

BWL Anti-doping Summary of Activities (2021/22)

Introduction

As an organisation, we believe in clean sport for the integrity of the sport and to allow our athletes to compete in a fair sporting environment.

We work with the International Weightlifting Federation (IWF), the International Paralympic Committee (IPC), World Para Powerlifting (WPPO), World Anti-Doping Agency (WADA) and UK Anti-Doping (UKAD) in the fight against doping. We enforce a strict zero-tolerance approach to doping and conduct a full anti-doping programme that covers the vital areas of raising awareness, education, testing (both in and out of competition) and results management. We believe that education, as a prevention strategy, will help to promote the values of clean sport and preserve the spirit of the sport.

Compliance

A new version of the UK National Anti-Doping Policy was launched in April 2021. This is an essential document which sets out the roles and responsibilities of several organisations in the UK, including UK Anti-Doping (UKAD), the Sports Councils and National Governing Bodies. Launched alongside the new Policy, a new Assurance Framework was launched which outlines a number of mandatory requirements that an NGB needs to meet.

In line with the revised UKAD regulations and Assurance Framework we have developed a new Clean Sport Education Strategy and Implementation Plan which has been approved by UKAD. This strategy will help us comply with the seven core components identified by UKAD. We have also updated evidence to the UKAD Clean Sport Hub to demonstrate our compliance to the regulations.

Information Provision/Raising Awareness

Our website has been fully updated to include comprehensive clean sport information which is available to the full BWL audience. This includes the current UKAD and WADA rules and regulations, anti-doping rule violations, top tips for clean sport, the Prohibited List, checking medications, use of supplements, applying for a therapeutic use exemption (TUE), Covid-19 vaccines, the testing process and how to report suspicions of doping.

We have continued to send specific information out to all our members and affiliated clubs on matters regarding anti-doping in order to keep everyone up to date on rules and regulations. Our *Lift Clean Awareness* online course, which is available free of charge to all current members, has continued to be promoted and members have been encouraged to take advantage of this training.

We have sent out a number of posts via different social media channels to promote clean sport messages and to remind members of the importance of anti-doping rules.

Members have been reminded about the rules whenever they enter BWL competitions as part of the entry process and we have banners on display at our physical competitions and distribute Clean Sport leaflets.

Education

As part of our education provision, we have provided specific anti-doping education to a number of athletes and athlete support personnel as detailed below:

Para-Powerlifting

WCP athletes undertook components of major games education as part of mandatory pre-departure Games time requirements.

Modules and athlete numbers included:

- Clean Sport 1 and/or Clean Sport 2 modules - 7 athletes completed
- Clean Games - 5 athletes and 3 staff members completed
- Clean Coach Online Course - 3 Staff members completed

We used UKAD educators to deliver the clean sport sessions online.

All of the above formed part of education and final preparation for the Tokyo paralympic games.

Weightlifting

A number of athletes and support personnel undertook education as follows:

- England Pathway – 45 CWG long-list athletes completed Clean Sport 1
- GB Senior – 4 athletes completed Clean Games and Clean Sport 1 for Tokyo 2020
- Coaches – 3 coaches completed Clean Games and Coach Clean certificates for Tokyo 2020
- Talent Academies – minimum 1 coach for all 10 academies possess Coach clean certificates
- DiSE Athletes – 15 athletes completed BWL Lift Clean Awareness online course and BWL-led (in partnership with Loughborough College) anti-doping workshop (with guest speaker Ali Jawad (UKAD Athlete Commission member)

Testing

According to the report from UKAD on the National Anti-Doping Testing Programme, the following tests have been conducted from 1 April 2021 – 31 December 2021:

	In Competition	Out of Competition	Total
Weightlifting	9	29	38
Para Powerlifting	0	23	23

2022/23 Plan

We will continue to implement the actions outlined in our implementation plan throughout 2022/23.

22 March 2022