



**BRITISH
WEIGHT
LIFTING**

Emma Brown

2 x Paralympic Gold Medallist

2 x World Champion

6 x European Champion



Emma Brown won gold medals at the 2000 and 2004 Summer Paralympics. She was also two-time World Champion & six times European Champion.

At the 2000 Summer Paralympics hosted by Sydney, Australia, she lifted 132.5 kg to win the gold medal in the women's up to 82.5 kg event.

As the sport was making its Games debut, she became the first British woman to win a Paralympic

Powerlifting gold medal.

She competed at her second Paralympics at the 2004 Games held in Athens, Greece. She successfully defended her title in the women's up to 82.5 kg competition; she lifted a total of 130kg, tied with French lifter Carine Burgy, but won the gold medal based on her lower body weight.

In addition to her Paralympic Games medals, Brown won World Championship gold medals in 1998 and 2002 as well as six European titles in 1995, 1997, 1999, 2001, 2003 and 2005.

Injury forced her to retire from competitive powerlifting in 2007