

# MATTHEW CURTAIN

## CEO



Dear Members

And just like that, we're now in February!

We've started the year on a high note, announcing our formidable national teams for the European Weightlifting Championships in Sofia and for the World Para Powerlifting Cup in Dubai. As always, their dedication to sport is truly inspiring.

I'm also thrilled to share that the British Senior and British Masters Championships are confirmed for 5 - 7 July 2024 and will be held together with 'Strength in Depth' at the NEC in Birmingham. Moreover, I can also advise the England Senior and England Masters Championships will take place from 6 - 8 December 2024 and will be delivered once again with 'FitFest' at the NEC. These dates mark significant events in our calendar, promising intense competition and showcasing the hard work and talent within our community.

It is with great pleasure that we celebrate of our esteemed colleague and friend Keith Morgan, who has been honoured with an OBE for his services to weightlifting. Keith's steadfast dedication has not only advanced the sport but has also brought a sense of pride to our community. Huge congratulations Keith, on this well-deserved honour.

Separately, Jenny Tong's recent appointment to the European Weightlifting Federation (EWF) Athlete Commission is a proud moment for BWL. Her new role not only enhances our global voice but also recognises Jenny's dedication, commitment, and leadership attributes.

Insofar as our commercial activities are concerned, we're very excited to announce a new partnership with Optimum Nutrition. This collaboration is a significant milestone for us, opening doors to enhanced support and resources for our community. Optimum Nutrition's commitment to health and performance aligns perfectly with our goals, and this partnership will play a crucial role in supporting our athletes' nutritional needs and overall well-being.

In my role as Technical Delegate, I've been involved in the inspection and approval of sport equipment for the upcoming Olympic Games Paris 2024 during a recent trip to China.

Looking forward to the rest of 2024, our focus is on growth and development, in line with our strategic plan. We aim to be the driving force in making the UK a stronger, healthier nation through weightlifting and para powerlifting. Our expansion in competitions, education, and commercial endeavours aims to support our members and clubs more effectively.

With the Olympics and Paralympics on the horizon, our focus intensifies on performance. We're committed to ensuring our athletes are thoroughly prepared for these world-class stages.

Thank you for being a part of this exciting journey. Let's lift each other higher in this year of opportunities and achievements.

Strength in unity,

Matthew Curtain  
CEO

