



1970's: The Riveting Charlie Revolta

Today we are exploring the career of two-times Scottish Commonwealth Games medallist Charlie Revolta.



Revolta took up Weightlifting when he arrived at Edinburgh University in 1967 to study law.

He weighed just 8 stone and was reportedly delighted to be participating in a sport where he was no longer mistaken for a rugby ball.

He went on to compete in the 52kg category known as the flyweight division and over a remarkable period from 1971 to 1986, he won the Scottish Weightlifting Championship every year (15 times in total) bar one, when he was injured.

Between 1974 and 1986, he was the British champion on no less than eight occasions, setting numerous records along the way. He competed in five Commonwealth Games, the first in 1970, finishing 6th or better in each one.

At the Edmonton Games in 1978 he won a magnificent silver medal, an achievement he repeated at the Edinburgh Games in

1986.

He also lifted at the World Championships and a total of five European Economic Community Championships winning one Gold medal, three Silver medals, and one Bronze medal.

Later Revolta continued to coach at Edinburgh University, regularly gives his time and coaching expertise to young athletes wishing to follow in his footsteps.

He was inducted into the institutions sports Hall of Fame in 2014 alongside Commonwealth Huddles silver medallist Eilidh Child and Olympic bronze medal winning swimmer Alan McClatchey