



**MATTHEW
CURTAIN
CEO**

**British Weight Lifting
updates**

**BRITISH
WEIGHT
LIFTING**

Firstly, I would like to congratulate the team of twelve athletes who have just competed at the World Para Powerlifting (WPPO) European Championships in Tbilisi, Georgia. The team have successfully secured a number of medals including a gold for Mark Swan, Rebecca Bedford, Matt Harding and Zoe Newson, a silver medal for Kim Dean and Olivia Broome and a bronze medal for Sean Clare and Nathaniel Wilding. After Mark Swan secured his gold medal, he came out to attempt a power lift, successfully setting a new European record of 200kg. Doaa Shayea also made her international debut after being talent spotted back in April at the REORG adaptive games, finishing in fourth place. A fantastic performance from the team which also includes a number of personal bests and European titles.

I would also like to congratulate the ten weightlifting athletes selected for the IWF World Championships. These Championships mark the start of the qualification for the Olympic Games Paris 2024 and I am confident our team will compete, as always, with pride, integrity, and tenacious competitiveness through fair play.

Earlier this month British Weight Lifting announced that I had been appointed as the International Federation (IF) Delegate for the Olympic Games Paris 2024. This decision was determined by the IWF Executive Board upon its online meeting held on 1 September 2022.

My role as IF Delegate will include ensuring the Paris 2024 weightlifting events are planned, managed and delivered in accordance with the IWF Technical and Competition Rules and Regulations and as agreed with the Organising Committee and the International Olympic Committee.

I am delighted to announce the appointment of a new Independent Non-Executive Board Member who will take up her position with immediate effect. Sheona Southern, Managing Director of Marketing Manchester will join the British Weight Lifting board.

I would also like to confirm that the Annual General Meeting will be held on Thursday 27 October. Further details including location and relevant paperwork will be forwarded to members over the course of the next week.

I look forward to seeing everyone at our next competition, the England Championships, at Derby Arena between 29 and 30 October.

Matthew Curtain
CEO