



Roadmap Summary for the Return of Sport

We have created a summary of the Government's roadmap out of lockdown for England containing key dates of the earliest indication for the return of for sport, gyms and spectators in England.

With a number of details still to be confirmed, this information will remain subject to change as British weight Lifting works to manage a safe and responsible return for our activities, however, we are keen to share as much detail as possible to support our clubs, volunteers, event organisers and other stakeholders in their planning.

Step 2- From Monday 12 April 2021

Summary of changes

- Indoor leisure facilities such as gyms can reopen, but only for use by people training on their own, or from the same household. No group activities are allowed. This includes facilities such as, but not limited to, gym and leisure centres, indoor sports courts and pitches, swimming pools, fitness studios, multi-sport facilities (such as climbing walls, driving ranges, archery venues, indoor riding centres, and indoor skate parks).
- Children's activities can take place indoors in groups of up to 15 people (not counting children aged under five years old) in line with Department for Education [Out of School Setting guidance](#)
- Disabled people can take part in organised outdoor and indoor sport without being subject to social contact limits.
- Changing rooms can be opened, but participants should be encouraged to avoid or minimise use where possible.
- Travel should be minimised but can take place for the purpose of sport and physical activity. Car sharing, however, isn't permitted.
- Spectators are only allowed on public land, where they must adhere to social gathering limits either in groups of six or two households.
- Spas can re-open, but not including saunas and steam rooms, which are due to open at Step 3.
- Non-essential retail can re-open including personal care premises such as hairdressers and nail salons; and public buildings such as libraries and community centres. Indoor settings must only be visited alone or with household groups, with outdoor settings limited to either six people or two households.



- Overnight stays away from home in England will be permitted and self-contained accommodation can also reopen, though must only be used by members of the same household or support bubble.
- The majority of outdoor settings and attractions can also reopen, including outdoor hospitality, zoos, theme parks, drive-in cinemas and drive-in performances events.
- Hospitality venues will be able to open for outdoor service, with no requirement for a substantial meal to be served alongside alcohol, and no curfew. The requirement to eat and drink while seated will remain.
- People should continue to work from home where they can, and minimise domestic travel where they can. International holidays are still illegal.
- The number of care home visitors will also increase to two per resident, and all children will be able to attend any indoor children's activity, including sport, regardless of circumstance.
- Funerals can continue with up to 30 attendees. Weddings, outdoor receptions, and commemorative events including wakes will be able to take place with up to 15 attendees (in premises that are permitted to open).
- A Covid-status certification system is in development over the coming months which could allow higher-risk settings to be opened up more safely and with more participants. The system will take into account three factors: vaccination, a recent negative test, or natural immunity (determined on the basis of a positive test taken in the previous six months).
- Events pilots will take place from mid-April to trial the system. All pilots are checking Covid status, initially this will be through testing alone but in later pilots vaccination and acquired immunity are expected to be alternative ways to demonstrate status.
- For more information on what is and isn't allowed from 12 April check out Sport England's list of frequently asked questions for more guidance [here](#)

Step 3 - May 17 at the earliest

- Both outdoor and indoor gatherings or events, organised by a business, charity, public body or similar organisation, can be organised, subject to specific conditions: that they comply with COVID-Secure guidance including taking reasonable steps to limit the risk of transmission, complete a related risk assessment; and ensure that those attending do not mix beyond what is permitted by the social contact limits (unless another exemption exists, such as for organised sport or exercise, supervised activities for children or a significant life event).
- Spas and steam rooms will be allowed to re-open.
- The government will also allow some larger performances and sporting events in indoor venues to have admit spectators with a capacity of 1,000 people or half-full (whichever is a lower number), and in outdoor venues with a capacity of 4,000 people or half-full



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(whichever is a lower number). In the largest outdoor seated venues, where crowds can be spread out, up to 10,000 people will be able to attend (or a quarter-full, whichever is lower).

Step 4 - June 21 at the earliest

- Before Step 4 begins, the government will complete a review of social distancing and other long-term measures that have been put in place to cut transmission. This will inform decisions on the timing and circumstances under which the rules on 1 metre plus, the wearing of face coverings and other measures may be lifted.
- Full capacity venue will be possible dependent on the success of pilot events. At this step, the intention is to "remove all legal limits on social contact".