



## 2010: Breeze Seals Silver on First Swansong

This week we look back on the 2010 Commonwealth Games in Delhi where Michaela Breeze's won a Silver medal to mark her first retirement.



The defending champion had to settle for a strong Silver in the 63kg category in Delhi on her last performance before retiring for the first time.

She lifted 92kg in the Snatch then produced a best Clean & Jerk of 110kg to finish 4kg clear of Bronze medallist Marie Fegue of the Cameroon and 9kg behind Nigerian Gold medallist Obioma Okoli.

Breeze put on a brave display, overcoming a collapse during an early unsuccessful lift, brought about by the bar pressing against her windpipe and restricting the flow of oxygen.

Although disappointed to miss out on Gold, Breeze's Silver was Wales' 50th all-time Weightlifting medal.

"I've had trouble before, but not like that, said Breeze on her collapse.



**BRITISH  
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“The Clean was hard, I rested the bar on my windpipe, and as I was regaining my thoughts, everything was getting darker and darker. But that's no excuse.

“At least I came out and nailed it after.”