



Event: CGF 2026 Commonwealth Games

Date: July / August 2026

Location: Glasgow (Scotland)

Timeline and critical dates (Subject to change by BWL/IWF/CWF)

- 1. **Qualification opens** The qualification window will open on 1 June 2025
- 2. <u>Inform BWL of Intention to attempt to gain selection</u> Athletes seeking nomination must confirm their intention and agreement to this Policy by returning a signed copy of the form in 'Appendix A' to <u>tara.drake@britishweightlifting.org</u> no later than 13:00, 1 June 2025
- 3. <u>Submit necessary accreditation information</u> Athletes must return an up-to-date copy of their passport and WADA ADEL(ILA) certificate <u>tara.drake@britishweightlifting.org</u> no later than 23:59, 1 June 2025
- ADAMS Whereabouts submission deadline submission of complete whereabouts for Q3 and Q4 2025 and Q1, Q2 & Q3 2026 plus completion of the WADA ADEL International-Level Athletes education programme here as required by the IWF.
- Athletes must have lifted in no less than two (2) of the official CWG qualification events to be eligible for selection. results from these events will be used by the IWF / CWF to generate an IWF Commonwealth Games Ranking.
- 6. **Qualification ends** The qualification window will close on 18 May 2026
- 7. <u>Declare your chosen weight category</u> by returning the form in 'Appendix B' to <u>tara.drake@britishweightlifting.org</u> no later than 13:00 on Friday 8 May 2026.
- 8. <u>Selection meeting</u> will take place on Tuesday 12 May 2026 The selection committee will convene to provisionally select athletes.
- 9. <u>Selection panel decisions</u> All long-list Athletes will be informed of selection decisions no later than 17:00 on Wednesday 13 May. Selection decisions will be communicated to athletes by email.
- 10. <u>Appeal deadline for non-selection</u> Athletes have unti 17:00 on Saturday 16 May 2026 to file an appeal. Athletes will be immediately informed if an appeal is submitted which could effect their selection.
- 11. Appeals panel meeting All appeals will be heard by 17:00 Wednesday 20 May 2026
- 12. <u>Appeals decision</u> All Athletes effected by the decision of an appeal will be informed within 24 hours of the conclusion of the appeals meeting .
- 13. <u>BWL/CGE will confirm the weight categories of athletes with the CGF</u> in accordance with the provisional selection, no later than Monday 25 May 2026.
- 14. The Final IWF Commonwealth Ranking list will be published on the IWF Website no later than Tuesday 26 May 2026.
- 15. Qualification Slots will be issued to CGE by the CWF in the name of the specific athletes and are binding to the medal event which the athlete qualified within, no later than Friday 29 May 2026.
- CGE will confirm the Nomination of athletes with the CGF in accordance with the provisional selection made by BWL, no later than Friday 5 June 2026.

1. Overview

The Commonwealth Games (CWG) are a priority performance competition for English athletes. Success in Glagow 2026 is an important stand-alone performance event as well as an important milestone competition for Los Angeles 2028. The event has further significance as an opportunity to build up the sport's reputation and inspire the nation through medal winning performances.

The England Weightlifting Team ("the Team") for the Glasgow 2026 Commonwealth Games ("the Games") will be nominated by British Weight Lifting (BWL) to Commonwealth Games England (CGE) who will make the final selection. Nominations will be made in accordance with the regulations stated in the CGE-BWL Commonwealth Games Participation Agreement (CGPA) and determined using the Commonwealth Games Selection Policy ("the Policy") as laid out below.

Commonwealth Games England (CGE) is required to approve all nominations for final selection to 'Team England' for the 'Glasgow 2026' Commonwealth Games. Athletes must satisfy all minimum eligibility criteria stipulated by both 'Team England' and the requirements of the athlete allocation policy as outlined by the 'Commonwealth Games Federation' here to remain eligible for selection for the 'Glasgow 2026' Commonwealth Games.

British Weight Lifting ("BWL") and its funding stakeholders closely monitor the international competition calendar, available here, and all travel advice provided by the British Home Office for competition destinations to determine the safety and appropriateness of attending international events.

BWL reserves the right to amend this selection policy or process in the event of unforeseen circumstances that could reasonably jeopardise the performance, safety, or well-being of athletes and staff.

Long-list athletes will be notified of any such changes to this policy via email, and updates to this policy will be published on the BWL website here

At the beginning of the selection meeting, the selection panel will be asked to:

- Review and verify the availability of supporting information.
- Check the longlist of athletes who submitted declarations of interest.
- Raise any concerns if they feel that any athletes are missing from the long-list
- Confirm their agreement on which athletes have met the minimum eligibility criteria

2. Minimum Eligibility Criteria

To be considered for selection for this event, athletes must satisfy the following criteria:

- 2.1 Be a citizen of the United Kingdom and hold a valid British passport prior to preliminary entry deadline for this event.
 - (a) In the case of multiple citizenship, the athlete must not have represented another country within a period of 12 months and have been approved by the IWF according to their regulations.
 - (b) In addition athletes must fulfil one of the following criteria.
 - Have been born in England
 - Have lived in England for a minimum of 3 years
 - Have a minimum of 1 English Grandparent (evidenced with a birth certificate)
- 2.2 Must send a clear photo copy of their passport and a copy of their WADA ADEL(ILA) certificate via email to tara.drake@britishweightlifting.org no later than 23:59, 01/06/2025.
- 2.3 Must have submitted a Declaration of interest (Appendix A) no later than 23:59, 01/06/2026

- 2.4 Must be a current member of British Weight Lifting (BWL)
- 2.5 Must not be currently under:
 - (a) disqualification, expulsion or suspension by all or any of: BWL; the athlete's respective National Federation; the IWF; the EWF, IOC and/or any other body competent and recognised by BWL; or disqualification, expulsion or suspension under the World Anti-Doping Code.
- 2.6 Must remain compliant with the BWL and IWF Anti-Doping Controls and complete all relevant UKAD Education & Training required by British Weightlifting, CWE and the IWF
- 2.7 Must sign an 'Athlete Agreement' and display behaviours in-line with both the 'BWL codes of conduct' and 'England Senior' Athlete charter at all competitions and training camps.
- 2.8 Must have an ADAMS Whereabouts profile and have submitted complete whereabouts information for the full period of Quarter 3 & Quarter 4 for 2025 no later than 23:59, 01/06/2025.
- 2.9 Return the form in 'Appendix B' to <u>tara.drake@britishweightlifting.org</u> to declare your chosen weight category no later than 13:00 on 08/05/2026

If the Athlete meets the Minimum Eligibility Criteria at the time of selection, but subsequently, prior to or during the Event fails to meet them, then BWL shall have absolute discretion to deselect the Athlete from this event.

In accordance with IWF regulations Athletes must be born on or before 31 December 2011 in order to be eligible to compete at the Glasgow 2026 Commonwealth Games.

Any queries about the 'Minimum Eligibility Criteria' for this competition should be sent to tara.drake@britishweightlifting.org no later than 1 June 2025.

3. Minimum Qualification criteria

3.1 Minimum Qualification Standards - The athlete must have achieved the minimum qualification standard (MQS) for their corresponding age and bodyweight category in an IWF, EWF, or BWL competition during the qualification period: 1 June 2025 – 18 May 2026. MWS for this event can be found below

3.1.1 Women's Minimum Qualification Standard

W48	W53	W58	W63	W69	W77	W86	W86+
150	170	185	191	198	208	215	222

3.1.2 Men's Minimum Qualification Standard

M60	M65	M71	M79	M88	M94	M110	M110+
246	<mark>265</mark>	<mark>287</mark>	299	321	324	327	351

Athletes must be 15 years of age or older to compete at a senior international event.

- **3.2 Glasgow 2026 Qualification events -** Athletes must have competed in no less than two (2) of the following events during the qualification period (3.1) to be eligible for nomination:
 - a) European Youth Championships 2025 NOT Under 15s
 - b) European Junior Championships 2025 NOT Under 23s
 - c) IWF World Senior Championships 2025
 - d) EWF European Senior Championships 2026
 - e) Philips & Springer Invitational 2026
 - f) Pacific Rim International 2026

Results from these events will be used by the IWF / CWF to generate a Glasgow 2026 Qualification ranking.

For the avoidance of doubt, to compete, is as defined in the IWF Technical and Competition Rules and Regulations.

4. Extenuating Circumstances

It is hereby stipulated that the International Weightlifting Federation (IWF) and the Commonwealth Weightlifting Federation (CWF) operate under a strict policy that does not permit the consideration of extenuating circumstances of any nature whatsoever. Consequently, athletes are obligated to satisfy in full the prescribed criteria established by the IWF and/or the CWF. Failure to meet these comprehensive requirements will preclude British Weight Lifting (BWL) from nominating said athletes for participation in the Glasgow 2026 Commonwealth Games.

5. Selection Process

BWL will select a Team that possesses the greatest potential for achieving Medals and contributing to the overall Team performance at this Event. This policy also permits the selection of Weightlifters who have demonstrated a commitment to the sport of Weightlifting and possess the potential to win Medals at the following Events (in order of priority):

- 2028 Olympic Games
- 2030 Commonwealth Games
- 2032 Olympic Games

The selection panel will convene on Tuesday 12 May 2026

Supporting information - The selection panel, who will be provided with access to (without limitation) the following supporting information:

- (A) The Long-list of all athletes who submitted a declaration of interest for the event
- (B) BWL Ranking list of all lifters who meet the minimum eligibility criteria (2.0)
- (C) Results from the 2014, 2018 and 2024 CWG
- (D) Predicted medal zones for this event based on data from the 2014, 2018 and 2022 CWG
- (E) BWL Performance Trajectory & Competition History of BWL Sport 80, IWF and EWF events
- (F) Registers of Attendance for England Training Camps and Squads for 1 June 2025 11 May 2026

The advice and experience of the BWL performance team and International Arena coaches who work regularly with athletes during training camps and international competitions will be considered by selectors throughout the selection process to evaluate whether athletes demonstrate the necessary skills & behaviours to deliver no less than equal to their best performance at this competition and future events (1.0)

5.1 Team size restrictions

- 5.1.1 The maximum team size for this event is Eight (8) male and Eight (8) female athletes.
- 5.1.2 The maximum number of lifters selected in each weight category will not exceed one (1)
- 5.1.3 The IWF/CWF do not allow reserves to be nominated.
- 5.1.4 BWL can fund up to 16 athletes for this event
- **5.2 Athlete Ranking -** BWL, IWF and EWF competition data will be used exclusively to generate a combined ranking list including all Men & Women who have lifted the minimum standard.

The following formula will be use to generate each athletes percentage ranking:

Best total during Qualification period

Commonwealth Games Ranking Standard (Kg)

If an athlete wants to include competition results in the BWL Sport 80 system that are not from BWL, IWF, or EWF competitions, they should contact <u>matthew.curtain@britishweightlifting.org</u>. BWL reserves the right to reject competition results if any doubt exists about the standards of anti-doping, technical officiating or the accuracy of competition results.

5.2.1 Women's Commonwealth Ranking Standard

W48	W53	W58	W63	W69	W77	W86	W86+
162	186	198	206	211	212	224	239

5.2.2 Men's Commonwealth Ranking Standard

M60	M65	M71	M79	M88	M94	M110	M110+
267	283	295	314	335	<mark>343</mark>	351	391

5.3 Final Team Selection

Using the supporting information available (highlighted above) the selection panel must use the following criteria in order of importance to select a team for this event:

- 5.3.1 If the number of athletes who have met the minimum standard (3.1) does not match the team size restrictions (5.1.1 to 5.1.4) the Selection Panel, at its discretion, reserves the right to select the athletes who demonstrate the greatest potential to win medals at the Olympic Games 2028
- 5.3.2 Does each athlete's current performance suggest the potential for winning a medal in the combined total in their respective category?
- 5.3.3 Does each athlete's progress rate suggest the potential for winning medals at LA 2028?
- 5.3.4 Does each athlete's current performance suggest the potential for finishing top 6 in the combined total for their respective category?

6. Conditions and Obligations of Selection

Athletes representing England are expected to meet high standards of performance, preparation, and behavior. The following section outlines guidance on those expectations.

If there is evidence suggesting that an athlete is not meeting the conditions and obligations listed below the Selection Panel and BWL reserve the right to investigate or assess each situation further. If, following such investigation, the Selection Panel concludes that an athlete has failed to meet any of the below conditions and obligations the Selection Panel at its discretion, reserves the right to:

- De-select the athlete
- Impose additional conditions of selection
- Request further assessment

Assessments of Injury, Illness, health, form or fitness will be conducted under the guidance of suitable, coaching, sport science and / or medical personnel as designated by the BWL Head of performance or their delegate (E.g. The designated team leader(s) for the event).

<u>If BWL wishes to request an assessment before-departure for competition,</u> then the BWL performance team will provide reasonable notice of no less than 72 hours to the athlete.

<u>If BWL wishes to request an assessment after-departure for competition,</u> then the BWL performance team may request an assessment as soon as is practically possible.

<u>Should an athlete refuse to undergo a required assessment</u>, the Selection Panel, in its sole discretion, reserves the right to de-select the athlete.

if an athlete's is de-selected after departure for this event or any associated training camps BWL will initiate their repatriation as expeditiously as is reasonably safe and practicable.

6.1 Mandatory Conditions of Selection

From the point of selection all athletes must:

- 6.1.1 Continue to meet all of the Minimum Eligibility Criteria (2.0).
- 6.1.2 Keep selection confidential until an official team announcement has taken place by BWL.
- 6.1.3 Adhere to travel itineraries organised by BWL, unless otherwise agreed.
- 6.1.4 Stay in official IWF / EWF accommodation for no less than four (4) nights around competition.
- 6.1.5 Wear Team kit during training and competition as requested and provided by BWL.
- 6.1.6 Attend a performance planning meeting and agree clear performance targets for this competition within 4 weeks notification of their selection. Where an athlete fails to attend or refuses to do so the performance team, at their discretion, reserves the right to set performance objectives for the athlete.
- 6.1.7 Inform the BWL Head of Performance immediately should preparation for this event become interrupted in any way

6.2 Additional Conditions of Selection

At point of selection, the selection panel, at their discretion, reserves the right to set additional 'conditions of selection' in any of the following key areas:

- 6.2.1 Capability to deliver against agreed performance targets
- 6.2.2 Athlete Health & Wellbeing (including Injury and Illness)
- 6.2.3 Engagement with the performance team and training camps & squads
- 6.2.4 Submit training and bodyweight information <u>here</u>

6.3 Causes or Concerns for Injury and/or Illness

If any concern arising from an examination, observation or otherwise indicates that an athlete's Health & Wellbeing could be at risk if they compete at this event then BWL will be entitled to request an assessment of the Athlete's Health, Form or Fitness.

6.4 Causes or Concerns for Poor Preparation, form and fitness

From the point of selection all athletes must consistently demonstrate through their training and behaviour that they are on track to achieve agreed performance targets (6.1.6).

If any concern arising from an observation of training, testing, or otherwise indicates that an athlete is not on-track to achieve agreed performance targets (6.1.6), then BWL will be entitled to request an assessment of the Athlete's Form & Fitness.

6.5 Funding & Sponsorship Conditions

This event is funded by BWL, UK Sport, and/or Home Nation funding bodies. The cost of sending one athlete to an international competition ranges from £1,500-4,500 depending on location and length of stay (excluding additional staff costs). BWL asks all athletes to tag and thank UK Sport, The National Lottery, and their respective Home Nation funding body (if applicable) for their support in funding their participation in any social media posts during the competition period.

BWL recognise that athletes may have personal sponsors who support them in the lead-up to this competition. We recommended that athletes contact matthew.curtain@britishweightlifting.org to discuss potential conflicts with current or potential partners before signing any agreements. Failure to adhere to the terms outlined in the BWL 'Athlete Agreement' regarding sponsorship could result in deselection.

6.6 Causes or Concerns for Poor Behaviour

Athletes should revert to the BWL athlete codes of conduct, Athlete agreement and their programme induction pack for further guidance on what constitutes 'clumsy', 'inappropriate' and 'unacceptable' behaviour.

If the athlete's actions cannot be resolved, negatively impact other selected team members, or risk negatively impacting the performance of others or the team, BWL may investigate the situation through the BWL complaints and disciplinary procedure. Appropriate action, including de-selection or formal disciplinary action, may be taken if a satisfactory resolution cannot be achieved without compromising the following:

- 6.1.1 The performance of the athlete
- 6.1.2 The performance of other individuals or the team as a whole
- 6.1.3 The reputation of BWL.
- 6.1.4 The health, wellbeing and safety of athletes, coaches, and support staff

<u>Clumsy behavior, defined as behavior that is awkward or insensitive in social situations, is not abnormal or uncommon</u>. If an athlete exhibits occasional clumsy behavior that falls below the standards outlined in the BWL Athlete Code of Conduct or the respective "Age-group" Athlete Charter, BWL may initiate an informal resolution process involving all parties.

A resolution could include, the behaviour being challenged by a member of BWL staff or other athletes, an informal apology to those affected by the athlete's poor behavior and formal or informal education to help the athlete understand how & why the behaviour falls below the desired standard.

If an athlete repeatedly exhibits clumsy behavior, despite informal warnings from BWL staff or other athletes, BWL may initiate a formal investigation through the BWL complaints and disciplinary procedure.

7. Selection Panel

The selection panel will normally comprise:

- Chair of the Performance Advisory Group (Chair)
- An independent member of the BWL Performance Committee
- An independent member of the BWL Performance Committee
- England Lead Performance Coach
- An independent member of Commonwealth Games England (observer)

Other members of the BWL performance team may be in attendance to supply background information

All conflicts of interest will be declared. A conflicted individual will not vote on that selection or be permitted to contribute to discussions unless their views are specifically requested by the Chair of the Panel. In the event of a tied vote, the Chair will cast the deciding vote.

- 8.1 As a matter of best practice a written summary of the notes from this meeting will be recorded
 - 8.2 All long-list Athletes will be notified by email of the selection decision no later than 17:00 on Friday of the week of selection (subject to change by BWL).
 - 8.3 Athletes who are not selected will be provided with a clear reason for their non-selection in accordance with this policy to allow them to make an informed decision on whether to appeal.

8. Appeals

A copy of the BWL Appeals Policy can be obtained here.

Athletes have the right to appeal the fairness and transparency of the process but not the decision if they are not selected in accordance with the "BWL Selection Appeals Policy." The deadline for submitting an appeal is 72 hours after notification of the selection decision (subject to change by BWL).

Athletes have the right to appeal the fairness and transparency of the process but not the decision if they are de-selected in accordance with the "BWL Selection Appeals Policy." BWL will give athletes a minimum of 72 hours to notify BWL of their intention to appeal their de-selection after notification that they have been de-selected.

If an athlete wishes to appeal the selection panel's decision, they can request access to the summary of selection meeting notes in relation to their selection.

BWL will not take further action to remove an athlete's eligibility to compete until a decision on any appeal has been reached.

BWL reserves the right to select another eligible athlete to replace a de-selected athlete until the final verification of entries meeting, subject to the conclusion of any appeal process.

8.1 The Appeals panel will normally comprise:

- A legal representative (who shall be a qualified lawyer) (Chair)
- One additional independent BWL Board member
- One additional independent BWL Board member

At the request of the chair, other members of the BWL performance team may be in attendance to supply background information.

All conflicts of interest will be declared. A conflicted individual will not vote on that selection or be permitted to contribute to discussions unless their views are specifically requested by the Chair of the Panel. In the event of a tied vote, the Chair will cast the deciding vote.

APPENDIX A - Application of interest form - Glagow 2026 CWG (Weightlifting)

This form should be used to declare interest for athletes that wish to participate in the qualification process to
represent England at the Glasgow 2026 Commonwealth Games.
Athlete's Full Name:

Please accept my application for consideration for selection to the England Team for the Glagow 2026 Commonwealth Games

I acknowledge that I have read, understood, and agree to follow the British Weight Lifting Selection policy and process for the Glagow 2026 Commonwealth Games

I agree that as a condition of my participation in the Games, I will be obliged to enter into the following agreements prior to my nomination to the CGE

- Commonwealth Games England Team Members' Agreement
- The British Weight Lifting Team Members' Agreement

ATHLETE STATEMENTS

- 1. I wish to be considered for selection to Team England for the Glagow 2026 Commonwealth Games in the weightlifting competition, agree to adhere to the BWL selection policy and agree to facilitate the various procedures laid out in that policy and to provide such assistance and information as BWL shall reasonably require in connection with the selection process laid out
- 2. I agree to cooperate (to the extent necessary) with the BWL and / or CGE sport science & medical staff in the event I am expected to undertake any Medical & fitness assessments required in accordance with this selection policy. I agree to the communication and sharing of essential information regarding my physical and mental health and fitness to evaluate my ability compete in-line with agreed performance targets for Glagow 2026 Commonwealth Games.
- 3. I agree that medical personnel will be permitted to communicate the findings of any assessments or tests strictly and only for the purpose of selection. Therefore, I agree to waive any right to medical confidentiality for the purpose of selection under the policy
- 4. I agree to work cooperatively with any staff that BWL designate to support the Team and undertake to ensure that that any parties associated with me (including my personal coach) cooperate likewise.
- 5. My normal contact details for further correspondence are given below. I undertake to notify British Weight Lifting's Head of Performance immediately should these details change

Address	
Telephone Number	
Email Address	
Signature	
Parent / Guardian	
Signature (if under 18	
years old)	
Date	Date / month / Year

Please return this form to stuart.martin@britishweightlifting.org by no later than 13:00 on Wednesday 1 December 2025

APPENDIX B - Athlete Weight Category Preference form - Glagow 2026 CWG

This Form should be used to declare the preferred weight category for athletes that are eligible in more than one Commonwealth Games category at the end of the qualification period for the Glagow 2026 Commonwealth Games on the [insert date]

Athlete's Full Name:

Please accept this form as confirmation of the capriority) to represent the England Team at the Gla	tegories I would like to be considered for selection in (in order of agow 2026 Commonwealth Games
I acknowledge that I have read, understood, and process for the Glagow 2026 Commonwealth Gal	d agree to follow the British Weight Lifting Selection policy and mes
My FIRST choice of bodyweight category to be considered for selection in is the:	
My SECOND choice of bodyweight category to be considered for selection in is the:	e
Athlete's Signature	
Date (Da	av / Month / Year)

Please return this form to stuart.martin@britishweightlifting.org no later than 17:00 on [insert date]

<u>British Olympic Association (BOA)</u> – the organisation which governs and approves the selection of "Team GB" athletes and Officials for the Olympic Games.

British Weight Lifting (BWL) - the National Governing Body for Weightlifting and Weight Training in the UK

<u>Commonwealth Games England (CGE)</u> – the organisation which governs and approves the selection of "Team England" athletes and Officials for the Commonwealth Games.

Commonwealth Games Federation (CGF) - the organisation which governs the Commonwealth Games

<u>Commonwealth Weightlifting Federation (CWF)</u> – the commonwealth federation which governs the sport of Weightlifting across the Commonwealth, overseeing the Commonwealth Championships and the Weightlifting event at the Commonwealth Games.

Dispute – any claim, action, suit, arbitration, proceeding, investigation, complaint or prosecution to which the Athlete is a party or materially involved details of which it appears necessary (in BWL's sole discretion) to make available to the Selection Panel.

For example only (and without limitation to BWL's discretion) if an athlete is under investigation for and/or charged with conduct which:

- A) (if convicted) amounts to criminality for which a custodial sentence may be given and/or criminality which harms or places in danger other individuals,; or
- B) would bring or brings BWL and/or the sport into serious disrepute;

then details of this kind of Dispute may be notified to the Selection Panel if BWL believes it will ensure factors such as (and without limitation) fairness, safety of any other individuals participating in or attending the Event (or training and preparing for the Event) and/or the reputation of: BWL, the sport and/or the Event.

<u>Engaged Performance Athlete</u> – an athlete who is present at 80% or more of the BWL Camps & Training Squad opportunities they are invited to attend and has worked in collaboration with the NGB to maintain an up-to-date performance plan which includes a competition plan and clearly articulated development objectives.

<u>European Weightlifting Federation (EWF)</u> – the continental federation which governs the sport of Weightlifting in Europe, overseeing major continental championships etc.

<u>International Olympic Committee (IOC)</u> – the organisation which governs the Olympic Games and affiliated international federations (e.g., the IWF)

International Weightlifting Federation (IWF) – the federation which governs the sport of Weightlifting globally

<u>Long List Athlete</u> – An athlete who has completed an application of interest and submitted all other necessary documents 6 months before the event.

<u>Performance Targets</u> – With consideration for the expectations of key funding partners BWL reserves the right to agree individualised performance targets specific to the athlete, event, or both. BWL will communicate performance targets in writing with each athlete no less than 6 weeks before any event. If no performance target is set BWLs generic performance targets for international competition will apply. BWLs generic performance target for international competition are as follows:

- Athletes should make a minimum of 4/6 lifts
- Athlete should lift no less than equal to their Personal Best for the selected weight category

<u>Sport England</u> – a funding organisation who provides funding to support grass roots and the development of elite sport pathways in England for athletes who demonstrate potential to win medals at the Commonwealth games.

<u>Sport Scotland</u> – a funding organisation who provides funding to support grass roots and the development of elite sport pathways in Scotland for athletes who demonstrate potential to win medals at the Commonwealth games.

<u>Sport Wales</u> – a funding organisation who provides funding to support grass roots and the development of elite sport pathways in Wales for athletes who demonstrate potential to win medals at the Commonwealth games.

<u>UK Sport</u> – a funding organisation who provides funding to support the development of elite sport pathways in the United Kingdom for athletes who demonstrate potential to win medals at the Olympic games.

APPENDIX D – Policy Changes

Version 2 – updated 10 May 2025 (Highlighted in Yellow)

- 1. Changes to men's minimum qualification totals
 - Errors identified in the data submitted in this policy
- 2. Changes to the men's 98kg weight category
 - On 8th May 2025 the IWF changed the men's 98kg to the men's 94kg category, therefore this change has been mapped in sections 3.0 and 5.0.
 - The men's 94kg ranking standard (5.0) has also been amended accordingly