

# BWL North Winter Open 2018

<b>Saturday 1st December</b>		<b>Sunday 2<sup>nd</sup> December</b>	
Kit Check: 0825 Weigh in: 0830 Start: 1030 Finish: 1100	Group 1 Women's Para Powerlifting 5 Lifters	Weigh in: 0830 Start: 1030 Finish: 1150	Group 7 Women's 71kg 9 Lifters
Kit Check: 0915 Weigh in: 0920 Start: 1115 Finish: 1210	Group 2 Men's Para Powerlifting 8 Lifters	Weigh in: 0930 Start: 1200 Finish: 1350	Group 8 Men's 89kg 12 Lifters
Weigh in: 1030 Start: 1230 Finish: 1345	Group 3 Women's 45 – 59kg 8 Lifters	Weigh in: 1030 Start: 1400 Finish: 1455	Group 9 Women's 76 – 87+ 6 Lifters
Weigh in: 1130 Start: 1355 Finish: 1545	Group 4 Men's 55 – 73kg 12 Lifters	Weigh in: 1130 Start: 1505 Finish: 1615	Group 10 Men's 96 – 109+ 8 Lifters
Weigh in: 1230 Start: 1555 Finish: 1705	Group 5 Women's 64kg 8 Lifters		
Weigh in: 1330 Start: 1715 Finish: 1825	Group 6 Men's 81kg 8 Lifters		

\*All finish and start times are subject to change on the day of the event subject to the competition running speed.