

# 2019 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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## MEN: TOP-25 ABSOLUTE

From 01/11/2018 to 30/06/2019

<b>55kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Hazal Wafie Muhammad Azroy	1994	MAS	54.90	112	136	246	20-Apr-19	Ningbo, CHN
Shubham Kolekar	1999	IND	54.90	102	138	240	15-Dec-18	Nagpur, IND
Dilanka Isuru Kamara	1996	SRI	54.49	105	135	240	20-Apr-19	Ningbo, CHN
Ch. Rishikanta Singh	1998	IND	54.72	105	134	239	22-Feb-19	Visakhapatnam, IND
Shubham Todkar	1997	IND	54.84	103	134	237	22-Feb-19	Visakhapatnam, IND
Hirendra Sarang	1996	IND	54.88	100	136	236	22-Feb-19	Visakhapatnam, IND
Piyush Singh	1999	IND	54.60	103	128	231	15-Dec-18	Nagpur, IND
R. Madhavan	1998	IND	53.76	106	125	231	22-Feb-19	Visakhapatnam, IND
Sadam Husen Nazeer	1995	IND	53.16	102	127	229	22-Feb-19	Visakhapatnam, IND
Muna Nayak	2002	IND	54.70	102	125	227	15-Dec-18	Nagpur, IND
Prashant Koli	1999	IND	53.10	104	122	226	15-Dec-18	Nagpur, IND
A. Guna Sekar	1996	IND	54.32	101	124	225	22-Feb-19	Visakhapatnam, IND
Youri Simard	2001	CAN	54.94	98	126	224	18-May-19	La Prairie, CAN
K. Ezhilarasan	1998	IND	53.50	95	121	216	15-Dec-18	Nagpur, IND
Abhishek Mahajan	2002	IND	54.75	95	121	216	15-Dec-18	Nagpur, IND
E. Selvam	1991	IND	54.65	98	117	215	22-Feb-19	Visakhapatnam, IND
S. Aravindh	2000	IND	54.80	95	115	210	15-Dec-18	Nagpur, IND
Karan Lahre	2000	IND	54.92	93	116	209	22-Feb-19	Visakhapatnam, IND
Subhash Lahre	2002	IND	54.40	93	113	206	15-Dec-18	Nagpur, IND
S. Majar Basha	2001	IND	54.65	90	115	205	15-Dec-18	Nagpur, IND
D. Prithviraj	2000	IND	51.45	90	110	200	15-Dec-18	Nagpur, IND

<b>61kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Morea Baru	1990	PNG	61.00	120	163	283	27-Apr-19	Darwin, AUS
D.K.T.W.K. Palangasinghe	1993	SRI	60.80	122	155	277	20-Apr-19	Ningbo, CHN
Muthupandi Raja	2000	IND	60.94	117	148	265	20-Apr-19	Ningbo, CHN
P. Gururaja	1992	IND	60.72	118	145	263	23-Feb-19	Visakhapatnam, IND
Sidhant Gogoi	2004	IND	60.50	113	146	259	23-Feb-19	Visakhapatnam, IND
Jacob Vanilaltuanga	2002	IND	60.55	112	138	250	16-Dec-18	Nagpur, IND
Zakhuma	2001	IND	59.80	116	130	246	16-Dec-18	Nagpur, IND
Lalzuidika	1997	IND	60.42	112	132	244	23-Feb-19	Visakhapatnam, IND
V. Srinivasan	1994	IND	60.42	108	135	243	23-Feb-19	Visakhapatnam, IND
L. Chinglenmani Singh	1999	IND	60.46	107	135	242	23-Feb-19	Visakhapatnam, IND
Ganesh R.	1996	IND	59.80	105	130	235	23-Feb-19	Visakhapatnam, IND
Jaswant Shergill	1993	ENG	60.20	100	131	231	19-Jan-19	Milton Keynes, England, GBR
Rahul Ramesh	1997	IND	60.70	100	128	228	23-Feb-19	Visakhapatnam, IND
Youri Simard	2001	CAN	58.09	100	128	228	30-Mar-19	Saint-Hyacinthe, CAN
N.S. Abhishek	2000	IND	60.95	95	128	223	16-Dec-18	Nagpur, IND
Lalhunthara	2002	IND	60.25	99	123	222	16-Dec-18	Nagpur, IND
Pancham Georj	2000	IND	60.30	99	120	219	23-Feb-19	Visakhapatnam, IND
Jack Dorian Madanamoothoo	2001	MRI	60.86	95	124	219	26-Apr-19	Cairo, EGY
Raghunath Khilla	2002	IND	60.10	97	121	218	16-Dec-18	Nagpur, IND
Brent MacLachlan	1988	CAN	61.00	93	125	218	2-Feb-19	Belleville, CAN
Yashmit Sharma	2000	IND	60.65	98	119	217	16-Dec-18	Nagpur, IND
M. Raj Kumar	2003	IND	60.26	98	118	216	23-Feb-19	Visakhapatnam, IND
Govinda Mahajan	2000	IND	60.00	95	120	215	16-Dec-18	Nagpur, IND
Mihir Soni	1999	IND	60.90	93	121	214	16-Dec-18	Nagpur, IND
Majhar Ali	2003	IND	59.85	94	120	214	16-Dec-18	Nagpur, IND

<b>67kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Talha Talib	1999	PAK	66.47	140	164	304	21-Apr-19	Ningbo, CHN
Jeremy Lalrinnunga	2002	IND	65.19	134	163	297	21-Apr-19	Ningbo, CHN
Ruben Katoatau	1997	KIR	66.80	125	161	286	15-Dec-18	Mont Dore, FRA
Gareth Evans	1986	WAL	66.68	125	160	285	8-Apr-19	Batumi, GEO
Vaipava Nevo Ioane	1988	SAM	66.65	121	161	282	27-Apr-19	Darwin, AUS
Morea Baru	1990	PNG	61.30	120	160	280	25-Jan-19	NRU
Gulam Navi	2000	IND	65.92	120	160	280	24-Feb-19	Visakhapatnam, IND
Susant Sahu	1991	IND	66.70	121	158	279	24-Feb-19	Visakhapatnam, IND
Matthew Lee	1989	CAN	66.80	122	154	276	30-Mar-19	Lake Country, CAN
Matt Darsigny	2001	CAN	66.97	123	150	273	18-May-19	La Prairie, CAN
Edidiong Joseph Umoafia	2002	NGR	65.40	125	147	272	26-Apr-19	Cairo, EGY
T. Sudheer	1995	IND	66.62	120	151	271	24-Feb-19	Visakhapatnam, IND
Manjunath Marati	1995	IND	66.70	118	150	268	24-Feb-19	Visakhapatnam, IND
Naveen Chandra	1989	IND	66.78	118	148	266	24-Feb-19	Visakhapatnam, IND
K. Neelam Raju	1999	IND	66.70	118	147	265	24-Feb-19	Visakhapatnam, IND
Robo Mech	1995	IND	66.46	120	144	264	24-Feb-19	Visakhapatnam, IND
Gurjit Kumar	1996	IND	66.30	120	143	263	24-Feb-19	Visakhapatnam, IND
Markio Tario	2004	IND	66.00	110	149	259	24-Feb-19	Visakhapatnam, IND
Ezekiel Moses	2001	NRU	66.45	110	148	258	2-Jun-19	Suva, FIJ
Jaswant Shergill	1993	ENG	65.45	110	148	258	7-Jun-19	Cocentry, England, GBR
Haroon Siraj	1994	ENG	66.50	115	142	257	19-Jan-19	Milton Keynes, England, GBR
K. Neelan Raju	1999	IND	66.50	112	143	255	17-Dec-18	Nagpur, IND
Michael Farmer	1999	WAL	66.40	115	140	255	2-Feb-19	Bangor, Wales, GBR
Rustam Sarang	1988	IND	66.70	113	141	254	24-Feb-19	Visakhapatnam, IND
Abhishek Nipane	2001	IND	66.95	112	138	250	17-Dec-18	Nagpur, IND
P.S. Marush	1999	IND	66.90	110	140	250	24-Feb-19	Visakhapatnam, IND
<b>73kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Achinta Sheuli	2001	IND	72.95	135	166	301	2-Nov-18	Ashgabat, TKM
Akshay Gaikwad	1996	IND	72.78	133	164	297	25-Feb-19	Visakhapatnam, IND
Nikolay Varbanov	1999	CAN	72.03	130	165	295	18-May-19	La Prairie, CAN
M. Rajan	1993	IND	71.50	127	165	292	25-Feb-19	Visakhapatnam, IND
Deepak Lathar	2000	IND	72.82	134	157	291	25-Feb-19	Visakhapatnam, IND
K.L. Meitei	1988	IND	72.74	131	160	291	25-Feb-19	Visakhapatnam, IND
D.M.I.C. Dissanayake	1989	SRI	72.27	130	161	291	22-Apr-19	Ningbo, CHN
Mihirkant Sethi	1996	IND	71.60	126	164	290	25-Feb-19	Visakhapatnam, IND
Brandon Wakeling	1994	AUS	72.46	122	165	287	28-Apr-19	Darwin, AUS
Gareth Evans	1986	WAL	69.95	131	155	286	7-Jun-19	Coventry, England, GBR
Ranjit Chavan	1998	IND	72.10	124	161	285	18-Dec-18	Nagpur, IND
Taretiia Tabaroua	1994	KIR	72.90	120	165	285	8-Feb-19	Chiang Mai, THA
Mukesh Singh	1998	IND	72.40	129	155	284	18-Dec-18	Nagpur, IND
Rubin Katoatau	1997	KIR	68.30	124	160	284	25-Jan-19	NRU
Rajath Narayanan	1995	IND	72.76	124	158	282	25-Feb-19	Visakhapatnam, IND
Lalu Taku	1998	IND	72.94	120	161	281	25-Feb-19	Visakhapatnam, IND
Rajesh Mittal	1989	IND	72.30	130	150	280	25-Feb-19	Visakhapatnam, IND
Edouard Freve-Guerin	1996	CAN	72.48	120	156	276	8-Mar-19	Las Vegas, USA
N. Ajith	1999	IND	72.50	125	150	275	18-Dec-18	Nagpur, IND
Larko Doguape	2000	NRU	71.45	120	153	273	3-Jun-19	Suva, FIJ
Ika Alikk	1985	NRU	71.45	123	149	272	28-Apr-19	Darwin, AUS
Jonathan Chin	1994	ENG	72.35	120	150	270	7-Jun-19	Coventry, England, GBR
Otsile Greg Shushu	1980	RSA	70.72	117	150	267	2-Nov-18	Ashgabat, TKM
Atish Patil	1996	IND	72.80	122	145	267	25-Feb-19	Visakhapatnam, IND
S. Rammohan Rao	1994	IND	72.80	120	145	265	25-Feb-19	Visakhapatnam, IND

<b>81kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Alex Bellemarre	1998	CAN	80.45	154	183	337	25-Apr-19	Guatemala City, GUA
Ajay Singh	1997	IND	80.88	148	174	322	4-Nov-18	Ashgabat, TKM
Jack Oliver	1991	ENG	80.38	146	176	322	10-Apr-19	Batumi, GEO
Papal Changmai	1994	IND	80.24	140	180	320	25-Feb-19	Visakhapatnam, IND
Nicolas Vachon	1996	CAN	79.95	138	179	317	25-Apr-19	Guatemala City, GUA
Sambo Lapung	1997	IND	81.00	145	171	316	25-Feb-19	Visakhapatnam, IND
Amarjit Guru	1995	IND	80.90	142	171	313	25-Feb-19	Visakhapatnam, IND
Haider Ali	1995	PAK	78.70	133	171	304	11-Dec-18	Cairo, EGY
Christopher Murray	1999	ENG	78.16	139	165	304	10-Apr-19	Batumi, GEO
Cameron McTaggart	1997	NZL	80.90	136	165	301	28-Apr-19	Darwin, AUS
Anil Kumar Sahu	1995	IND	80.86	132	168	300	25-Feb-19	Visakhapatnam, IND
U.Sivaprakesh	1996	IND	80.10	132	164	296	25-Feb-19	Visakhapatnam, IND
Sabastin Joseph	1989	IND	80.60	123	171	294	25-Feb-19	Visakhapatnam, IND
Ahmed Valdy Njoya	1999	CMR	80.75	131	163	294	27-Apr-19	Cairo, EGY
Arun Adaikalaraj K.	1992	IND	80.34	128	165	293	25-Feb-19	Visakhapatnam, IND
Samuel Guertin	2000	CAN	80.30	130	163	293	25-May-19	La Prairie, CAN
Enzo-Gabriel Dias	1998	CAN	79.62	132	160	292	1-Dec-18	Sherbrooke, CAN
M. Ramakrishna	1992	IND	77.50	134	158	292	25-Feb-19	Visakhapatnam, IND
Kh. Jojo Singh	1998	IND	80.96	130	160	290	25-Feb-19	Visakhapatnam, IND
Jerome Boisclair	1991	CAN	80.22	130	160	290	30-Mar-19	Saint-Hyacinthe, CAN
Sujee Yadav	1993	IND	78.64	129	160	289	25-Feb-19	Visakhapatnam, IND
Ankush Kumar	2001	IND	80.92	135	151	286	25-Feb-19	Visakhapatnam, IND
Leo Lark	1996	AUS	80.28	125	160	285	24-Feb-19	Brisbane, AUS
Gurmukh Singh	1993	IND	77.54	135	150	285	25-Feb-19	Visakhapatnam, IND
Jason Epton	2000	SCO	80.50	125	160	285	27-Apr-19	Pitlochry, Scotland, GBR
Jack Hitila Opeloge	2000	IND	79.70	126	159	285	4-Jun-19	Suva, FIJ

<b>89kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Don Opeloge	1999	SAM	88.20	151	198	349	4-Jun-19	Suva, FIJ
<i>Katulu Ravi Kumar</i>	<i>1988</i>	<i>IND</i>	<i>87.32</i>	<i>150</i>	<i>192</i>	<i>342</i>	<i>26-Feb-19</i>	<i>Visakhapatnam, IND</i>
Antonis Martasidis	1992	CYP	88.80	150	190	340	23-Feb-19	Limassol, CYP
Harshad Wadekar	1995	IND	88.70	150	187	337	26-Feb-19	Visakhapatnam, IND
David Samayoya	1992	CAN	88.60	153	182	335	30-Mar-19	Lake Country, CAN
R.V. Rahul	1997	IND	88.40	142	187	329	26-Feb-19	Visakhapatnam, IND
Jagdish Vishwakarma	1994	IND	88.90	147	181	328	26-Feb-19	Visakhapatnam, IND
Alex Bellemarre	1998	CAN	84.00	145	175	320	17-Nov-18	Saint-Marcellin, FRA
Christian Omoah	1999	GHA	86.60	148	172	320	28-Apr-19	Cairo, EGY
Gabriel Dagenais	1997	CAN	88.56	141	179	320	18-May-19	La Prairie, CAN
Sandeep Kumar	1996	IND	88.94	139	178	317	26-Feb-19	Visakhapatnam, IND
Harsha D.R.	1994	IND	88.74	139	177	316	26-Feb-19	Visakhapatnam, IND
Shubham	1994	IND	88.80	140	175	315	26-Feb-19	Visakhapatnam, IND
Felix-Antoine Bouffard	1996	CAN	88.77	145	165	310	3-Nov-18	La Prairie, CAN
Braydon Kennedy	1996	CAN	88.77	145	165	310	18-May-19	La Prairie, CAN
Noah Santavy	1998	CAN	86.69	140	170	310	18-May-19	La Prairie, CAN
Ramkaran Prajapati	1998	IND	88.56	137	171	308	26-Feb-19	Visakhapatnam, IND
Velmurugan P.	1989	IND	86.60	139	168	307	26-Feb-19	Visakhapatnam, IND
Boris Elesin	1995	AUS	87.75	140	166	306	7-Apr-19	Melbourne, AUS
Nikhil Tugnait	1999	IND	86.30	135	170	305	20-Dec-18	Nagpur, IND
Jack Dobson	1993	ENG	87.30	140	165	305	20-Jan-19	Milton Keynes, England, GBR
N. Sunil Kumar	1989	IND	86.76	145	160	305	26-Feb-19	Visakhapatnam, IND
Guy-Michel Tchoussi	1995	CMR	83.50	135	170	305	28-Apr-19	Derby, England, GBR
Vernon Taylor	1998	NZL	87.80	137	167	304	15-Dec-18	Auckland, NZL
Ramkaran Prajapati	1998	IND	87.60	134	170	304	20-Dec-18	Nagpur, IND

<b>96kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Boady Santavy	1997	CAN	91.81	175	208	383	7-Nov-18	Ashgabat, TKM
Vikas Thakur	1993	IND	95.85	157	196	353	10-Feb-19	Chiang Mai, THA
Veerender Singh	1990	IND	95.70	156	194	350	27-Feb-19	Visakhapatnam, IND
Steven Kari	1993	PNG	95.45	150	200	350	29-Apr-19	Darwin, AUS
Edmon Avetisyan	1994	ENG	95.68	152	190	342	11-Apr-19	Batumi, GEO
Cyrille Fagat Tchatchet II	1995	CMR	95.00	150	190	340	20-Jan-19	Milton Keynes, England, GBR
David Samayoya	1992	CAN	92.95	153	185	338	26-Apr-19	Guatemala City, GUA
Christian Amoah	1999	GHA	93.18	150	185	335	7-Nov-18	Ashgabat, TKM
Kojum Taba	1997	IND	93.36	151	183	334	27-Feb-19	Visakhapatnam, IND
Maeu Nanai Livi	1999	SAM	92.65	152	182	334	5-Jun-19	Suva, FIJ
Venkat Rahul Ragala	1997	IND	90.30	149	183	332	10-Feb-19	Chiang Mai, THA
Forrester Osei	1989	GHA	93.60	151	180	331	28-Apr-19	Cairo, EGY
Pierre-Alexandre Bessette	1999	CAN	94.41	155	175	330	7-Nov-18	Ashgabat, TKM
Ridge Barredo	1995	AUS	94.40	142	180	322	29-Apr-19	Darwin, AUS
Maxim Lebrun	1992	CAN	95.21	135	182	317	18-May-19	La Prairie, CAN
Jake Douglas	1990	AUS	94.65	138	173	311	6-Apr-19	Newcastle, AUS
Sachin Mehmi	1995	IND	95.74	135	171	306	27-Feb-19	Visakhapatnam, IND
Benjamin Ward	2000	AUS	94.40	136	170	306	5-May-19	Brisbane, AUS
Ashutosh Kumar	1995	IND	95.90	135	170	305	27-Feb-19	Visakhapatnam, IND
Md. Javed	1997	IND	95.74	137	167	304	27-Feb-19	Visakhapatnam, IND
Brandon Kennedy	1996	CAN	92.53	140	163	303	8-Dec-18	Calgary, CAN
Douglas Sekone-Fraser	1991	NZL	94.60	140	162	302	8-Dec-18	Christchurch, NZL
Harshit Sehwat	2000	IND	94.10	136	166	302	21-Dec-18	Nagpur, IND
Robbie Salton	1997	NZL	95.80	140	162	302	2-Jun-19	Nelson, NZL
Matt Helstrip	1991	AUS	95.45	135	165	300	16-Dec-18	Perth, AUS
Samuel Kennedy	1990	AUS	94.65	130	170	300	6-Apr-19	Newcastle, AUS
Pramjyoti Singh Siddhu	1993	IND	94.52	130	170	300	27-Feb-19	Visakhapatnam, IND
Derek Lo	1995	CAN	94.28	131	169	300	18-May-19	La Prairie, CAN
<b>102kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Cyrille Fagat Tchatchet II	1995	CMR	100.60	160	200	360	14-Apr-19	London, England, GBR
Pardeep Singh	1995	IND	101.00	150	201	351	26-Apr-19	Ningbo, CHN
Petunu Opeloge	1994	SAM	101.10	149	195	344	29-Apr-19	Darwin, AUS
Koriata Petelo	1991	SAM	100.52	150	193	343	8-Nov-18	Ashgabat, TKM
Sahil Sharma	1995	IND	101.30	150	183	333	27-Feb-19	Visakhapatnam, IND
David Katoatau	1984	KIR	100.90	140	190	330	29-Apr-19	Darwin, AUS
Ramshad A.R.	1994	IND	100.94	140	184	324	27-Feb-19	Visakhapatnam, IND
Gilles Caza	1997	CAN	97.81	145	177	322	18-May-19	La Prairie, CAN
Mohit Teotia	1992	IND	101.50	146	174	320	27-Feb-19	Visakhapatnam, IND
Akash Virdhy	1994	IND	101.24	144	174	318	27-Feb-19	Visakhapatnam, IND
Nicolas Viens	1994	CAN	101.61	141	170	311	18-May-19	La Prairie, CAN
Erik Ostenfeld	1994	CAN	100.20	140	170	310	2-Feb-19	Belleville, CAN
Manish Kumar	1998	IND	101.20	139	171	310	27-Feb-19	Visakhapatnam, IND
Cody Wilks	1993	AUS	101.50	145	163	308	24-Feb-19	Perth, AUS
Omar Keshta	1998	ENG	101.70	132	174	306	14-Apr-19	London, England, GBR
Zac Grgurevic	1991	AUS	101.85	135	170	305	7-Apr-19	Melbourne, AUS
Lucky Markam	1994	IND	98.10	137	163	300	27-Feb-19	Visakhapatnam, IND
Christopher Palser-Thorne	1993	ENG	100.70	128	170	298	20-Jan-19	Milton Keynes, England, GBR
Tyler Siwak	1980	CAN	100.15	133	165	298	18-May-19	La Prairie, CAN
Charlie Stone	1986	ENG	100.02	132	165	297	20-Jan-19	Milton Keynes, England, GBR
Justin Elliott	1992	CAN	99.69	133	160	293	18-May-19	La Prairie, CAN
Sione Tonga	1992	NZL	100.50	130	162	292	3-Mar-19	Auckland, NZL
Hugo Martin	1998	CAN	100.90	132	160	292	30-Mar-19	Saint-Hyacinthe, CAN
Sione Tatu	1985	NZL	97.30	135	155	290	3-Nov-18	Auckland, NZL
Sarvanan Kumar	1996	IND	99.88	130	160	290	27-Mar-19	Visakhapatnam, IND
David Harding-Prior	1988	ENG	101.45	134	156	290	8-Jun-19	Coventry, England, GBR
Joe Blacker	1994	ENG	99.30	124	166	290	8-Jun-19	Coventry, England, GBR

<b>109kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Richmond Osarfo	1999	GHA	106.94	160	205	365	8-Nov-18	Ashgabat, TKM
Vishal Solanki	1993	IND	108.64	160	200	360	28-Feb-19	Visakhapatnam, IND
Sanele Mao	1985	SAM	107.25	160	200	360	29-Apr-19	Darwin, AUS
Junior Periclex Nganja Nyabeyeu	1993	CMR	103.50	156	200	356	29-Apr-19	Cairo, EGY
Lovepreet Singh	1997	IND	107.20	164	188	352	28-Feb-19	Visakhapatnam, IND
Owen Boxell	1990	ENG	108.05	150	200	350	9-Jun-19	Coventry, England, GBR
Richard Davidson	1994	CAN	107.90	145	195	340	18-May-19	La Prairie, CAN
Andy Barakauskas	1992	NZL	107.80	153	186	339	8-Dec-18	Christchurch, NZL
Gurmail Singh	1991	IND	108.52	155	183	338	28-Feb-19	Visakhapatnam, IND
Ryan Meidl	1987	CAN	108.32	150	188	338	18-May-19	La Prairie, CAN
Matthew Lydement	1994	AUS	107.30	158	175	333	29-Apr-19	Darwin, AUS
Jackson Roberts-Young	1996	AUS	107.60	141	190	331	3-Mar-19	Sydney, AUS
Sio (Joe) Polelile	1993	TGA	108.27	140	186	327	8-Nov-18	Ashgabat, TKM
Graham Unruh	1991	CAN	105.79	145	180	325	18-May-19	La Prairie, CAN
Ankit Chhoker	1996	IND	107.36	148	176	324	28-Feb-19	Visakhapatnam, IND
Vipin Kumar	1988	IND	108.06	142	175	317	28-Feb-19	Visakhapatnam, IND
Jordan Sakkas	1999	WAL	102.45	140	177	317	9-Jun-19	Coventry, England, GBR
Unnikrishnan S.	1991	IND	109.00	140	175	315	28-Feb-19	Visakhapatnam, IND
Nicolas Viens	1994	CAN	106.20	140	171	311	22-Feb-19	Sherbrooke, CAN
M.R. Chaitanya	1993	IND	108.96	135	176	311	28-Feb-19	Visakhapatnam, IND
Hanzala Dastgir Butt	2002	PAK	106.80	140	170	310	22-Dec-18	Doha, QAT
Pardeep Singh	1995	IND	102.45	140	170	310	10-Feb-19	Chiang Mai, THA
Dylan Bergin	1990	AUS	108.05	140	166	306	5-May-19	Perth, AUS
Zac Grgurevic	1991	AUS	108.70	135	170	305	17-Feb-19	Melbourne, AUS
Christopher Palser-Thorne	1993	ENG	106.80	124	180	304	5-May-19	Basingstoke, England, GBR
<b>+109kg Category</b>								
David Liti	1996	NZL	166.50	180	230	410	19-May-19	Auckland, NZL
Muhammad Noor Dastgir Butt	1998	PAK	160.64	175	220	395	28-Apr-19	Ningbo, CHN
Gurdeep Singh	1995	IND	155.00	170	220	390	28-Feb-19	Visakhapatnam, IND
Himanshu Kumar Chang	1992	IND	165.00	168	218	386	28-Feb-19	Visakhapatnam, IND
Vipan Kumar	1994	IND	154.10	156	201	357	28-Feb-19	Visakhapatnam, IND
Quinn Everett	1992	CAN	145.36	155	198	353	18-May-19	La Prairie, CAN
Miklos Bencsik II	1989	CAN	138.10	147	200	347	18-May-19	La Prairie, CAN
Haroon Shukat	1988	PAK	117.75	153	183	336	24-Nov-18	Sydney, AUS
Geoff Gray	1994	CAN	140.30	141	191	332	2-Feb-19	Winnipeg, CAN
Jaspreet Singh	1992	IND	146.90	155	176	331	28-Feb-19	Visakhapatnam, IND
Tejpal Singh Sandhu	1998	IND	133.90	144	183	327	22-Dec-18	Nagpur, IND
Joachim Setefano	1998	NZL	163.80	147	180	327	3-Mar-19	Auckland, NZL
Jackson Solofa	1982	AUS	139.65	142	182	324	29-Apr-19	Darwin, AUS
Gabriel Auclair	1984	CAN	140	140	183	323	3-Nov-18	La Prairie, CAN
Kedar Satputhe	1994	IND	142.64	143	178	321	28-Feb-19	Visakhapatnam, IND
MacKenzie Middleton	1998	ENG	124.00	145	174	319	9-Jun-19	Coventry, England, GBR
Hitesh	1997	IND	131.36	147	171	318	28-Feb-19	Visakhapatnam, IND
Daniel Babatunde	1992	ENG	112.25	140	172	312	9-Jun-19	Coventry, England, GBR
Nahir Malki	1996	AUS	129.70	138	171	309	7-Apr-19	Melbourne, AUS
Robin Baron-Marasse	1996	CAN	154.00	134	173	307	27-Jan-19	Amos, CAN
Gurpreet Singh	1992	IND	124.30	131	171	302	28-Feb-19	Visakhapatnam, IND
Orion Walsh	1999	AUS	150.00	136	166	302	18-May-19	Sydney, AUS
David Tshibungu	1995	CAN	130.60	130	160	290	3-Nov-18	Toronto, CAN
Daniel Neimani	1981	NZL	161.20	135	155	290	3-Mar-19	Auckland, NZL

# 2019 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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## WOMEN: TOP-25 ABSOLUTE

From 01/11/2018 to 30/06/2019

<b>45kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Jhilli Dalabehera	1999	IND	44.93	71	91	162	21-Apr-19	Ningbo, CHN
Riya Sen	1995	IND	44.82	67	87	154	22-Feb-19	Visakhapatnam, IND
Dipali Gursale	1996	IND	44.70	70	83	153	22-Feb-19	Visakhapatnam, IND
Thushmita M.V.	1996	IND	44.86	62	88	150	22-Feb-19	Visakhapatnam, IND
H. Jinarani Devi	1996	IND	44.82	65	84	149	22-Feb-19	Visakhapatnam, IND
Hannah Powell	1992	WAL	44.90	63	83	146	6-Apr-19	Batumi, GEO
T. Priyadarshini	2000	IND	44.64	57	84	141	22-Feb-19	Visakhapatnam, IND
Komal Manoj Kamble	1991	IND	45.00	62	76	138	22-Feb-19	Visakhapatnam, IND
Manish Kumari	1995	IND	43.60	62	75	137	22-Feb-19	Visakhapatnam, IND
Techni Nadam	1999	IND	44.40	56	77	133	22-Feb-19	Visakhapatnam, IND
Bornali Borah	2000	IND	44.25	55	76	131	16-Dec-18	Nagpur, IND
Sakshi Mahske	2001	IND	44.80	58	70	128	16-Dec-18	Nagpur, IND
Dipti Saikia	1995	IND	44.90	55	70	125	22-Feb-19	Visakhapatnam, IND
Srity Akther	1994	BAN	45.00	55	68	123	9-Dec-18	Cairo, EGY
Veena Thakur	1999	IND	44.10	54	69	123	16-Dec-18	Nagpur, IND
T. Poongodi	2001	IND	43.65	53	67	120	16-Dec-18	Nagpur, IND
Khushali Gangurde	2001	IND	43.30	56	63	119	16-Dec-18	Nagpur, IND
Gyaneshwari Yadav	2003	IND	43.75	55	62	117	16-Dec-18	Nagpur, IND
B. Jyothi	2004	IND	44.05	50	65	115	16-Dec-18	Nagpur, IND
Panchami Sonowal	2005	IND	44.85	49	64	113	16-Dec-18	Nagpur, IND
Tinamoni Sonowal	2002	IND	44.45	50	63	113	16-Dec-18	Nagpur, IND
Myonly Stephen	2006	NRU	45.00	51	61	112	25-Jan-19	NRU
Tenishia Thornton	2005	MLT	44.30	50	62	112	28-Jun-19	Waterford, IRL
Tadar Neha	2004	IND	43.30	43	68	111	16-Dec-18	Nagpur, IND
Isabella Brown	2003	CAN	44.66	50	60	110	19-Jan-19	Brossard, CAN
Kristine Santos	1996	ENG	44.60	50	60	110	7-Apr-19	Birmingham, England, GBR
<b>49kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Saikhom Mirabai Chanu	1994	IND	48.98	86	113	199	21-Apr-19	Ningbo, CHN
Loa Dika Toua	1984	PNG	48.97	78	107	185	15-Dec-18	Mont Dore, FRA
Deepika	1996	IND	78.00	78	102	180	22-Feb-19	Visakhapatnam, IND
Jhilli Dalabehera	1999	IND	48.68	76	98	174	2-Nov-18	Ashgabat, TKM
Amanda Braddock	1989	CAN	48.65	78	96	174	19-May-19	La Prairie, CAN
Marie-Hainra Riolya Ranaivosoa	1990	MRI	48.95	76	97	173	2-Nov-18	Ashgabat, TKM
S. Bindyarani Devi	1999	IND	48.52	72	100	172	22-Feb-19	Visakhapatnam, IND
Pooja Gupta	1998	IND	48.64	70	97	167	22-Feb-19	Visakhapatnam, IND
Augustina Nwaokolo	1992	NGR	48.55	72	85	157	2-Nov-18	Ashgabat, TKM
Sneha Soren	2001	IND	48.90	66	90	156	20-Dec-18	Doha, QAT
Kelly-Jo Robson	1988	ENG	48.75	69	87	156	7-Jun-19	Coventry, England, GBR
Epham Quasar Khanam	2001	IND	48.90	70	85	155	22-Feb-19	Visakhapatnam, IND
Keerthi	1998	IND	49.00	68	86	154	15-Dec-18	Nagpur, IND
Pooja Kene	1996	IND	48.20	68	86	154	22-Feb-19	Visakhapatnam, IND
Noorim Gulam	1995	ENG	48.95	68	86	154	7-Jun-19	Coventry, England, GBR
Dinusha Hansami Bomiriyage Gomas	1992	SRI	48.79	67	85	152	20-Apr-19	Ningbo, CHN
Veerjeet Kaur	1999	IND	47.90	67	84	151	15-Dec-18	Nagpur, IND
Hannah Powell	1992	WAL	47.00	66	85	151	7-Jun-19	Coventry, England, GBR
Shrabani Das	2002	IND	48.30	65	80	145	15-Dec-18	Nagpur, IND
Alyce Stephenson	1990	AUS	48.78	60	84	144	27-Apr-19	Darwin, AUS
Lisa Tobias	1980	SCO	48.50	60	82	143	27-Apr-19	Pitlochry, Scotland, GBR
Daphne-Anne Hodgson	1990	CAN	48.53	62	81	143	19-May-19	La Prairie, CAN
Vanlalrinmawii	2001	IND	48.25	65	77	142	15-Dec-18	Nagpur, IND
Marie-Helen Chouinard	1995	CAN	60	81	141	141	2-Nov-18	La Prairie, CAN
Marie-Pier Gendron	2000	CAN	48.90	61	80	141	30-Mar-19	Saint-Hyacinthe, CAN

**55kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Chika Joy Amalaha	1997	NGR	54.63	95	112	205	26-Apr-19	Cairo, EGY
Rachel Leblanc-Bazinet	1988	CAN	54.40	88	108	196	24-Apr-19	Guatemala City, GUA
Matsa Santoshi	1994	IND	53.46	84	104	188	23-Feb-19	Visakhapatnam, IND
Loa Dika Toua	1984	PNG	50.01	80	103	183	17-Nov-18	Mont Dore, FRA
S. Bindyarani Devi	1999	IND	50.40	78	105	183	15-Dec-18	Nagpur, IND
Harshdeep Kaur	1994	IND	54.80	80	102	182	23-Feb-19	Visakhapatnam, IND
Fraer Morrow	1998	ENG	54.50	82	100	182	7-Apr-19	Birmingham, England, GBR
B. Usha	1991	IND	54.32	80	101	181	23-Feb-19	Visakhapatnam, IND
Johanni Taljaard	1984	RSA	54.91	80	97	177	1-Nov-18	Ashgabat, TKM
Haylee Johnson	1998	CAN	54.95	77	98	175	19-May-19	La Prairie, CAN
Manalisha Sonowal	1995	IND	53.34	76	98	174	23-Feb-19	Visakhapatnam, IND
Cynthia Barrette	1997	CAN	54.84	80	94	174	19-May-19	La Prairie, CAN
Mariou Dozois-Prevost	1986	CAN	54.91	75	98	173	1-Nov-18	Ashgabat, TKM
Amy Williams	1992	ENG	54.60	75	98	173	7-Apr-19	Batumi, GEO
Ph. Ranibala Devi	1998	IND	54.00	76	96	172	23-Feb-19	Visakhapatnam, IND
Josee Gallant	1992	CAN	54.70	78	93	171	2-Feb-19	Moncton, CAN
Hannah Kaminski	1994	CAN	54.50	77	94	171	30-Mar-19	Lake Country, CAN
Gauri Pandey	1997	IND	54.60	71	99	170	15-Dec-18	Nagpur, IND
Wadumesthreege C.M. Warnakulasuri	1990	SRI	54.78	75	95	170	22-Apr-19	Ningbo, CHN
Saloni Singh	2001	IND	54.05	79	90	169	15-Dec-18	Nagpur, IND
Catrin Haf Jones	1999	WAL	52.30	73	96	169	7-Jun-19	Coventry, England, GBR
Jess Gordon-Brown	1995	ENG	55.00	76	92	168	7-Jun-19	Coventry, England, GBR
Jennifer Tong	1996	ENG	54.90	73	94	167	23-Feb-19	Luton, England, GBR
Melissa Conteduca	1986	CAN	54.70	70	95	165	2-Nov-18	La Prairie, CAN
Nikki Hamilton	1995	SCO	55.75	75	88	163	27-Jan-19	Stirling, Scotland, GBR
Mary Kini Lifu	1994	SOL	54.80	75	88	163	7-Feb-19	Chiang Mai, THA

**59kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Chineye Fidelis	1993	NGR	58.75	90	125	215	3-Nov-18	Ashgabat, TKM
Tali Darsigny	1998	CAN	59.00	92	112	204	19-May-19	La Prairie, CAN
Jenly Wini Tegu	1983	SOL	58.90	85	115	200	17-Nov-18	Mont Dore, FRA
Erra Deexitha	1997	IND	58.20	85	115	200	23-Feb-19	Visakhapatnam, IND
Davinder Kaur	1995	IND	57.00	87	111	198	23-Feb-19	Visakhapatnam, IND
Swati Singh	1987	IND	58.29	87	109	196	23-Apr-19	Ningbo, CHN
Diksha Gaikwad	1990	IND	58.66	86	105	191	23-Feb-19	Visakhapatnam, IND
Popy Hazarika	1998	IND	56.82	87	103	190	23-Feb-19	Visakhapatnam, IND
Kopparthi Shireesha	1993	IND	58.90	79	110	189	8-Feb-19	Chiang Mai, THA
K. Shireesha	1993	IND	58.90	79	110	189	23-Feb-19	Visakhapatnam, IND
Erika Yamasaki	1987	AUS	58.89	84	105	189	29-Jun-19	Brisbane, AUS
Mohini Daryappa Chavan	1999	IND	57.50	83	103	186	18-Dec-18	Nagpur, IND
N. Sumanbala Devi	1992	IND	58.76	80	105	185	23-Feb-19	Visakhapatnam, IND
Johanni Taljaard	1984	RSA	58.78	83	102	185	26-Apr-19	Cairo, EGY
Ch. Nirmala Devi	2001	IND	58.50	79	105	184	18-Dec-18	Nagpur, IND
Rupa Hanagandi	1998	IND	58.82	83	101	184	23-Feb-19	Visakhapatnam, IND
Thea Lund	1995	CAN	58.45	80	103	183	16-Feb-19	Surrey, CAN
Olivia Blatch	1993	ENG	58.90	80	103	183	8-Jun-19	Coventry, England, GBR
Caroline Lamarche-McClure	1995	CAN	58.45	83	97	180	2-Nov-18	La Prairie, CAN
Josee Gallant	1992	CAN	57.40	83	97	180	17-Nov-18	Bedford, CAN
Sukarna Adak	2003	IND	58.30	80	100	180	21-Dec-18	Doha, QAT
Seen Lee	1982	AUS	58.95	79	100	179	8-Dec-18	Melbourne, AUS
P. Shakhenbi Devi	1998	IND	58.40	78	101	179	18-Dec-18	Nagpur, IND
Jacinta Carroll	1992	AUS	58.44	81	96	177	27-Apr-19	Darwin, AUS
Jennifer Tong	1996	ENG	58.30	78	96	174	13-Apr-19	London, England, GBR

**64kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Maude Charron	1993	CAN	63.00	101	125	226	25-Apr-19	Guatemala City, GUA
Zoe Smith	1994	ENG	63.85	100	125	225	8-Jun-19	Coventry, England, GBR
Sarah Davies	1992	ENG	63.70	101	123	224	8-Jun-19	Coventry, England, GBR
S. Thasana Chanu	1997	IND	63.82	90	122	212	24-Feb-19	Visakhapatnam, IND
Rakhi Halder	1993	IND	63.91	93	119	212	24-Apr-19	Ningbo, CHN
Kiana Elliott	1997	AUS	63.65	96	112	208	8-Feb-19	Chiang Mai, THA
Rachel Siemens	1989	CAN	63.55	89	114	203	19-May-19	La Prairie, CAN
Anju Chauhan	1992	IND	63.80	86	116	202	24-Feb-19	Visakhapatnam, IND
Amandeep Kaur	1988	IND	63.00	86	113	199	24-Feb-19	Visakhapatnam, IND
Sarah Cochrane	1989	AUS	64.00	90	109	199	6-Apr-19	Mackay, AUS
Philippa Malone	1989	AUS	63.60	90	108	198	5-Nov-18	Ashgabat, TKM
Nadia Yangui	1992	CAN	63.95	84	114	198	25-Apr-19	Guatemala City, GUA
Megan Signal	1990	NZL	63.25	88	110	198	27-Apr-19	Doha, AUS
G. Lalitha	1998	IND	63.60	85	112	197	19-Dec-18	Nagpur, IND
Oluwatuwin Victoria Adesanmi	1992	NGR	62.93	85	110	195	4-Nov-18	Ashgabat, TKM
Magalie Roux	1999	CAN	63.94	85	109	194	1-Dec-18	Sherbrooke, CAN
Seram Nirupama Devi	2000	IND	64.00	81	108	189	21-Dec-18	Doha, QAT
Yasmin Zammit-Stevens	1993	MLT	63.84	86	103	189	9-Apr-19	Batumi, GEO
Maggie Cumetti	1995	CAN		84	102	186	2-Nov-18	La Prairie, CAN
Nancy Genzel Abouke	2003	NRU	62.95	83	103	186	15-Dec-18	Mont Dore, FRA
Mona Pretorius	1988	RSA	63.81	83	102	185	5-Nov-18	Ashgabat, TKM
K. Roshilata Devi	1999	IND	63.15	85	100	185	19-Dec-18	Nagpur, IND
Megan Trupp	2000	CAN	63.94	87	98	185	19-May-19	La Prairie, CAN
Seen Lee	1982	AUS	59.55	80	104	184	2-Mar-19	Melbourne, AUS
Catherine Darsigny	1994	CAN		80	103	183	2-Nov-18	La Prairie, CAN
Pratima Rani	1992	IND	63.80	83	100	183	24-Feb-19	Visakhapatnam, IND

**71kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Maya Laylor	1995	CAN	70.58	99	124	223	19-May-19	La Prairie, CAN
Emily Muscat (Godley)	1989	ENG	69.74	93	123	216	10-Apr-19	Batumi, GEO
Sarbjeet Kaur	1992	IND	69.96	89	124	213	24-Feb-19	Visakhapatnam, IND
Lalchhanhimi	1992	IND	70.14	92	115	207	24-Feb-19	Visakhapatnam, IND
Adreanne Messier	1999	CAN	70.99	95	112	207	30-Mar-19	Saint-Hyacinthe, CAN
Kh. Sarjubala Devi	1999	IND	69.10	89	113	202	24-Feb-19	Visakhapatnam, IND
Ebony Gorincu	1989	AUS	70.98	91	110	201	29-Jun-19	Brisbane, AUS
Megan Signal	1990	NZL	65.50	89	111	200	3-Mar-19	Auckland, NZL
Stephanie Davies	1989	AUS	69.35	86	114	200	15-Dec-18	Mont Dore, FRA
Rachel Siemens	1989	CAN	66.00	88	111	199	16-Feb-19	Surrey, CAN
Pooja Yadav	1996	IND	68.40	88	111	199	24-Feb-19	Visakhapatnam, IND
Magalie Roux	1999	CAN	68.89	88	111	199	30-Mar-19	Saint-Hyacinthe, CAN
Sarah Cochrane	1989	AUS	64.97	87	111	198	29-Jun-19	Townsville, AUS
Sk. Allima Begum	1995	IND	69.46	86	110	196	24-Feb-19	Visakhapatnam, IND
Sally Bennett	1991	ENG	69.15	87	109	196	8-Jun-19	Coventry, England, GBR
Isabel Lorenzini	1999	AUS	70.70	89	106	195	2-Feb-19	Sydney, AUS
Quinnie Rwahwire	1990	CAN	70.95	85	110	195	9-Feb-19	Chiang Mai, THA
Maggie Cumetti	1995	CAN	68.67	84	109	193	19-May-19	La Prairie, CAN
Zoe Horseman	1993	SCO	68.05	85	105	190	4-Nov-18	Edinburgh, Scotland, GBR
K. Roshilata Devi	1999	IND	67.34	85	105	190	24-Feb-19	Visakhapatnam, IND
Swati	1995	IND	65.64	84	106	190	24-Feb-19	Visakhapatnam, IND
Tessa Milton	1994	AUS	69.40	84	105	189	5-May-19	Brisbane, AUS
Prabdeep Sanghera	1993	CAN	71.00	83	105	188	16-Feb-19	Surrey, CAN
Jeenat Billen	2001	CAN	66.50	85	102	187	5-Jun-19	Suva, FIJ
Saraswati Rout	1995	IND	70.70	80	105	185	24-Feb-19	Visakhapatnam, IND
Yasmin Zammit-Stevens	1993	MLT	66.28	85	100	185	23-Mar-19	Cospicua, MLT
Thea Wall	1995	CAN		84	101	185	30-Mar-19	Halifax, CAN
Mona Pretorius	1988	RSA	65.05	80	105	185	8-Jun-19	Coventry, England, GBR



**76kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Marie-Josophe Fegue	1991	CMR	74.60	112	136	248	17-Nov-18	St Maur, FRA
Kristel Ngarlem	1995	CAN	75.25	95	133	228	26-Apr-19	Guatemala City, GUA
Marie-Eve Beauchemin-Nadeau	1988	CAN	75.94	96	124	220	7-Nov-18	Ashgabat, TKM
Manpreet Kaur	1996	IND	73.30	97	120	217	24-Feb-19	Visakhapatnam, IND
Kanah Andrews-Nahu	2001	NZL	75.90	98	114	212	5-Jun-19	Suva, FIJ
Stephanie Davies	1989	AUS	71.05	95	116	211	3-Nov-18	Melbourne, AUS
<i>Bilikis Otunla</i>	<i>1994</i>	<i>NGR</i>	<i>75.58</i>	<i>92</i>	<i>117</i>	<i>209</i>	<i>7-Nov-18</i>	<i>Ashgabat, TKM</i>
Deepika Handa	1985	IND	74.80	84	120	204	24-Feb-19	Visakhapatnam, IND
Shashi Yadev	1993	IND	74.40	91	112	203	24-Feb-19	Visakhapatnam, IND
Tayla Howe	1996	WAL	72.00	93	110	203	14-Apr-19	London, England, GBR
Quinnie Rwahwire	1990	CAN	72.60	88	115	203	19-May-19	La Prairie, CAN
R. Arokiya Alish	2000	IND	71.25	85	116	201	20-Dec-18	Nagpur, IND
Bailey Rogers	1991	NZL	75.40	91	108	199	28-Apr-19	Darwin, AUS
Ebony Gorincu	1989	AUS	73.60	87	110	197	15-Dec-18	Mont Dore, FRA
Rayen Cupid	1985	SVG	74.55	88	109	197	26-Apr-19	Guatemala City, GUA
Prabdeep Sanghera	1993	CAN	73.13	87	106	193	19-May-19	La Prairie, CAN
Alison Suneer	1999	MRI	73.35	86	105	191	28-Apr-19	Cairo, EGY
Lianne Ireland	1995	CAN	75.30	85	105	190	30-Mar-19	Toronto, CAN
Nada Hassan	1997	CAN	75.24	85	105	190	19-May-19	La Prairie, CAN
Akashata Basvant Kamati	1999	IND	72.25	79	110	189	20-Dec-18	Nagpur, IND
Sophie Lovsin	1998	CAN	75.20	83	105	188	30-Mar-19	Lake Country, CAN
Camilla Andersen	1991	NZL	73.40	86	101	187	24-Feb-19	Lower Hutt, NZL
Sophie Lovsin	1998	CAN	75.97	83	103	186	19-May-19	La Prairie, CAN
A. Tumina	1999	IND	73.30	80	105	185	20-Dec-18	Nagpur, IND
Jeanne Gaelle Eyenga Mboosi	1999	CMR	73.90	81	102	183	12-Dec-18	Cairo, EGY
Emma Collins-Jones	1990	ENG	76.00	86	97	183	9-Jun-19	Coventry, England, GBR

**81kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Punam Yadev	1995	IND	78.12	99	121	220	25-Feb-19	Visakhapatnam, IND
<i>Seema</i>	<i>1997</i>	<i>IND</i>	<i>79.32</i>	<i>97</i>	<i>121</i>	<i>218</i>	<i>25-Feb-19</i>	<i>Visakhapatnam, IND</i>
<i>Bilikis Otunla</i>	<i>1994</i>	<i>NGR</i>	<i>76.70</i>	<i>93</i>	<i>125</i>	<i>218</i>	<i>28-Apr-19</i>	<i>Cairo, EGY</i>
Manpreet Kaur	1994	IND	78.52	96	119	215	25-Feb-19	Visakhapatnam, IND
Kanah Andrews-Nahu	2001	NZL	79.30	100	112	212	2-Feb-19	Auckland, NZL
Swapna Priya Baruah	1996	IND	79.94	89	121	210	25-Feb-19	Visakhapatnam, IND
Rajwant Kaur	1987	IND	77.50	93	116	209	25-Feb-19	Visakhapatnam, IND
Julia Ryan	1990	CAN	80.90	90	111	201	15-Dec-18	Quinte West, CAN
Leotina Kolutita Sive Petelo	2001	SAM	79.60	92	107	199	6-Jun-19	Suva, FIJ
Sofia Zudova	1994	AUS	80.40	88	110	198	29-Apr-19	Darwin, AUS
Rayen Cupid	1985	SVG	76.45	90	106	196	9-Jun-19	Coventry, England, GBR
Bailey Rogers	1991	NZL	77.50	84	110	194	2-Mar-19	Hobart, AUS
T. Dharshini	1998	IND	76.10	84	106	190	19-Dec-18	Nagpur, IND
Zoe Glasson	1991	NZL	78.80	81	105	186	19-May-19	Auckland, NZL
M. Ooha Sai	1997	IND	79.20	77	107	184	25-Feb-19	Visakhapatnam, IND
Christine Col	1990	CAN	80.90	82	100	182	30-Mar-19	Lake Country, CAN
Nancy Kozorezova	1994	CAN	76.10	78	100	178	30-Mar-19	Toronto, CAN
Charlotte Weatherall-Smith	1987	ENG	76.50	78	100	178	28-Apr-19	Derby, England, GBR
Melanie Chlond	1990	ENG	80.80	77	100	177	14-Apr-19	Malton, England, GBR
Emma Collins-Jones	1990	ENG	76.10	80	95	175	24-Nov-18	London, England, GBR
Leora Yates	1976	AUS	79.50	82	93	175	16-Feb-19	Melbourne, AUS
Cassandra Todd	1991	AUS	79.70	75	100	175	29-Apr-19	Darwin, AUS
Jessica Silver	1993	ENG	79.10	72	101	173	26-Apr-19	London, England, GBR
Hayley O'Brien	1993	CAN	78.90	76	97	173	2-Feb-19	Moncton, CAN
Damini Kumari Sahu	1994	IND	77.36	73	98	171	25-Feb-19	Visakhapatnam, IND
Stefanie Fernandez-Preiksa	1987	AUS	76.20	75	96	171	23-Jun-19	Sydney, AUS

**87kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
P. Anuradha	1992	IND	86.24	102	126	228	26-Feb-19	Visakhapatnam, IND
Srishti Singh	1990	IND	87.00	102	120	222	26-Feb-19	Visakhapatnam, IND
Kaitlyn Fassina	1990	AUS	86.60	101	121	222	29-Apr-19	Darwin, AUS
Usha B.N.	1995	IND	86.30	95	120	215	26-Feb-19	Visakhapatnam, IND
Julia Ryan	1990	CAN	82.30	89	112	201	30-Mar-19	Toronto, CAN
Hayley Whiting	1993	NZL	84.10	90	110	200	3-Mar-19	Auckland, NZL
Clementine Meukeugni Noubissi	1990	CMR	86.46	85	115	200	29-Apr-19	Cairo, EGY
Sofia Zudova	1994	AUS	82.20	85	108	193	8-Dec-18	Melbourne, AUS
Tara Pratt	1992	AUS	82.65	85	105	190	5-May-19	Perth, AUS
Modhusmrita Baruah	1999	IND	86.16	81	105	186	26-Feb-19	Visakhapatnam, IND
Dimitra Tsiliaskopoulos	1984	AUS	86.70	78	106	184	23-Jun-19	Sydney, AUS
Jessica Silva	1993	ENG	81.25	78	102	180	9-Jun-19	Coventry, England, GBR
Priyadarshini Jagushte	1993	IND	86.36	83	90	173	26-Feb-19	Visakhapatnam, IND
Chloe Kerwick	1996	AUS	86.30	76	97	173	18-May-19	Miles, AUS
Elisia Scicluna	1992	MLT	81.03	76	95	171	23-Mar-19	Cospicua, MLT
Cassandra Todd	1991	AUS	83.88	70	100	170	5-Jan-19	Brisbane, AUS
Sydney Emmons	1995	CAN	87.00	73	95	168	12-Jan-19	Regina, CAN
Neetu Kharra	1995	IND	84.00	71	97	168	26-Feb-19	Visakhapatnam, IND
Aimee Cable	1998	NZL	83.80	77	91	168	19-May-19	Auckland, NZL
T. Seetha Bhavani	1993	IND	86.04	70	95	165	26-Feb-19	Visakhapatnam, IND
Snehal Bhongale	2001	IND	85.90	70	94	164	26-Feb-19	Visakhapatnam, IND
Cassandra Lau Yi En	1992	SGP		70	94	164	10-Mar-19	Singapore City, SGP
Amy Kirby-Saunders	1982	ENG	87.00	73	90	163	19-Jan-19	Milton Keynes, England, GBR
Miranda Lebeuf	1998	CAN	86.55	73	90	163	16-Feb-19	Surrey, CAN
Roviel Detenamo	2003	NRU	86.10	71	90	161	7-Jun-19	Suva, FIJ
Amy Siebenhausen	1986	AUS	85.63	71	90	161	29-Jun-19	Brisbane, AUS

**+87kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Feagaiga Stowers	2000	SAM	116.20	124	151	275	8-Jun-19	Suva, FIJ
Emily Campbell	1994	ENG	118.74	115	145	260	13-Apr-19	Batumi, GEO
Iuniarra Sipaia	1993	SAM	127.30	107	146	253	29-Apr-19	Darwin, AUS
Laurel Hubbard	1978	NZL	138.40	116	130	246	2-Jun-19	Nelson, NZL
Charisma Amoe-Tarrant	1999	AUS	133.80	105	140	245	15-Dec-18	Mont Dore, FRA
Kuinini Manumaa	2000	TGA	107.55	98	129	227	9-Nov-18	Ashgabat, TKM
Mercy Brown	1996	ENG	95.34	98	128	226	10-Mar-19	Las Vegas, USA
Leslia Fiapule	2001	SAM	107.00	100	123	223	8-May-19	Suva, FIJ
<i>Purnima Pandey</i>	<i>1999</i>	<i>IND</i>	<i>91.16</i>	<i>94</i>	<i>122</i>	<i>216</i>	<i>26-Feb-19</i>	<i>Visakhapatnam, IND</i>
Shalinee Valaydon	1986	MRI	114.41	95	115	210	29-Apr-19	Cairo, EGY
K. Siromani	1993	IND	96.70	91	110	201	26-Feb-19	Visakhapatnam, IND
Pardeep Kaur	1986	IND	95.82	84	110	194	26-Feb-19	Visakhapatnam, IND
Ashwini Malage	1998	IND	106.50	85	108	193	26-Feb-19	Visakhapatnam, IND
Jessica Collins	1991	NZL	158.60	88	100	188	19-May-19	Auckland, NZL
Anais Michaud	2001	CAN	113.44	85	100	185	1-Dec-18	Sherbrooke, CAN
Bhavishya	1999	IND	87.70	83	99	182	22-Dec-18	Nagpur, IND
Claire McLamon	1976	NIR	106.60	75	106	181	20-Apr-19	Belfast, Northern Ireland, GBR
Laura Arbour	1992	CAN	95.00	76	100	176	30-Mar-19	Toronto, CAN
Jocelyn Brown	1987	CAN	96.75	80	95	175	8-Dec-18	Calgary, CAN
Dimitra Tsiliaskopoulos	1984	AUS	88.90	77	98	175	24-Mar-19	Sydney, AUS
Bronwyn Dunne	2003	AUS	97.50	76	98	174	7-Apr-19	Toowoomba, AUS
Kate Linford	1987	AUS	111.30	75	95	170	5-Jun-19	Melbourne, AUS
Miranda Lebeuf	1998	CAN	96.60	77	93	170	15-Jun-19	Vancouver, CAN
Ann Mariya M.T.	1998	IND	97.00	74	95	169	22-Dec-18	Nagpur, IND



# 2019 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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## MEN: ONE PER COUNTRY

From 01/11/2018 to 30/06/2019

### 55kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Hazal Wafie Muhammad Azroy	1994	MAS	54.90	112	136	246	20-Apr-19	Ningbo, CHN
Shubham Kolekar	1999	IND	54.90	102	138	240	15-Dec-18	Nagpur, IND
Dilanka Isuru Kamara	1996	SRI	54.49	105	135	240	20-Apr-19	Ningbo, CHN
Youri Simard	2001	CAN	54.94	98	126	224	18-May-19	La Prairie, CAN
Paul Ndicka-Matam	1988	CMR	56.00	81	110	191	2-Feb-19	Gennevillois, FRA
Cliff Wong Jia Hui	1990	SGP		75	95	170	9-Mar-19	Singapore City, SGP
Wilem Gwendal Emile	2002	MRI	48.61	76	90	166	8-Mar-19	Las Vegas, USA
Avery Fesolia	2002	NZL	54.00	70	93	163	15-Dec-18	Auckland, NZL
James Godden	2003	ENG	52.08	70	93	163	13-Apr-19	London, England, GBR
Philip Masi	2004	SOL	53.80	73	82	155	8-Dec-18	Honiara, SOL
Pantelis Papadopoulos	2004	CYP	55.00	67	80	147	15-Dec-18	Limassol, CYP
Logan Weaver	2005	AUS	54.60	60	85	145	4-May-19	Rockhampton, AUS
Mpho Khobal	1999	LES	54.95	52	70	122	18-May-19	Johannesburg, RSA
Gitto Garabwan	2002	NRU	43.00	48	65	113	25-Jan-19	NRU

### 61kg Category

	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Morea Baru	1990	PNG	61.00	120	163	283	27-Apr-19	Darwin, AUS
D.K.T.W.K. Palangasinghe	1993	SRI	60.80	122	155	277	20-Apr-19	Ningbo, CHN
M. Raja	2000	IND	60.90	117	147	264	23-Feb-19	Visakhapatnam, IND
Jaswant Shergill	1993	ENG	60.20	100	131	231	19-Jan-19	Milton Keynes, England, GBR
Youri Simard	2001	CAN	58.09	100	128	228	30-Mar-19	Saint-Hyacinthe, CAN
Jack Dorian Madanamoothoo	2001	MRI	60.86	95	124	219	26-Apr-19	Cairo, EGY
Blake Armitage	1995	AUS	60.81	89	117	206	1-Dec-18	Brisbane, AUS
Shadrack Cain	1999	NRU	60.90	90	115	205	25-Jan-19	NRU
Ben Goh Zuo Fu	1994	SGP	60.40	92	111	203	27-Apr-19	Darwin, AUS
Rocky Ramo	1986	SOL	60.80	83	115	198	8-Dec-18	Honiara, SOL
Paul Ndicka-Matam	1988	CMR	56.00	81	116	197	17-Nov-18	Lorient, FRA
Julius Ssekitoleko	2000	UGA	60.28	85	110	195	26-Apr-19	Cairo, EGY
Thong Weng Sheng	1990	MAS		81	103	184	9-Mar-19	Singapore City, SGP
Uzair Qamar	2002	NZL	60.30	80	98	178	1-Jun-19	Nelson, NZL
Ben Foggo		WAL	59.40	80	95	175	2-Feb-19	Bangor, Wales, GBR
Thapelo Sebota	1999	LES	59.40	76	88	164	18-May-19	Johannesburg, RSA
Pantelis Papadopoulos	2004	CYP	61.00	70	90	160	29-Jun-19	Limassol, CYP
Maika Taukeinikoro	2004	FIJ	59.25	57	75	132	2-Jun-19	Suva, FIJ
Rylee Borg	2006	MLT	55.70	58	71	129	30-Mar-19	Budapest, HUN

<b>67kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Talha Talib	1999	PAK	66.47	140	164	304	21-Apr-19	Ningbo, CHN
Jeremy Lalrinnunga	2002	IND	65.19	134	163	297	21-Apr-19	Ningbo, CHN
Ruben Katoatau	1997	KIR	66.80	125	161	286	15-Dec-18	Mont Dore, FRA
Gareth Evans	1986	WAL	66.68	125	160	285	8-Apr-19	Batumi, GEO
Vaipava Nevo Ioane	1988	SAM	66.65	121	161	282	27-Apr-19	Darwin, AUS
Morea Baru	1990	PNG	61.30	120	160	280	25-Jan-19	NRU
Matthew Lee	1989	CAN	66.80	122	154	276	30-Mar-19	Lake Country, CAN
Edidiong Joseph Umoafia	2002	NGR	65.40	125	147	272	26-Apr-19	Cairo, EGY
Ezekiel Moses	2001	NRU	66.45	110	148	258	2-Jun-19	Suva, FIJ
Jaswant Shergill	1993	ENG	65.45	110	148	258	7-Jun-19	Coventry, England, GBR
Marc Jonathan Coret	1989	MRI	66.55	107	140	247	26-Apr-19	Cairo, EGY
Christopher Moore	1991	AUS	66.90	105	130	235	5-Mar-19	Perth, AUS
David Akwei	2000	GHA	65.40	104	130	234	26-Apr-19	Cairo, EGY
Brown Ramohaka	1988	SOL	65.30	100	130	230	8-Dec-18	Honiara, SOL
Dustin Terrill	1989	NZL	66.40	100	125	225	24-Feb-19	Wellington, NZL
Keith Koh Jia Jie	1996	SGP		90	127	217	9-Mar-19	Singapore City, SGP
Lucas Clark	1993	SCO	66.85	90	122	212	27-Apr-19	Pitlochry, Scotland, GBR
Jonathan Wong	1982	MAS	66.48	92	118	210	16-Jun-19	Gold Coast, AUS
Ibrahim Nsubuga	1983	UGA	64.75	92	112	204	26-Apr-19	Cairo, EGY
Bafokeng Moeti	1989	LES	64.65	90	105	195	18-May-19	Johannesburg, RSA
Samuela Nasila	1999	FIJ	66.30	70	97	167	2-Jun-19	Suva, FIJ
Danila Sikerin	2004	CYP	61.70	56	72	128	28-Jun-19	Limassol, CYP

<b>73kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Achinta Sheuli	2001	IND	72.95	135	166	301	2-Nov-18	Ashgabat, TKM
Nikolay Varbanov	1999	CAN	72.03	130	165	295	18-May-19	La Prairie, CAN
D.M.I.C. Dissanayake	1989	SRI	72.27	130	161	291	22-Apr-19	Ningbo, CHN
Brandon Wakeling	1994	AUS	72.46	122	165	287	28-Apr-19	Darwin, AUS
Gareth Evans	1986	WAL	69.95	131	155	286	7-Jun-19	Coventry, England, GBR
Taretiia Tabaroua	1994	KIR	72.90	120	165	285	8-Feb-19	Chiang Mai, THA
Larko Doguape	2000	NRU	71.45	120	153	273	3-Jun-19	Suva, FIJ
Jonathan Chin	1994	ENG	72.35	120	150	270	7-Jun-19	Coventry, England, GBR
Otsile Greg Shushu	1980	RSA	70.72	117	150	267	2-Nov-18	Ashgabat, TKM
Karl McLean	1996	NIR	72.20	112	150	262	13-Apr-19	London, England, GBR
Hakim Musoke Ssemperera	1995	UGA	70.71	115	145	260	8-Mar-19	Las Vegas, USA
Rick Confiance	1994	SEY	71.10	115	138	253	7-Jun-19	Coventry, England, GBR
Craig Carffrey	1992	SCO	71.90	111	140	251	7-Jun-19	Coventry, England, GBR
Anthony Taylor	1996	NZL	70.80	105	140	245	18-May-19	Auckland, NZL
Ivenil Andronov	1993	CYP	72.00	107	130	237	23-Feb-19	Limassol, CYP
Matthew Sim Min Aun	1993	MAS		98	122	220	10-Mar-19	Singapore City, SGP
Lim Tze Wei	1987	SGP		96	110	206	10-Mar-19	Singapore City, SGP

<b>81kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Alex Bellemarre	1998	CAN	80.45	154	183	337	25-Apr-19	Guatemala City, GUA
Ajay Singh	1997	IND	80.88	148	174	322	4-Nov-18	Ashgabat, TKM
Jack Oliver	1991	ENG	80.38	146	176	322	10-Apr-19	Batumi, GEO
Haider Ali	1995	PAK	78.70	133	171	304	11-Dec-18	Cairo, EGY
Cameron McTaggart	1997	NZL	80.90	136	165	301	28-Apr-19	Darwin, AUS
Ahmed Valdy Njoya	1999	CMR	80.75	131	163	294	27-Apr-19	Cairo, EGY
Leo Lark	1996	AUS	80.28	125	160	285	24-Feb-19	Brisbane, AUS
Jason Epton	2000	SCO	80.50	125	160	285	27-Apr-19	Pitlochry, Scotland, GBR
Jack Hitila Opeloge	2000	SAM	79.70	126	159	285	4-Jun-19	Suva, FIJ
Jack Anthony Madanamoothoo	1999	MRI	80.50	129	150	279	27-Apr-19	Cairo, EGY
Lyle Du Plooy	1988	RSA	80.90	125	150	275	21-Dec-18	Doha, QAT
Webstar Ndoli Lukose	1989	KEN	78.20	123	152	275	27-Apr-19	Cairo, EGY
Andreas Constantinou	1987	CYP	80.10	117	150	267	15-Dec-18	Limassol, CYP
Uea Detudamo	1999	NRU	74.50	115	144	259	28-Apr-19	Darwin, AUS
Jeremiah Teg-Gbul Benye	2001	GHA	80.62	119	140	259	27-Apr-19	Cairo, EGY
Sue Yung Jen	1992	MAS		115	140	255	10-Mar-19	Singapore City, SGP
Rhodri Beynon	1999	WAL	81.00	117	134	251	13-Apr-19	London, England, GBR
Lim Kang Yin	1996	SGP	80.05	110	140	250	28-Apr-19	Darwin, AUS
Shaun Ciantar	1993	MLT	76.30	108	128	236	23-Mar-19	Cospicua, MLT
Anthony Saru	1995	SOL	75.90	90	120	210	8-Dec-18	Honiara, SOL
Ivan Masakwe	1990	UGA	79.86	---	130	---	27-Apr-19	Cairo, EGY

<b>89kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Don Opeloge	1999	SAM	88.20	151	198	349	4-Jun-19	Suva, FIJ
<i>Katulu Ravi Kumar</i>	<i>1988</i>	<i>IND</i>	<i>87.32</i>	<i>150</i>	<i>192</i>	<i>342</i>	<i>26-Feb-19</i>	<i>Visakhapatnam, IND</i>
Antonis Martasidis	1992	CYP	88.80	150	190	340	23-Feb-19	Limassol, CYP
David Samayoya	1992	CAN	88.60	153	182	335	30-Mar-19	Lake Country, CAN
Christian Omoah	1999	GHA	86.60	148	172	320	28-Apr-19	Cairo, EGY
Boris Elesin	1995	AUS	87.75	140	166	306	7-Apr-19	Melbourne, AUS
Jack Dobson	1993	ENG	87.30	140	165	305	20-Jan-19	Milton Keynes, England, GBR
Guy-Michel Tchuissi	1995	CMR	83.50	135	170	305	28-Apr-19	Derby, England, GBR
Vernon Taylor	1998	NZL	87.80	137	167	304	15-Dec-18	Auckland, NZL
David Katoatau	1984	KIR	88.75	120	160	280	9-Feb-19	Chiang Mai, THA
David Gorosi	1988	SOL	87.30	118	150	268	8-Dec-18	Honiara, SOL
Jay Carmichael	2000	SCO	85.15	118	145	263	27-Apr-19	Pitlochry, Scotland, GBR
Timothy Vakuruivalu	1999	FIJ	88.05	120	140	260	4-Jun-19	Suva, FIJ
Ryan Wilson		WAL	88.90	115	140	255	2-Mar-19	Bangor, Wales, GBR
Marcincy Cook	2002	NRU	88.50	115	137	252	4-Jun-19	Suva, FIJ
Maurice Oduor Aromo	1988	KEN	84.75	105	137	242	28-Apr-19	Cairo, EGY
Matthew Camilleri	1984	MLT	85.28	105	130	235	23-Mar-19	Cospicua, MLT
Benjamin Goh Ming-Wen	1986	MAS		105	125	230	10-Mar-19	Singapore City, SGP
Dikabelo Solomon	1995	BOT	84.52	100	130	230	27-Apr-19	Cairo, EGY
Michael Anyalewechi	1999	NGR	84.30	140	---	---	9-Feb-19	Chiang Mai, THA

<b>96kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Boady Santavy	1997	CAN	91.81	175	208	383	7-Nov-18	Ashgabat, TKM
Vikas Thakur	1993	IND	95.85	157	196	353	10-Feb-19	Chiang Mai, THA
Steven Kari	1993	PNG	95.45	150	200	350	29-Apr-19	Darwin, AUS
Edmon Avetisyan	1994	ENG	95.68	152	190	342	11-Apr-19	Batumi, GEO
Cyrille Fagat Tchatchet II	1995	CMR	95.00	150	190	340	20-Jan-19	Milton Keynes, England, GBR
Christian Amoah	1999	GHA	93.18	150	185	335	7-Nov-18	Ashgabat, TKM
Maeu Nanai Livi	1999	SAM	92.65	152	182	334	5-Jun-19	Suva, FIJ
Ridge Barredo	1995	AUS	94.40	142	180	322	29-Apr-19	Darwin, AUS
Douglas Sekone-Fraser	1991	NZL	94.60	140	162	302	8-Dec-18	Christchurch, NZL
Karim Zubair	1995	UGA	94.86	128	167	295	28-Apr-19	Cairo, EGY
John Cheah En Wei	1991	SGP	93.37	128	157	285	25-Apr-19	Ningbo, CHN
Vlad Baldacchino	1995	MLT	95.60	127	145	272	23-Mar-19	Cospicua, MLT
Giuseppe Aschettino	1985	NIR	95.35	121	151	272	9-Jun-19	Coventry, England, GBR
David Steel	1986	SCO	95.15	114	156	270	27-Apr-19	Pitlochry, Scotland, GBR
Bokang Alphius Kagiso	1997	BOT	94.92	125	140	265	28-Apr-19	Cairo, EGY
Freedom Scotty	1997	NRU	95.40	115	147	262	29-Apr-19	Darwin, AUS
Timothy Vakuruivalu	1999	FIJ	94.50	113	143	256	26-Jan-19	NRU
Antreas Erotokritou	1994	CYP	95.70	116	136	252	29-Jun-19	Limassol, CYP
James Hart		WAL	94.70	105	120	225	2-Mar-19	Bangor, Wales, GBR

<b>102kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Cyrille Fagat Tchatchet II	1995	CMR	100.60	160	200	360	14-Apr-19	London, England, GBR
Pardeep Singh	1995	IND	101.00	150	201	351	26-Apr-19	Ningbo, CHN
Petunu Opeloge	1994	SAM	101.10	149	195	344	29-Apr-19	Darwin, AUS
David Katoatau	1984	KIR	100.90	140	190	330	29-Apr-19	Darwin, AUS
Gilles Caza	1997	CAN	97.81	145	177	322	18-May-19	La Prairie, CAN
Cody Wilks	1993	AUS	101.50	145	163	308	24-Feb-19	Perth, AUS
Omar Keshta	1998	ENG	101.70	132	174	306	14-Apr-19	London, England, GBR
Sione Tatu	1985	NZL	97.30	135	155	290	3-Nov-18	Auckland, NZL
Ruben Burger	1991	RSA	101.62	130	157	287	8-Nov-18	Ashgabat, TKM
Gary Barker	1990	SCO	100.50	127	157	284	27-Apr-19	Pitlochry, Scotland, GBR
Harry Nelms	1999	WAL	99.02	117	160	277	15-Apr-19	London, England, GBR
Oscar Taramae	1999	SOL	99.80	100	137	237	8-Dec-18	Honiara, SOL
Kiriakos Kesidis	1999	CYP	100.80	110	125	235	15-Dec-18	Limassol, CYP

<b>109kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Richmond Osarfo	1999	GHA	106.94	160	205	365	8-Nov-18	Ashgabat, TKM
Vishal Solanki	1993	IND	108.64	160	200	360	28-Feb-19	Visakhapatnam, IND
Sanele Mao	1985	SAM	107.25	160	200	360	29-Apr-19	Darwin, AUS
Junior Periclex Nganja Nyabeyeu	1993	CMR	103.50	156	200	356	29-Apr-19	Cairo, EGY
Owen Boxell	1990	ENG	108.05	150	200	350	9-Jun-19	Coventry, England, GBR
Richard Davidson	1994	CAN	107.90	145	195	340	18-May-19	La Prairie, CAN
Andy Barakauskas	1992	NZL	107.80	153	186	339	8-Dec-18	Christchurch, NZL
Matthew Lydement	1994	AUS	107.30	158	175	333	29-Apr-19	Darwin, AUS
Sio (Joe) Polelile	1993	TGA	108.27	140	186	327	8-Nov-18	Ashgabat, TKM
Jordan Sakkas	1999	WAL	102.45	140	177	317	9-Jun-19	Coventry, England, GBR
Hanzala Dastgir Butt	2002	PAK	106.80	140	170	310	22-Dec-18	Doha, QAT
Daniel O'Hare	1998	NIR	108.35	138	162	300	9-Jun-19	Coventry, England, GBR
Callum Downie	1990	SCO	108.55	120	170	290	10-Mar-19	Forth Valley, Scotland, GBR
Kikiakos Kesidis	1999	CYP	104.50	115	133	248	29-Jun-19	Limassol, CYP
Charles Tan	2001	SGP		70	80	150	10-Mar-19	Singapore City, SGP

<b>+109kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
David Liti	1996	NZL	166.50	180	230	410	19-May-19	Auckland, NZL
Muhammad Noor Dastgir Butt	1998	PAK	160.64	175	220	395	28-Apr-19	Ningbo, CHN
Gurdeep Singh	1995	IND	155.00	170	220	390	28-Feb-19	Visakhapatnam, IND
Quinn Everett	1992	CAN	145.36	155	198	353	18-May-19	La Prairie, CAN
Haroon Shukat	1988	PAK	117.75	153	183	336	24-Nov-18	Sydney, AUS
Jackson Solofa	1982	AUS	139.65	142	182	324	29-Apr-19	Darwin, AUS
MacKenzie Middleton	1998	ENG	124.00	145	174	319	9-Jun-19	Coventry, England, GBR
Lewis Chua Yong Hwee	1991	SGP		115	155	270	10-Mar-19	Singapore City, SGP
Cameron Montgomery	1997	NIR	117.40	113	150	263	20-Apr-19	Belfast, Northern Ireland, GBR
Neil Adam	2001	NRU	138.60	70	105	175	26-Jan-19	NRU



# 2019 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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## WOMEN: ONE PER COUNTRY

From 01/11/2018 to 30/06/2019

### 45kg Category

	Born	Nation	Body.Wt	Snatch	Ci & Jk	Total	Date	Where (City, Nation)
Jhilli Dalabehera	1999	IND	44.93	71	91	162	21-Apr-19	Ningbo, CHN
Hannah Powell	1992	WAL	44.90	63	83	146	6-Apr-19	Batumi, GEO
Srity Akther	1994	BAN	45.00	55	68	123	9-Dec-18	Cairo, EGY
Myonly Stephen	2006	NRU	45.00	51	61	112	25-Jan-19	NRU
Tenishia Thornton	2005	MLT	44.30	50	62	112	28-Jun-19	Waterford, IRL
Isabella Brown	2003	CAN	44.66	50	60	110	19-Jan-19	Brossard, CAN
Kristine Santos	1996	ENG	44.60	50	60	110	7-Apr-19	Birmingham, England, GBR
Emily Tjung	1996	AUS	44.58	41	50	91	27-Jan-19	Darwin, AUS
Amanda Craig	1973	SCO	44.50	38	46	84	27-Jan-19	Stirling, Scotland, GBR
Jaime Watson	2006	NZL	41.92	34	46	82	18-May-19	Auckland, NZL
Rowina Donga	2006	SOL	37.80	21	35	56	8-Dec-18	Honiara, SOL

### 49kg Category

	Born	Nation	Body.Wt	Snatch	Ci & Jk	Total	Date	Where (City, Nation)
Saikhom Mirabai Chanu	1994	IND	48.98	86	113	199	21-Apr-19	Ningbo, CHN
Loa Dika Toua	1984	PNG	48.97	78	107	185	15-Dec-18	Mont Dore, FRA
Amanda Braddock	1989	CAN	48.65	78	96	174	19-May-19	La Prairie, CAN
Marie-Haintra Riolya Ranaivosoa	1990	MRI	48.95	76	97	173	2-Nov-18	Ashgabat, TKM
Augustina Nwaokolo	1992	NGR	48.55	72	85	157	2-Nov-18	Ashgabat, TKM
Kelly-Jo Robson	1988	ENG	48.75	69	87	156	7-Jun-19	Coventry, England, GBR
Dinusha Hansami Bomiriyage Gomas	1992	SRI	48.79	67	85	152	20-Apr-19	Ningbo, CHN
Hannah Powell	1992	WAL	47.00	66	85	151	7-Jun-19	Coventry, England, GBR
Alyce Stephenson	1990	AUS	48.78	60	84	144	27-Apr-19	Darwin, AUS
Lisa Tobias	1980	SCO	48.50	60	82	143	27-Apr-19	Pitlochry, Scotland, GBR
Winnifred Ntumi	2002	GHA	47.76	57	67	124	25-Apr-19	Cairo, EGY
Grace Yeo Swee Hoon	1987	MAS		51	57	108	9-Mar-19	Singapore City, SGP
Lili Calitz	2004	NZL	48.86	37	53	90	18-May-19	Auckland, NZL
Sarah Ang Su En	2002	SGP		40	45	85	9-Mar-19	Singapore City, SGP
Lalau Harris	2006	NRU	45.70	30	42	72	25-Jan-19	NRU

<b>55kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Chika Joy Amalaha	1997	NGR	54.63	95	112	205	26-Apr-19	Cairo, EGY
Rachel Leblanc-Bazinet	1988	CAN	54.40	88	108	196	24-Apr-19	Guatemala City, GUA
Matsa Santoshi	1994	IND	53.46	84	104	188	23-Feb-19	Visakhapatnam, IND
Loa Dika Toua	1984	PNG	50.01	80	103	183	17-Nov-18	Mont Dore, FRA
Fraer Morrow	1998	ENG	54.50	82	100	182	7-Apr-19	Birmingham, England, GBR
Johanni Taljaard	1984	RSA	54.91	80	97	177	1-Nov-18	Ashgabat, TKM
Wadumesthreege C.M. Warnakulasuriy	1990	SRI	54.78	75	95	170	22-Apr-19	Ningbo, CHN
Catrin Haf Jones	1999	WAL	52.30	73	96	169	7-Jun-19	Coventry, England, GBR
Mary Kini Lifu	1994	SOL	54.80	75	88	163	7-Feb-19	Chiang Mai, THA
Natalia Chorobczyk	1992	AUS	54.95	75	87	162	6-Apr-19	Melbourne, AUS
Stella Hampton	2000	NZL	55.00	62	78	140	3-Jun-19	Suva, FIJ
Nikoletta Demetriou	1992	CYP	51.00	63	71	134	23-Feb-19	Limassol, CYP
Shona Oldham	1986	SCO	54.30	57	74	131	27-Apr-19	Pitlochry, Scotland, GBR
Kirani Appi	2006	NRU	54.00	55	70	125	25-Jan-19	NRU
Yu Chien Lan	1989	SGP		54	63	117	9-Mar-19	Singapore City, SGP
Rabia Shahzad	1998	PAK		44	62	106	9-Mar-19	Singapore City, SGP

<b>59kg Category</b>	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Chineye Fidelis	1993	NGR	58.75	90	125	215	3-Nov-18	Ashgabat, TKM
Tali Darsigny	1998	CAN	59.00	92	112	204	19-May-19	La Prairie, CAN
Jenly Wini Tegu	1983	SOL	58.90	85	115	200	17-Nov-18	Mont Dore, FRA
Erra Deexitha	1997	IND	58.20	85	115	200	23-Feb-19	Visakhapatnam, IND
Erika Yamasaki	1987	AUS	58.89	84	105	189	29-Jun-19	Brisbane, AUS
Johanni Taljaard	1984	RSA	58.78	83	102	185	26-Apr-19	Cairo, EGY
Olivia Blatch	1993	ENG	58.90	80	103	183	8-Jun-19	Coventry, England, GBR
Sukarna Adak	2003	IND	58.30	80	100	180	21-Dec-18	Doha, QAT
Nikki Hamilton	1995	SCO	58.95	77	94	171	8-Jun-19	Coventry, England, GBR
Elizabeth Bateman	1991	NZL	58.40	75	86	161	2-Mar-19	Auckland, NZL
Bernada Uepa	2000	NRU	58.84	69	92	161	27-Apr-19	Darwin, AUS
Dimitra Ioannou	1993	CYP	58.20	71	89	160	23-Feb-19	Limassol, CYP
Sandra Mensimah Owusu	2002	GHA	58.08	66	80	146	26-Apr-19	Cairo, EGY
Sian Peters		WAL	59.00	60	83	143	2-Mar-19	Bangor, Wales, GBR
Magdeline Moyengwa	2001	BOT	58.40	65	76	141	26-Apr-19	Cairo, EGY
Melissa Ho Xin Yi	1994	SGP	58.54	60	77	137	27-Apr-19	Darwin, AUS
Zagora Callender	2002	BAR	57.27	60	73	133	8-Mar-19	Las Vegas, USA
Krystol Chanderban	1997	GUY	57.15	54	68	122	24-Apr-19	Guatemala City, GUA
Foo Mei Kuen	1989	MAS		45	60	105	9-Mar-19	Singapore City, SGP
Winnie Chepngeno Langat	1988	KEN	57.13	---	75	---	26-Apr-19	Cairo, EGY

**64kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Maude Charron	1993	CAN	63.00	101	125	226	25-Apr-19	Guatemala City, GUA
Zoe Smith	1994	ENG	63.85	100	125	225	8-Jun-19	Coventry, England, GBR
S. Thasana Chanu	1997	IND	63.82	90	122	212	24-Feb-19	Visakhapatnam, IND
Kiana Elliott	1997	AUS	63.65	96	112	208	8-Feb-19	Chiang Mai, THA
Megan Signal	1990	NZL	63.25	88	110	198	27-Apr-19	Darwin, AUS
Yasmin Zammit-Stevens	1993	MLT	63.84	86	103	189	9-Apr-19	Batumi, GEO
Nancy Genzel Abouke	2003	NRU	62.95	83	103	186	15-Dec-18	Mont Dore, FRA
Mona Pretorius	1988	RSA	63.81	83	102	185	5-Nov-18	Ashgabat, TKM
Jodey Hughes	1983	SCO	63.10	73	93	166	27-Apr-19	Pitlochry, Scotland, GBR
Chloe Briggs	1997	WAL	60.09	74	88	162	13-Apr-19	London, England, GBR
Winnie Atieno Okoth	1991	KEN	60.91	71	89	160	27-Apr-19	Cairo, EGY
Hepilyn Iro	1992	SOL	63.80	70	88	158	8-Dec-18	Honiara, SOL
Rebecca Johns	2003	FIJ	62.90	62	80	142	4-Jun-19	Suva, FIJ
Maria Ligkou	1992	CYP	63.80	58	72	130	23-Feb-19	Limassol, CYP
Nicole Heng Lin Li	1995	SGP		55	68	123	9-Mar-19	Singapore City, SGP
Aysha Khatun Panna	1990	BAN	62.70	50	68	118	8-Feb-19	Chiang Mai, THA

**71kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Maya Laylor	1995	CAN	70.58	99	124	223	19-May-19	La Prairie, CAN
Emily Muscat (Godley)	1989	ENG	69.74	93	123	216	10-Apr-19	Batumi, GEO
Sarbjeeet Kaur	1992	IND	69.96	89	124	213	24-Feb-19	Visakhapatnam, IND
Ebony Gorincu	1989	AUS	70.98	91	110	201	29-Jun-19	Brisbane, AUS
Megan Signal	1990	NZL	65.50	89	111	200	3-Mar-19	Auckland, NZL
Zoe Horseman	1993	SCO	68.05	85	105	190	4-Nov-18	Edinburgh, Scotland, GBR
Yasmin Zammit-Stevens	1993	MLT	66.28	85	100	185	23-Mar-19	Cospicua, MLT
Mona Pretorius	1988	RSA	65.05	80	105	185	8-Jun-19	Coventry, England, GBR
Lauren Burley	1993	WAL	69.25	80	102	182	8-Jun-19	Coventry, England, GBR
Mabia Akhter	1999	BAN	64.05	80	100	180	11-Dec-18	Cairo, EGY
Nicole Stowers	1991	NZL	70.66	79	101	180	15-Dec-18	Mont Dore, FRA
Tiiuu Bakaikiri	1997	KIR	70.20	80	100	180	28-Apr-19	Darwin, AUS
Ketty Lent	2001	MRI	65.57	80	100	180	28-Apr-19	Cairo, EGY
Jaquilla Mau	2003	NRU	70.45	70	85	155	28-Apr-19	Darwin, AUS
Angeliki Soteriou	2003	CYP	69.30	70	85	155	29-Jun-19	Limassol, CYP
Sasheladevi D/O Elangeswaran	1991	MAS		62	76	138	10-Mar-19	Singapore City, SGP
Vicky Maomasia	1996	SOL	68.50	50	70	120	8-Dec-18	Honiara, SOL
Lay Sang Tan	1966	SGP	69.14	38	51	89	14-Jun-19	Gold Coast, AUS

**76kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Marie-Josephe Fegue	1991	CMR	74.60	112	136	248	17-Nov-18	St Maur, FRA
Kristel Ngarlem	1995	CAN	75.25	95	133	228	26-Apr-19	Guatemala City, GUA
Manpreet Kaur	1996	IND	73.30	97	120	217	24-Feb-19	Visakhapatnam, IND
Kanah Andrews-Nahu	2001	NZL	75.90	98	114	212	5-Jun-19	Suva, FIJ
Stephanie Davies	1989	AUS	71.05	95	116	211	3-Nov-18	Melbourne, AUS
<i>Bilikis Otunla</i>	1994	NGR	75.58	92	117	209	7-Nov-18	Ashgabat, TKM
Tayla Howe	1996	WAL	72.00	93	110	203	14-Apr-19	London, England, GBR
Rayen Cupid	1985	SVG	74.55	88	109	197	26-Apr-19	Guatemala City, GUA
Alison Sunee	1999	MRI	73.35	86	105	191	28-Apr-19	Cairo, EGY
Emma Collins-Jones	1990	ENG	76.00	86	97	183	9-Jun-19	Coventry, England, GBR
Jaquilla Mau	2003	NRU	73.10	73	90	163	5-Jun-19	Suva, FIJ
Hannah Young	1992	SCO	73.60	65	83	148	27-Apr-19	Pitlochry, Scotland, GBR
Wendy Hale	1987	SOL	70.80	62	80	142	8-Dec-18	Honiara, SOL
Khabibah Munir	1993	MAS		61	75	136	10-Mar-19	Singapore City, SGP
Salome Manumua	2005	TGA	72.75	58	68	126	9-Mar-19	Las Vegas, USA
Jayce Ling Sili	1991	SGP		51	67	118	10-Mar-19	Singapore City, SGP

**81kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Punam Yadev	1995	IND	78.12	99	121	220	25-Feb-19	Visakhapatnam, IND
<i>Bilikis Otunla</i>	1994	NGR	76.70	93	125	218	28-Apr-19	Cairo, EGY
Kanah Andrews-Nahu	2001	NZL	79.30	100	112	212	2-Feb-19	Auckland, NZL
Julia Ryan	1990	CAN	80.90	90	111	201	15-Dec-18	Quinte West, CAN
Leotina Kolutita Sive Petelo	2001	SAM	79.60	92	107	199	6-Jun-19	Suva, FIJ
Sofia Zudova	1994	AUS	80.40	88	110	198	29-Apr-19	Darwin, AUS
Rayen Cupid	1985	SVG	76.45	90	106	196	9-Jun-19	Coventry, England, GBR
Charlotte Weatherall-Smith	1987	ENG	76.50	78	100	178	28-Apr-19	Derby, England, GBR
J-La Jojay Agir	2003	NRU	76.55	70	89	159	6-Jun-19	Suva, FIJ
Bethany Cairns	1993	SCO	79.45	71	83	154	4-Nov-18	Edinburgh, Scotland, GBR
Merewalesi Vusonitokalau	1999	FIJ	79.75	65	80	145	6-Jun-19	Suva, FIJ

**87kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
P. Anuradha	1992	IND	86.24	102	126	228	26-Feb-19	Visakhapatnam, IND
Kaitlyn Fassina	1990	AUS	86.60	101	121	222	29-Apr-19	Darwin, AUS
Hayley Whiting	1993	NZL	84.10	90	110	200	3-Mar-19	Auckland, NZL
Clementine Meukeugni Noubissi	1990	CMR	86.46	85	115	200	29-Apr-19	Cairo, EGY
Jessica Silva	1993	ENG	81.25	78	102	180	9-Jun-19	Coventry, England, GBR
Elisia Scicluna	1992	MLT	81.03	76	95	171	23-Mar-19	Cospicua, MLT
Sydney Emmons	1995	CAN	87.00	73	95	168	12-Jan-19	Regina, CAN
Cassandra Lau Yi En	1992	SGP		70	94	164	10-Mar-19	Singapore City, SGP
Roviel Detenamo	2003	NRU	86.10	71	90	161	7-Jun-19	Suva, FIJ
Tyler Johnston	2004	SCO	83.50	68	86	154	27-Apr-19	Pitlochry, Scotland, GBR

**+87kg Category**

	<b>Born</b>	<b>Nation</b>	<b>Body.Wt</b>	<b>Snatch</b>	<b>Cl &amp; Jk</b>	<b>Total</b>	<b>Date</b>	<b>Where (City, Nation)</b>
Feagaiga Stowers	2000	SAM	116.20	124	151	275	8-Jun-19	Suva, FIJ
Emily Campbell	1994	ENG	118.74	115	145	260	13-Apr-19	Batumi, GEO
Laurel Hubbard	1978	NZL	138.40	116	130	246	2-Jun-19	Nelson, NZL
Charisma Amoe-Tarrant	1999	AUS	133.80	105	140	245	15-Dec-18	Mont Dore, FRA
Kuinini Manumaa	2000	TGA	107.55	98	129	227	9-Nov-18	Ashgabat, TKM
Purnima Pandey	1999	IND	91.16	94	122	216	26-Feb-19	Visakhapatnam, IND
Shalinee Valaydon	1986	MRI	114.41	95	115	210	29-Apr-19	Cairo, EGY
Anais Michaud	2001	CAN	113.44	85	100	185	1-Dec-18	Sherbrooke, CAN
Claire McLamon	1976	NIR	106.60	75	106	181	20-Apr-19	Belfast, Northern Ireland, GBR
Roviel Detenamo	2003	NRU	87.60	75	93	168	29-Apr-19	Darwin, AUS
Daisy Tologu	1987	SOL	96.90	62	73	135	8-Dec-18	Honiara, SOL
Helen Seipea	2002	FIJ	126.90	60	75	135	8-Jun-19	Suva, FIJ
Kristana Johnston	2003	SCO	114.50	61	73	134	27-Apr-19	Pitlochry, Scotland, GBR