

## **Edward Lawrence Levy**

## **World Champion**

Edward Lawrence Levy won the inaugural World Weightlifting Championships and was also the first British national champion.

Levy, was born in London, England in 1851. Prior to taking up weightlifting, he was a member of the Birmingham Athletic Club.

In February 1891, Levy he took part in the first British Amateur Weightlifting Championship at the age of 40 and won the competition outright.

Two months later he travelled to London again to compete against champions from Brussels, Hamburg, England, Vienna, Italy, and Berlin in a three-day event.

The competition primarily consisted of repetition and alternate pressing with 56 or 84 pounds in each hand.

Upon its conclusion Levy was crowned the first World Weightlifting Competition.

Between 1891 and 1894, he established 14 world weightlifting records.

In 1896, at the first modern Olympics in Athens, he was as a member of the International Weightlifting Jury.

Levy also founded the Amateur Gymnastics Federation of Great Britain and Ireland.

Levy died in 1932 and in 1988, he was inducted into the International Jewish Sports Hall of Fame.

