	8 Lifters
Weigh in: 13.55 Start: 15.55 Finish: 17.15	SENIOR M81kgA	9 Lifters
Weigh in: 15.25 Start: 17.25 Finish: 18.45	SENIOR W64kg	8 Lifters
Weigh in: 16.55 Start: 18.55 Finish: 19.55	SENIOR M89kgA	6 Lifters

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Weigh in: 07.00 Start: 09.00 Finish: 10.05	MASTERS - ALL WEIGHT CATEGORIES W65-50	7 Lifters
Weigh in: 08.15 Start: 10.15 Finish: 11.15	MASTERS ALL WEIGHT CATEGORIES M70-55	6 Lifters
Weigh in: 09.25 Start: 11.25 Finish: 12.30	SENIOR W64kgB	7 Lifters
Weigh in: 10.40 Start: 12.40 Finish: 13.40	MASTERS - ALL WEIGHT CATEGORIES W45	6 Lifters
Weigh in: 11.50 Start: 13.50 Finish: 15.10	SENIOR M81kgB	9 Lifters
Weigh in: 13.20 Start: 15.20 Finish: 16.40	MASTERS - ALL WEIGHT CATEGORIES M50-45	9 Lifters
Weigh in: 14.50 Start: 16.50 Finish: 18.20	SENIOR M89kgB	10 Lifters
Weigh in: 16.30 Start: 18.30 Finish: 20.00	SENIOR W71kgB	11 Lifters

All start and finish times are subject to change on the day of the competition subject to the running speed.

<b>ENGLAND CHAMPIONSHIPS 2022</b> <b>Schedule</b> <b>SUNDAY 30 OCTOBER 2022</b> <b>Red Platform</b>		
Weigh in: 08.15 Start: 10.15 Finish: 11.45	SENIOR W71kgA	10 Lifters
Weigh in: 09.55 Start: 11.55 Finish: 13.20	SENIOR M96kg	9 Lifters
Weigh in: 11.30 Start: 13.30 Finish: 14.45	SENIOR W76kg	8 Lifters
Weigh in: 12.55 Start: 14.55 Finish: 15.55	SENIOR M102kg	6 Lifters
Weigh in: 14.05 Start: 16.05 Finish: 18.05	SENIOR W81, 87+kg	14 Lifters
Weigh in: 16.15 Start: 18.15 Finish: 19.45	SENIOR M109, 109+kg	10 Lifters

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Weigh in: 08.15 Start: 10.15 Finish: 11.35	MASTERS - ALL WEIGHT CATEGORIES W40	8 Lifters
Weigh in: 09.45 Start: 11.45 Finish: 12.45	MASTERS - ALL WEIGHT CATEGORIES M40	6 Lifters
Weigh in: 10.55 Start: 12.55 Finish: 14.15	MASTERS W35 (49- 64KG)	8 Lifters
Weigh in: 12.25 Start: 14.25 Finish: 15.25	MASTERS M35 (67- 89KG)	6 Lifters
Weigh in: 13.35 Start: 15.35 Finish: 17.10	MASTERS W35 (71- 87+KG)	11 Lifters
Weigh in: 15.20 Start: 17.20 Finish: 18.40	MASTERS M35 (96- 109+KG)	9 Lifters

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