

# Seniors

## Category M55

Rank	Name	Total	Club
1	Benjamin Hickling	173	EPL WLC

## Category M61

Rank	Name	Total	Club
1	Kieran Stiles	213	Unattached
2	Luca Michael	208	Oaklands Weightlifters
3	Daniel Pogmore	191	Unattached
4	Yegeun Ji	183	Loughborough University Powerlifting and Weightlifting Club
5	Liam Moralee	180	The Norfolk Barbell Club

## Category M67

Rank	Name	Total	Club
1	Jaswant Shergill	258	MSC Performance
2	Jack Hutchinson	209	Unattached
3	David Oakes	207	Team Manchester

## Category M73

Rank	Name	Total	Club
1	Jonathan Chin	271	Bristol Barbell Club
2	Christopher Freebury	254	Atlas Weightlifting Centre
3	Allan King	250	Triple X Weightlifting Club
4	George Rudge	250	Unattached
5	Jacob Finnigan	246	Essex Weightlifting Club
6	Cedric Leduc	240	Unattached
7	Jordan Mockett	238	Unattached
8	Joe Fenney	235	Wisdom 4 Weightlifting

## Category M81

Rank	Name	Total	Club
1	Chris Murray	304	Locker 27
2	Haydn Crook	273	Adlington Barbell Club
3	Michael Hunnisett	270	Oaklands Weightlifters
4	Christopher Russ	267	Oxford PowerSports
5	Joseph Cowen	265	Unattached
6	Kevin Tao	263	Crystal Palace Weightlifting Club

7	Jamal Isaac-Shah	261	Crystal Palace Weightlifting Club
8	Izaak Wilson	255	Stars for the Future
9	Stefano Cataldi	253	Merton Weightlifting Club
10	Michael Pennington	252	DSW Fitness UK
11	Kristian McPhee	250	Brunel University Weightlifting

**Category M89**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Jack Dobson	305	Unattached
2	Khrystopher Speed	300	London Olympic Weightlifting Academy
3	Murtaza Nadeem	288	Hallam Barbell
4	Aaron Bolton	282	Fit Performance
5	Greg Stumbles	280	Unattached
6	Edward Smale	274	Loughborough University Powerlifting and Weightlifting
7	Alexander Blair	270	Unattached
8	Omarie Mears	267	Hackney Weight Lifting Club
9	Oliver Dobson	266	MST fitness Ltd
10	William Burchette	263	St Birinus Weightlifting Club
11	Luke Stopford	262	Weightlifting 101

**Category M96**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Cyrille Tchatchet	340	Middlesex University Weightlifting
2	Liem Bui-Le	290	Mem's Weightlifting
3	Joe Blacker	274	Warley Weightlifting Club
4	Jesse Gilham	270	Middlesex University Weightlifting
5	Stephen Bestman	265	Stars for the Future

**Category M102**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Omar Keshta	311	Brunel University Weightlifting
2	David Harding-Prior	290	London Olympic Weightlifting Academy

**Category M109**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Christopher Parnaby	277	Locker 27
2	Owen Boxall	350	Europa WLC
3	Christopher Palser-Thorne	313	Unattached
4	Henry Woodason	277	Guildford Weightlifting
5	Andrew Cairns	277	Essex Weightlifting Club

6 Simon Prentice 277 Locker 27

**Category M109+**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Jordan Vine	292	Europa WLC

**Category W49**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Noorin Gulam	154	BU Weightlifting
2	Kelly-Jo Robson	156	Atlas Weightlifting Centre
3	Natalie Cashmore	132	Summit Strength
4	Emma Suckling	123	Ethos Weight Lifting

**Category W55**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Amy Williams	173	Wisdom 4 Weightlifting
2	Jane Lee-Isted	154	Unattached
3	Leonora Brajshori	144	Loughborough University Powerlifting and Weightlifting
4	Stephanie Best	143	Weightlifting 101
5	Sophie Bellamy	138	Brunel University Weightlifting
6	Taliyah Homewood	137	Europa WLC
7	Lucy Barrett	135	P10 Weightlifting
8	Gemma Peregrine	133	TSN Strength
9	Sheryll Pak	131	Aylesbury Weightlifting Club
10	Kathryn Smith	131	Atlas Weightlifting Centre
11	Emma Savage	130	Leeds City Weightlifting Team

**Category W59**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Olivia Blatch	183	Europa WLC
2	Helen Jewell	185	Unattached
3	Jess Gordon Brown	178	Brunel University Weightlifting
4	Jennifer Tong	177	Hallam Barbell
5	Chloe Mays	154	Atlas Weightlifting Centre
6	Rachel Hill	154	EPL WLC
7	Emma Pendle	151	Warwickshire Weightlifting Club
8	Sian Peters	147	Wisdom 4 Weightlifting

**Category W64**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Laura Hollobon	171	Decennia Weightlifting
2	Janie Garratt	170	Unattached
3	Jessica Tea	170	Oxford PowerSports
4	Charlotte Spence	165	Unattached
5	Heather Burt	163	Europa WLC
6	Jade Wilson	160	Unattached
7	Georgina Jackson	160	Queen Mary University of London
8	Nadja Auerbach	158	London Olympic Weightlifting Academy
9	Lou Herron	158	Fareham Barbell Club
10	Lesley Brown	158	Crystal Palace Weightlifting Club
11	Madeleine Harris	157	Aylesbury Weightlifting Club

**Category W71**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Sarah Davies	224	Europa WLC
2	Deborah Alawode	183	Stars for the Future
3	Kelly Charniga	176	Crystal Palace Weightlifting Club
4	Laura Parker	174	Essex Weightlifting Club
5	Isabella Brown	162	Brunel University Weightlifting
6	Amanda Stephens	158	TR4 Crossfit

**Category W76**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Emily Pursehouse	179	Woking Weightlifting Club
2	Sarah Wiltshire	181	Woking Weightlifting Club
3	Chloe Cassar	180	Crystal Palace Weightlifting Club
4	Jasmine Isoyama	175	Wisdom 4 Weightlifting
5	Nicola Stiddard	169	London Olympic Weightlifting Academy
6	Ellis Brotherton	166	Unattached
7	Deanna Daley	158	Oxford PowerSports
8	Alexandra Cave	155	Central London Weightlifting Club
9	Yiyin Chen	153	BU Weightlifting
10	Laura Helyar	151	Oxford PowerSports
11	Rosie Pearson	150	MST fitness Ltd

**Category W81**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Charlotte Weatherall-Smith	178	Atlas Weightlifting Centre
2	Emma Collins-Jones	190	Oaklands Weightlifters

3	Yiyin Chen	183	BU Weightlifting
4	Amy Johnson	179	Unattached
5	Jessica Silva	173	Unattached
6	Chloe Whyllie	173	Unattached
7	Kayley Cook	169	Oxford PowerSports
8	Samantha Williams	168	Crystal Palace Weightlifting Club
9	Krystal Campbell	164	Unattached
10	Florence Lester	159	Unattached
11	Kasia Symons	158	Unattached
12	Charlotte Dinsdale	157	North Tyneside Barbells
13	Natalie Marsh	156	Unattached
14	Laura Brenner	155	Wisdom 4 Weightlifting

**Category W87**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Lauren Miller	182	Unattached

**Category W87+**

<b>Rank</b>	<b>Name</b>	<b>Total</b>	<b>Club</b>
1	Leah Clarke	196	Unattached
2	Pia Kemppi	161	Oaklands Weightlifters

# Masters

## Men's Age Group 8

NAME	BW	CLUB	TOTAL
ANDRZEJ SKRYPIJ	73	CRYSTAL PALACE WLC	97

## Men's Age Group 7

NAME	BW	CLUB	TOTAL
THOMAS MEAKIN	89	UNATTACHED	102

## Men's Age Group 6

NAME	BW	CLUB	TOTAL
NICHOLAS HAWKER	73	UNATTACHED	128

## Men's Age Group 5

NAME	BW	CLUB	TOTAL
MALCOLM NUTTALL	89	NORTH TYNESIDE BARBELL	143
DAVID CLIFTON	89	HEATHROW WLC	156

## Men's Age Group 4

NAME	BW	CLUB	TOTAL
KEAT SEE	73	UNATTACHED	191
JAMES STURTRIDGE	81	ELITE BODYWORKS	160
BRIAN CLIFTON	89	WYTHENSHAWE WLC	235
JESSE HARMON	89	READING WEIGHTLIFTING CLUB	140

## Men's Age Group 3

NAME	BW	CLUB	TOTAL
JON TOWELL	89	PRIDE PERFORMANCE	199
BRIAH ANDREWS	89	UNATTACHED	202
ANTHONY ARTHUR	96	WYTHENSHAWE WLC	230
PHIL SPENCER	96	LOWA	160
NEIL SHERLOCK	102	LOCKER 27	190
CHRISTIAN KRAXNER	102	LOCKER 27	166

**Men's Age Group**

<b>NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL</b>
MARK MARTIN-DYE	73	ELITE BODYWORKS	151
GRANT LANGDON	73	UNATTACHED	170
AARON HOLT	81	UNATTACHED	196
SIMON RABY	81	OXFORD POWERSPORTS	158
ANTHONY WEEDON	81	UNATTACHED	186
NEIL WHARTON	81	LINCOLN WL	185
DANNY MCFARLANE	81	BODYDESIGN FIT WLC	134
RYAN SCAPINELLO	89	CROSSFIT SHAPESMITHS	193
MARK BUTCHER	89	LOWA	182
LLOYD TAYLOR	89	P10 WEIGHTLIFTING	171
PAUL McCABE-NORTH	96	UNATTACHED	194
ROBERT ENEVER	96	ARMY WL	165
KARL SIMPSON	96	MILTON KEYNES PWERSPORT	203
ASHLEY THOMPSON	96	PEGASUS WL	171
RORY CREFFIELD	96	UNATTACHED	198
ROMAN BYCHYK	102	HALLAM BARBELL	255
SCOTT TOWELL	102	BODYDESIGN FIT WLC	157
IHEKE NDUKWE	102	LOWA	195
STUART THURGOOD	109	UNATTACHED	175
CHRISTOPHER JONES	109+	RED BEARD BARBELL CLUB	164

**Men's Age Group 1**

<b>NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL</b>
MARTYN RILEY	61	BODYDESIGN FIT WLC	151
CRAIG SPICER	67	ARMY WEIGHTLIFTING	166
PETER VUONG	73	UNATTACHED	175
JAMES LEONG	73	OXFORD POWERSPORTS	160
JAMIE MABROUK	81	UNATTACHED	213
STEVEN McCREADY	81	BRISTOL BARBELL CLUB	210
GARETH SHEPHERD	89	CUBE WL ACADEMY	230
NEIL COCKFIELD	89	UNATTACHED	191
RUSSELL HAWORTH	96	LOCKER 27	150
CHRISTOPHER HOOPER	96	ELITE POWERWORKS	218
SEAN GLOVER	96	BODYDESIGN FIT WLC	214
GARETH TURNER	102	OXFORD POWERSPORTS	202
BEN KINNEAR	102	ARMY WEIGHTLIFTING	184
JON KHOO	109	STRENGTH AMBASSADOR	162
DAWID ESTERHUIZEN	109+	VOLENTIA WL	188

**Women's Age Group 5**

<b>NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL</b>
TRISHA FORBES	71	HACKNEY WLC	59

**Women's Age Group 4**

<b>NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL</b>
LUCY SELWAY	55	ETHOS WLC	99
JOANNE HOWE	64	ESSEX WLC	124
JANET POPE	81	UNATTACHED	80
TRISH TIPPETT	81	UNATTACHED	80

**Women's Age Group 3**

<b>NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL</b>
CHERYL CROSBIE	49	PEGASUS WL	82
BETH MASSEY	55	LOWA	109
SARAH KAVANAGH	59	CROSSFIT ROTHERHAM	90
JOANNE GILHAM	64	LAKESIDE WL	80
PAULA PHILLIPS	64	UNATTACHED	108
VICTORIA WILLIAMS	71	UNATTACHED	111
MARIE ROOS	71	P10 WLC	100
ZOE BERRY	87+	NORTH TYNESIDE BARBELLS	106

**Women's Age Group 2**

<b>NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL</b>
DAWN PARNELL	55	MYTHOLMROYD WLC	79
LINN MAYHEW	59	UNATTACHED	129
AMY CLARK	59	WHITEHORSE WL	103
SARAH ECCLES	59	BODYDESIGN FIT WLC	105
LYNDSEY OLIVER	71	ETHOS WL	107
TANIA SUNLEY	71	READING WLC	112
CLAIR FIDDAMAN	87	ESSEX WLC	114
VICTORIA DE VAL	87+	UNATTACHED	106
SAMANTHA TOWELL	87+	BODYDESIGN FIT WLC	92

**Women's Age Group 1**

<b>NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL</b>
SARAH GREEN	49	BODYDESIGN FIT WLC	76
GEMMA PEREGRINE	55	UNATTACHED	133
JULIE CHEUNG	55	MYTHOLMROYD WLC	115
HAYLENE RYAN-CAUSER	55	LOWA	125
VICTORIA HURLEY	55	MEM`S WL	112
KATHRYN SMITH	59	ATLAS WL CENTRE	140
REBECCA CHESLETT	59	MYTHOLMROYD WLC	131
PUI KWAN YU	59	UNATTACHED	108
SILVIA SZABO	59	MEM`S WL	138
NATASHA CASSONE	64	MIDDLESEX UNI WLC	131
CLAIRE ROSEMAN	64	ELITE BODYWORKS	95
DANIELLE NORVILLE	64	MIDDLESEX UNI WLC	130
JENNI BALL	64	ESSEX WLC	132



EVELYN MAK	64	P10 WL	124
BUKOLA KOMOLAFE	64	P10 WL	132
GILDA TRAPANI	64	MEM`S WL	130
FRANCESCA WEBB	71	MILTON KEYNES POWERSPORTS	99
ELIZABETH HAVERS	71	LAKESIDE WLC	118
RACHEL HUNT	71	UNATTACHED	122
CAROLINE MARKS	71	VOLENTIA WL	125
GEORGINA MULLINER	76	UNATTACHED	132
ALISON DAY	76	BOUNCE GYM WL	88
HOLLY COONEY	76	OXFORD POWERSPORTS	151
KATYA SA	81	UNATTACHED	124
JENN FRANCIS	87+	DECENNIA WL	113

# Development

<b>LOT</b>	<b>NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL</b>	<b>AGE GROUP</b>
5	ISAAC BLUFF	40	ATLAS WL CENTRE	20	U10
1	ARCHIE OLIVER	40	ETHOS WL	22	U10
2	YUVRAJ HAYER	40	WARLEY WLC	55	U10
3	ALEXANDER COYLE	45	NORTH TYNESIDE BARBELLS	25	U10
4	JARNAIL SINGH	45	STARS FOR THE FUTURE	58	U12
24	EDWARD SKINNER	49	PEGASUS WEIGHTLIFTING	74	U12
6	OLIVER TEPPER	55	FEATHERSTONE WLC	30	U10
7	LEWIS RALPH	55	NORTH TYNESIDE BARBELLS	70	U12
8	MACKALLAN WHITELEY	55	FEATHERSTONE WLC	50	U12

<b>LOT</b>	<b>NAME</b>	<b>BW</b>	<b>CLUB</b>	<b>TOTAL</b>	<b>AGE GROUP</b>
9	MAISIE HODKIN	30	ATLAS WL CENTRE	10	U10
22	OPHELIA HARRISON	40	PEGASUS WEIGHTLIFTING		U10
21	TABITHA HARDY	45	HALLAM BARBELL	0	U12
10	AMAN KAUR	35	STARS FOR THE FUTURE	37	U10
11	ELIZABETH WARWICK-SNOW	35	NORTH TYNESIDE BARBELLS	18	U10
12	RUBY COYLE	35	NORTH TYNESIDE BARBELLS	22	U10
13	BALJIT KAUR	35	STARS FOR THE FUTURE	55	U12
14	ASHA HARRIS	35	ETHOS WL	25	U12
17	AVA DIVINE	40	STONE TOWERS WLC	40	U12
25	SOPHIE TUCKER	40	PEGASUS WEIGHTLIFTING	42	U12
18	LILY-ROSE TEPPER	45	FEATHERSTONE WLC	30	U10
19	ANNABELLE PETTIT	45	HALLAM BARBELL	54	U12
20	CHLOE HUTCHINSON	49	FEATHERSTONE WLC	37	U10
16	FRANCES FOX	40	ATLAS WL CENTRE	10	U12
23	ELSIE MCINTYRE	59	PEGASUS WEIGHTLIFTING	10	U12
15	AMBER HAWKINS	40	ATLAS WL CENTRE	10	U12

# Para Powerlifting

## Category M-72

Rank	Name	Total	Club
1	NATHANIEL WILDING	180	SUFFOLK SPARTANS
2	MARK SWAN	154	UNATTACHED
3	ALI JAWAD	147	UNATTACHED
4	ADAM ALDERMAN	138	SUFFOLK SPARTANS
5	FRANCIS COWEN	113	UNATTACHED
6	THOMAS SMITH	91	UNATTACHED
7	SEAN CLARE		UNATTACHED
8	SAFRON GORDON		STOCKPORT SPARTANS WEIGHT LIFTING CLUB

## Category M72+

Rank	Name	Total	Club
1	CALLAM LEE	110	PORTSMOUTH POWERBASE
2	GARETH GOLIGHTLY		NORTH TYNESIDE BARBELLS

## Category W-61

Rank	Name	Total	Club
1	OLIVIA BROOME	97	LOUGHBOROUGH UNIVERSITY POWERLIFTING AND WEIGHTLIFTING CLUB
2	ZOE NEWSON	85	SUFFOLK SPARTANS
3	KIM DEAN	68	UNATTACHED
4	REBECCA BEDFORD	65	UNATTACHED
5	LOTTIE MCGUINNESS	40	LOUGHBOROUGH UNIVERSITY POWERLIFTING AND WEIGHTLIFTING CLUB

## Category W61+

Rank	Name	Total	Club
1	RACHEL LECK	60	JERSEY WEIGHTLIFTING
2	GEMMA KEMBLE-STEPHENSON	53	UNATTACHED
3	LAUREN SANDERS		UNATTACHED