



**BRITISH  
WEIGHT  
LIFTING**

## Emily Muskett

**Commonwealth Champion**

**European Medallist**

**World Medallist**



**Emily Muskett became Great Britain's first World Championship Medallist since 1994 when she won Clean & Jerk Bronze in Pattaya in 2019.**

It capped off a successful season which saw her clinch Commonwealth Championships Gold in Samoa, win an Arafura Games title in Australia, secure Silver at the European Championships in Georgia and medal at the Tianjin World Cup in China.

Muskett has represented England at three Commonwealth Games. She failed to finish at Delhi 2010, took fifth place in Glasgow 2014 & then went on to take victory outright at the Gold Coast in 2018.

She emigrated to Australia in 2017 where she helps to run a weightlifting club in Victoria.