

## **BWL Competition Programme Update FAQs**

**Q. Why are the new categories being adopted on 1<sup>st</sup> October?**

**A.** To allow lifters more time and opportunities to compete and qualify for the 2019 English Championships in the new categories.

**Q. Will you accept results from competitions held before 1<sup>st</sup> October for qualification to the English Championships?**

**A.** Yes, as a one-off for the 2019 English Senior Championships any English lifter who qualified for the 2018 British or English Senior Championships is eligible to compete. Also, any results from a Tier 3 competition held in the previous 12 months that equal the new qualification standard will be accepted.

**Q. Why have the Development age groups changed?**

**A.** In line with new guidance from the European Weightlifting Federation, lifters who are age 12 at the start of the year but turn 13 during the year are now eligible to compete in the Under 15 age group. Therefore, to make sure Youth age group lifters aren't also competing in the Development age group the maximum age for Development has been lowered to 12 on 31<sup>st</sup> December in the year of the competition.

**Q. Why is the British Senior Championships only having 8 lifters in each category?**

**A.** The new qualification process is designed to encourage lifters to not only qualify, but to achieve the highest ranking possible to get to the Championships. This will promote the standard of lifting at the competition and enhance the prestige of qualifying for the event.

**Q. Why is the English Senior Championships having 16 lifters in each category?**

**A.** For a similar reason as the British Championships category limit, however the additional places at the English Championship will provide a stepping stone for more lifters in England to compete nationally and progress to British level.

**Q. Do the new qualification procedures for the British and English Seniors also apply to the Masters and Development competitions at these events?**

**A.** No, the new qualification procedures do not apply to Masters and Development events. The British and English Masters Championships will have their own set of qualification standards, and if you achieve the qualification standard you can enter and compete.

The British and English Development Open events will be 'open' to any lifter who meets the age criteria. There is no need to have lifted in any weightlifting competition before.

**Q. Why are the British Age Group and University & College Championships and English Age Group Championships still using the 'old' qualification system.**

**A.** At these competitions we feel it is important to continue increasing the number of participants. This forms part of British Weight Liftings overall work towards growing the number of young people taking part in the sport.

**Q. When will the British Senior Championships take place in 2019?**

**A.** The British Senior Championships 2019 will take place at the Ricoh Arena in Coventry on the 8<sup>th</sup> and 9<sup>th</sup> of June.

**Q. When will the rest of the competition calendar for 2019 be published?**

**A.** Towards the end of 2018 we will publish dates and venues for the 2019 competition calendar.

**Q. Why is there going to be two English Senior Championships in 2019?**

**A.** To support the qualification process for international events the English Championships will move from January each year, into November/December each year. To avoid having an almost 2 year gap between English Championships, the event will take place twice in 2019.

**Q. Where can I find the new qualification and record standards?**

**A.** They are available on the British Weight Lifting website now, click this link [here](#)

**Q. Will the records and rankings for the old bodyweight categories still be available to view?**

**A.** Yes, on 30<sup>th</sup> September we will save all the record and ranking information for the old bodyweight categories and upload it into the resource centre of the BWL website, this information will then be available to view.