

## **BWL Endorsed Facility**

Our endorsed facility scheme is reserved for the country's best independent and small multi-site gyms. This BWL stamp of approval recognises that your facility has a safe BWL approved lifting area and has all the equipment on the BWL approved kit list – making your facility stand out from the crowd.

Benefits include:

- BWL Certificate to display in your facility
- Listing on the club finder section on the BWL website
- Use of the BWL Endorsed Facility logo
- Co-branded digital marketing material
- Entry onto a BWL accredited education course
- Access to club development guidance and funding support
- Regular newsletters/updates
- Opportunity to feature in our newsletters
- Exclusive discounts on weight lifting equipment
- Exclusive benefits from BWL partners

An endorsed facility must meet the following criteria:

- Your facility has a safe BWL approved lifting area which is regularly maintained
- Your facility has all the equipment on the BWL approved Olympic lifting kit list \*
- You understand and are passionate about the benefits of weight training and endeavour to help people achieve their goals through weight training
- You have friendly and knowledgeable staff
- You are an equal opportunities employer
- You operate by high ethical standards
- You ensure that the safety of staff and members is paramount in your facility

BWL Olympic Lifting Kit List \*

- Technique Bars - weight 5kg to 13kg (alternatively broom handles or plastic pipes of the appropriate length)
- Ladies Bar – weight 15kg and must be 25mm diameter
- Men's Bar – weight 20kg and must be 28mm diameter
- Collars (x 2 per bar)
- Fractional Plates from - 1kg – 5kg (x 2 of each)
- Rubber Bumper Plates – 20kg, 15kg, 10kg and 5kg plates (x 2 of each)
- Drop Zone (40mm thick high impact tiles are recommended) or Weightlifting Platforms
- Jerks blocks and pull blocks